

ANTI-BULLYING GUIDANCE FOR SENIOR SCHOOL PUPILS

Owner: KES
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Bullying should be taken seriously and the reporting of incidents is always the right thing to do.

- 1. If you suspect that someone is being bullied or threatened, either in school or outside school, take action by informing a member of staff immediately.**
- 2. The reporting of bullying, even anonymously, is always the right thing to do - it is the duty of every member of the school.**
- 3. If you yourself are subjected to bullying, have the confidence to tell an adult.**
- 4. There is also another aspect to bullying - bystander bullying; laugh at it and you are part of it. If you pass on the malicious message or image, you are engaging wilfully in bullying and could be committing a criminal offence.**

At LEH, our community is based upon respect, good manners and fair play. We are committed to providing a safe and caring environment that is free from disruption, violence and any form of harassment so that every one of our pupils can develop her full potential. We expect our pupils to treat members of staff with courtesy and co-operation so that they can learn in a relaxed, but orderly, atmosphere. All pupils should care for and support each other. All students at LEH have the right not to be bullied.

Bullying does not necessarily involve physical violence and may take many different forms. It involves actions or behaviours which can often be repeated over time, all of which are intended to make the victim very unhappy and can cause physical damage and/or great emotional distress; this can have lasting psychological damage.

Methods of bullying can be:

Cyber	All areas of internet, such as email/ social media misuse/ threats by text messaging/ calls/ posts. Misuse of associated technology , i.e. camera & video facilities.
Physical	Pushing, kicking, hitting, punching or any use of violence or aggressive behaviour. Deliberately damaging or defacing property.
Sexual	Unwanted physical contact or sexually abusive comments
Verbal	Name-calling, sarcasm, spreading rumours, teasing, subtle comments, derogatory language.
Written	Writing unpleasant and derogatory comments, sometimes anonymously, that are intended to upset and unsettle the recipient.
Exclusive Behaviour	Adopting a policy of excluding someone from conversations and/or activities.
Peer Pressure	Pressure to conform.

Motivations for bullying can be:

Cultural	Focusing on different customs and practices.
Special Educational Needs / Disability	Verbal intimidation, name calling, specific physical comments/actions.
Emotional	Being unfriendly, excluding, social ostracism, tormenting (e.g. hiding books, damaging belongings, threatening gestures),
Homophobic	Because of, or focusing on, the issue of sexuality.
Racial	Racial taunts, graffiti, gestures.
Religious	Abusing aspects of a religion, its founding member, observances, and practices.
Sex or gender related	Taunts of a sexist or gender nature (including transgender etc.).
Home circumstance	e.g. Family circumstances such as adoption, or a child acting as a carer, matters connected to parents, or comparative wealth