

Adults with Mental Health Needs

Recovery Dane

Recovery Dane is a Dane County Human Services mental health information and referral program that serves as the centralized portal for mental health information and referral, for professionals, peers and the community. Recovery Dane serves as the networking hub of mutual support for consumers, their families and their allies. Recovery Dane is where consumers, their families and friends, and professionals can promptly access not just information and referral, but also teaching, training, networking, support and other tools to support consumer self-empowerment, wellness, self-advocacy and Recovery.

Recovery Dane replaces New Directions Information Center as an adult information and referral center. Recovery Dane will provide callers with information about the human service delivery system and community resources. Recovery Dane is coordinating a variety of groups for consumers and is taking a lead in the development of certified peer specialists.

(608) 237-1661

www.recoverydane.org

Journey to Mental Health Center (formerly Mental Health Center of Dane County)

JMHC is a private, non-profit corporation located in Madison, WI. serving children, teens, adults, and families in Southern Wisconsin. With nine agency locations, multiple programs, and outreach to community sites (homes, schools, workplaces, senior centers, etc), JMHC is one of Southern Wisconsin's largest community nonprofit agencies.

Adult and Family/Youth outpatient services for mental health problems, substance abuse, and developmental disabilities are provided by licensed Master and Psychologist level therapists. Journey Mental Health Center provides individual, family, and group services. Psychiatry services are integrated into treatment. Counseling and psychiatry services may be offered for individuals who struggle to maintain psychiatric stability in the community.

Assessment Services is provides comprehensive, objective and cost-effective clinical assessments and evaluations for: Impaired Drivers, Adult Protective Services, and Juvenile and Probate Courts. An additional primary focus is clinical and administrative coordination for two alternative sanction programs: The Drug Court Diversion Program (Formerly TAP and DART programs) and the OWI Treatment Court Program. Alcohol/drug and broad-brush mental status assessments are also available to social service agencies and private individuals.

ESU services include responses to suicide attempts and situations that include a high-risk threat to self and/or others; short term outpatient stabilization and case management until a transfer can be made to long term services; treatment for acute psychiatric problems; gate keeping of hospital and institutional admissions; monitoring of hospitalized clients; crisis stabilization services; consultation to other community professionals, including law enforcement; and survivor of suicide services to those affected by a death by suicide.

Emergency Phone Number:(608) 280-2600

Services/Appointments:(608) 280-2720

General Phone Number:(608) 280-2700

Web Address:www.journeymhc.org

Adult Protective Services

Adults sometimes live or behave in ways that are unhealthy or unsafe. These behaviors may pose a danger to the individual or to others. For adults who are found to be legally incompetent and are a danger to themselves or others, the Department of Human Services is obligated to provide protection and services. For adults who are competent and act in unhealthy or unsafe ways, the Department of Human Services encourages individuals to accept services which will result in a healthier and safer day to day life for themselves and others.

Elder Abuse and Adults at Risk Helpline:	608-261-9933
Developmental Disabilities Quality Assurance Program:	608-242-6366
Guardianships and Court Ordered Protective Services:	608-242-6200

The Program of Assertive Community Treatment (PACT)

An outpatient, clinical research unit of the Mendota Mental Health Institute. PACT currently provides services to approximately one hundred thirty clients, most of whom are residents of Dane County and all of whom meet the diagnostic and functional criteria for admission to Community Supported Programs as outlined in State of Wisconsin Administrative Code HSS63. PACT Services include both direct and indirect services. The majority of services are administered in the community. Services are on-going, and not time limited, but vary in frequency and intensity based on individual client needs. Program staff is available 24 hours per day, seven days per week, with program hours from 8:00 a.m. until 10:00 p.m., Monday through Friday, and 10:00 a.m. until 6:00 p.m. on weekends and holidays. Outside of regular office hours, staff is available by phone or in person through an on-call system.

(608) 266-0721 2

www.dhs.wisconsin.gov

National Alliance on Mental Illness, Dane Co. (NAMI)

NAMI Dane County, Inc. is a volunteer, not-for-profit organization whose mission is to advance advocacy, education and support to improve the quality of life for people affected by mental illness. They offer a newsletter, a large library, support groups and educational groups for consumers, family members, providers and the community.

(608) 249 – 7188

www.namidanecounty.org/

National Alliance on Mental Illness, Wisconsin (NAMI)

NAMI's mission focuses on education, advocacy and support for persons with mental illness, their families and friends. NAMI Wisconsin has 34 affiliates serving 40 counties throughout the state.

(800) 236-2988

www.namiwisconsin.org/

Emergency Services in Dane County

Provides the following services

- Respond to any citizen in Dane County who is suicidal or experiencing a mental health crisis on the 24-hour crisis phone line
- Complete assessments to determine if psychiatric inpatient services are needed.
- Arrange for immediate outpatient or community-based services in lieu of inpatient treatment

FIRE, SHERIFF, POLICE, AMBULANCE, RESCUE	911
DANE COUNTY SHERIFF (Dispatcher)	255-2345
MADISON POLICE DEPARTMENT (Non-emergency)	255-2345
CRISIS INTERVENTION (24-hour hotline for mental health crises)	280-2600
RESPIRE CENTER (24-hour emergency crisis child care)	244-5700
PARENT STRESSLINE (6 am – midnight, daily)	241-2221
NATIONAL SUICIDE PREVENTION LIFELINE	800-273-8255

Please see Appendix F for a more detailed description of various mental health disorders.