

**School Health Advisory Council
(SHAC)
Annual School Board Report**

2018-2019

Jim Beck--Chairperson

Shelly Weber--Health Services and Wellness Coordinator

School Health Advisory Council (SHAC)

Vision:

The Vision of Lockhart ISD SHAC is to create a healthier community by positively influencing staff, students and families to make healthy life choices.

Mission:

The Mission of the Lockhart ISD SHAC is to promote and nourish health and wellness within a safe school environment emphasizing the physical, social, emotional and spiritual needs of the Lockhart ISD educational community.

SHAC Members

School Officials
Community Members
Nutrition Specialists
Physician Assistant
Business Owner

Parents
Teachers
Counselor
School Nurses
Dentist

Meeting Dates

- December 2018
- January 2019
- February 2019
- April 2019
- May 2019

Topics Discussed 2018-2019

- Overview and Purpose of SHAC
- Review of Lockhart ISD SHAC Bylaws
- e-Cigarette Usage trends among teens
- Infection Control in Lockhart ISD
- CPR Training of Staff and Students
- Exploring topics of focus for SHAC for upcoming school year

Events to Promote SHAC Mission

- CATCH My Breath e-Cigarette Prevention Program for 9th grade PE students
- Lockhart ISD Health Fair held April 27, 2019 at LJHS
 - Approximately 250 in attendance
 - 27 Vendors present

Goals for 2019/2020

- Health Focus
 - Coping with Stress and Anxiety
 - Promoting a Positive School Climate
- Membership Focus
 - Seeking Student membership
 - Holding Student meetings during/after school day
 - Increasing Parent Involvement