

# GRAND RAPIDS CHRISTIAN SCHOOLS YOUTH SPORTS RECREATION PROGRAMS

GRCS is unique in that we offer Recreation programs for anyone in the surrounding areas — not just GRCS students! Many of the programs are staffed by our GRCHS coaches.

## FALL

Flag Football:	4 years — 4th grade
Rocket Football:	5th — 8th grads
Pureplay Soccer:	Young 5's — 4th grade
Sports Training:	3rd — 8th grades
Lacrosse Clinics:	3rd — 8th grades
Basketball Clinics:	5th — 8th grades
Boys Tennis:	3rd — 4th grades
Coed Bowling:	5th — 8th grades
Softball Clinic:	5th — 8th grades

## WINTER

Basketball Clinic & Leagues:	K — 4th grade
Indoor Boys Lacrosse Leagues:	5th — 8th grades
Wrestling:	1st — 4th grades
Lacrosse Clinics:	3rd — 8th grades
Flag Football Fun Nights:	2nd — 8th grades
Sports Performance Training:	3rd — 8th grades
Softball Clinic:	5th — 8th grades



## SPRING

Basketball Clinics:	5th — 8th grades
Pureplay Soccer:	Young 5's — 4th grade
Tball:	4 — 7-year-olds
Lacrosse Leagues:	3rd — 8th grades

## REGISTRATION

- GRCS families — Registration is online at [www.grcs.org/youthsports](http://www.grcs.org/youthsports). Use one of the guardian's email addresses for BOTH the password and username. If one doesn't work, try the other one.
- Non-GRCS families — All GRCS recreation programs are open to everyone. Complete the online form at [www.grcs.org/youthsports](http://www.grcs.org/youthsports) and email to [ksundberg@grcs.org](mailto:ksundberg@grcs.org).
- Questions? Email [ksundberg@grcs.org](mailto:ksundberg@grcs.org).