

# School-Based Counseling Referral Form

## SCHOOL-BASED COUNSELING REFERRAL PROCESS

1. School personnel contacts the student's legal guardian regarding the child's need for counseling services and receives permission to make a referral to The Children's Home of Cincinnati for Mental Health School-Based Counseling. School personnel completes the Mental Health School Counseling Referral Form (below). **\*\*If there is commercial insurance, the student may have to be seen at the office. \*\***
2. School personnel forwards Referral Form to The Children's Home therapist.
3. The therapist will contact the student's parent to schedule an initial interview to sign consents and complete the Diagnostic Assessment and Treatment Plan. The therapist may enlist the support and assistance of school personnel in obtaining parental/legal guardian signatures on consent and permission forms.
4. When the administrative paperwork is completed and signed, counseling services will commence.

## Mental Health School-Based Counseling Referral

Date: \_\_\_\_\_ Urgency Rating (1=high, 2=med, 3-low): \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Student's Name: \_\_\_\_\_ Student's DOB: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Gender: \_\_\_\_\_ Race: \_\_\_\_\_

Medicaid #: \_\_\_\_\_

Insurance Name: \_\_\_\_\_ Policyholder's Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Insurance Member ID: \_\_\_\_\_ Insurance Phone #: \_\_\_\_\_

School Contact (person making the referral): \_\_\_\_\_ Phone #: \_\_\_\_\_

Student's Address: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name of Parent/Legal Guardian: \_\_\_\_\_ Email address: \_\_\_\_\_

Student lives with: \_\_\_\_\_ Relationship to student: \_\_\_\_\_

VERBAL CONSENT FROM GUARDIAN FOR COUNSELING (obtained by person making referral): YES: \_\_\_\_\_ NO: \_\_\_\_\_

VERBAL CONSENT RECEIVED FROM: \_\_\_\_\_

PHONE NUMBER OF INDIVIDUAL FROM WHOM CONSENT RECEIVED: \_\_\_\_\_

Is there a current concern regarding substance use? YES: \_\_\_\_\_ NO: \_\_\_\_\_ Specify substance(s): \_\_\_\_\_

\*\*\*\*BRIEF STATEMENT OF STUDENT'S PROBLEM(S) see back for examples:

Contact Information:

Phone (513) 272-2800 Fax (513) 631-7484  
5050 Madison Road Cincinnati, OH 45227  
Childrenshome@thechildrenshomecinti.org



# CHECK ANY SYMPTOMS OR BEHAVIORS THAT APPLY TO THE CHILD BEING REFERRED

<input type="checkbox"/> Angry outbursts; rage; tantrums	<input type="checkbox"/> Hoarding or gorging food
<input type="checkbox"/> Crying excessively	<input type="checkbox"/> Stealing
<input type="checkbox"/> Fighting; arguing	<input type="checkbox"/> Short attention span; easily distracted
<input type="checkbox"/> Verbally abusive or aggressive	<input type="checkbox"/> Disruptive; attention-seeking
<input type="checkbox"/> Does not accept responsibility for behavior	<input type="checkbox"/> Low self-esteem; poor social skills
<input type="checkbox"/> Poor peer relationships; conflict with peers	<input type="checkbox"/> Defiant; refuses to follow rules
<input type="checkbox"/> Depressed; sad; tearful	<input type="checkbox"/> Impulsive; does not think about consequences
<input type="checkbox"/> Anxious; nervous; restless, fearful	<input type="checkbox"/> Hostile; agitated; intimidating; aggressive
<input type="checkbox"/> Death of a loved one; loss; separation	<input type="checkbox"/> No eye contact; unkempt; disheveled
<input type="checkbox"/> Hyperactive; restless; cannot sit still	<input type="checkbox"/> Lies; exaggerates
<input type="checkbox"/> Irritable	<input type="checkbox"/> Sexually inappropriate behavior/focus
<input type="checkbox"/> Limited range of emotions	<input type="checkbox"/> Persistent & unrealistic worry/fear
<input type="checkbox"/> Conflict with authority	<input type="checkbox"/> Attendance problems; skipping classes
<input type="checkbox"/> Academic problems	<input type="checkbox"/> Inability to express feelings

What interventions or services have already been attempted (Please list any school or community interventions):

Additional Concerns:

