

Mental Health

Access Community Health Centers

As a not-for-profit charitable organization, Access provides affordable and quality primary medical, dental, and behavioral health care and pharmacy services at five locations.

(608) 443-5500

www.accesscommunityhealthcenters.org

Catholic Charities Inc.

Catholic Charities serves individuals of all age groups, regardless of religion, race, ethnic background, or sexual orientation. Programs provide quality mental health counseling services for individuals, couples, and families who are in need of outpatient psychotherapy. Sliding-scale fees, insurance accepted.

(608)256-2358

www.catholiccharitiesofmadison.org

Chrysalis Inc.

Private, non-profit organization, providing individualized vocational and work-related services to persons who have mental illnesses.

(608) 256-3102

www.workwithchrysalis.org

Cornucopia Inc.

Cornucopia is an arts and wellness center run for and by people with mental issues and their allies.

(608) 249-7477

www.cornucopia-arts-inc.org

The Family Center

State-certified mental health outpatient clinic and training facility offering affordable therapy to children, adults, couples, and families for anxiety, depression, trauma, transition, relationship and parenting issues.

(608) 663-6154

www.edgewood.edu

Family Service Madison

The goal of the Counseling and Psychotherapy Services unit is to help clients create change by providing mental health assessment and treatment services in a culturally sensitive manner.

(608) 252-1320

www.fsmad.org

Gateway & Fordem Connection

Core programs in Dane County's adult mental health system offer a full range of treatment, rehabilitation, and support services designed to help people live in the community with quality as they define it, while minimizing time spent in restrictive environments such as hospitals, nursing homes, or jails.

(608) 280-2700

www.journeymhc.org

H.O.P.E.S.

Non-profit organization providing education and advocacy for suicide prevention.
(608) 274-9686
www.hopes-wi.org

Journey to Mental Health (formerly Mental Health Center of Dane County)

Journey is a nonprofit agency providing comprehensive mental health and substance abuse services to residents of Southern Wisconsin.
(608) 280-2720
www.journeymhc.org

Lutheran Social Services

LSS state-certified clinics and highly professional licensed staff are available to everyone. They accept insurance payment and offer a sliding-fee scale for self-pay clients.
(608) 277-0610
www.lsswis.org

Meriter Adolescent Psychiatry Program

Community-based inpatient child and adolescent psychiatry program dedicated to meeting the unique needs of children and teens who require inpatient psychiatric care.
(608) 417-8777
www.meriter.com

Meriter Adult Psychiatry Program

Mental health inpatient treatment for adults 18 & over.
(608) 417-5330
www.meriter.com

National Alliance on Mental Illness, Dane Co. (NAMI)

NAMI Dane County, Inc. is a volunteer, not-for-profit organization whose mission is to advance advocacy, education and support to improve the quality of life for people affected by mental illness. They offer a newsletter, a large library, support groups and educational groups for consumers, family members, providers and the community.
(608) 249 – 7188
www.namidanecounty.org/

National Alliance on Mental Illness, Wisconsin (NAMI)

NAMI's mission focuses on education, advocacy and support for persons with mental illness, their families and friends. NAMI Wisconsin has 34 affiliates serving 40 counties throughout the state.
(800) 236-2988
www.namiwisconsin.org/

Off the Square Club

Social and vocational club for adults with long-term mental illness provides companionship and support in a protective atmosphere.
(608) 251-6901
www.lsswis.org

Parent-Infant and Early Childhood Clinic, UW-Madison Department of Psychiatry
Consultation, assessment and therapeutic services to families with children, birth to age 6, exhibiting emotional or behavioral problems and to those experiencing parenting difficulties.
(608) 263-6100
www.psychiatry.wisc.edu

Postpartum Depression Treatment Program, UW-Madison Department of Psychiatry
Evaluation, individual and group therapy, and psychiatric treatment for women with postpartum anxiety and depression.
(608) 263-5000
www.psychiatry.wisc.edu

Recovery Dane
Dane County Human Services mental health information and referral program that serves as the centralized portal for mental health information and referral, for professionals, peers and the community.
(608) 237-1661
www.recoverydane.org

Yahara House
Uses a clubhouse model to assist persons with serious & persistent mental illness to find a pathway to recovery through relationships & work.
(608) 280-4700
www.journeymhc.org