



2020-2021

Newsletter #25, March 8th-12th

Westport Schools COVID Reporting Hotline: if you've tested positive or have been directly exposed to a positive case, please call: 203-341-1016

**DISTANCE/REMOTE
LEARNING TECH HELP
CENTER LINK**

PRINCIPAL ANNOUNCEMENTS

BMS and CMS will continue to implement the [Full-Open Model](#) (included in the table below) until further notice; we will provide our entire school community with ample notice if future conditions allow for additional changes. Here are the updated attendance policy and procedures: [Middle School Attendance Policy & Procedures](#)

NEW: The Calm Room (online)

BMS subscribes to Teen Health and Wellness and it's packed with wonderful mental health information and resources. **They've just added the [Calm Room \(LINK\)](#)**. In addition to the great visual and auditory relaxation tools, they also have videos and articles about mindfulness and meditation. All students and teachers have access to this resource; feel free to use it and share it widely among the BMS school community.

- Direct Link to the [Calm Room](#)
- Direct Link to the [Teen Health and Wellness Home Page](#)
- Username: bedfordms
- Password: bears

Teen Health and Wellness provides advice and support on all sorts of topics, from improving your mental and physical health to making positive changes in your community. You can find a full list of topics [here](#), or check out some of these popular articles:

- [Anxiety and Panic Attacks](#)
- [Conflict Resolution](#)
- [Depression](#)
- [Meditation](#)
- [Mindfulness](#)
- [Rejection, Break-Ups, and Moving On](#)
- [Self-Esteem and Confidence](#)
- [Sleep](#)
- [Staying Fit](#)
- [Stress](#)
- [Volunteering and Activism](#)
- [Yoga](#)

UPDATE: Transition to Staples High School

- During the week of March 15th, the 8th graders from the 8th grade Purple team will have their meetings with their school counselor.

- Individual students who did not have their meeting or are in the Distance Cohort will be notified of their scheduled meeting during the week of March 15th.
- Parents are encouraged to view their student's grade 9 course requests in Powerschool at this time.
- Here again is the link to the recording of the "SHS Transition Night" held on 02/10/2021 as well as additional resources: [Grade 8 to 9 Transition Homepage](#)

March is Women's History Month at BMS

For information on Women's History Month, please visit the amazing [BMS Library Media Center Site \(LINK\)](#)

Music Lessons for Band and Orchestra Students (starting 3/22/21)

As we continue to take steps towards returning to our normal program of studies in the music department, music lessons for students in band and orchestra will resume starting on Monday, March 22nd.

Math Mentors for Distance Learning Students

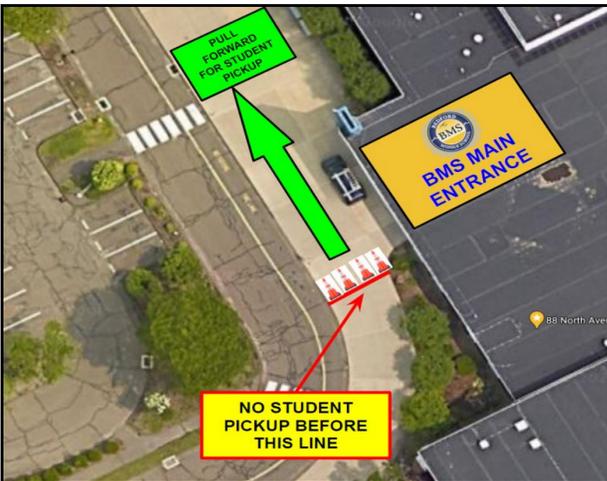
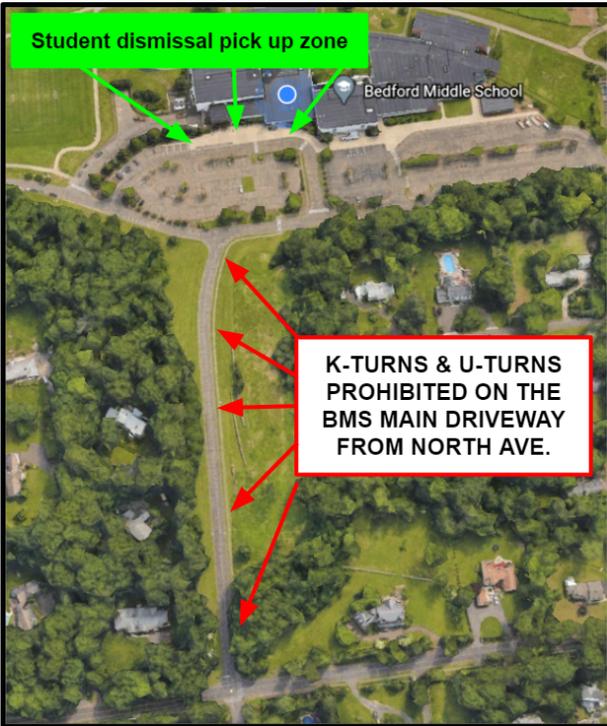
Now open to all middle school students, this is a great opportunity to ask math questions and receive support from a SHS math honor society student! [LINK \(MAO Extra Help\)](#)



NOTICE TO ALL DRIVERS PICKING UP BMS STUDENTS DURING AFTERNOON DISMISSAL

K-turns and U-turns on the BMS main entrance driveway coming from North Avenue are strictly prohibited! BMS is in receipt of numerous complaints from alarmed and concerned parents and guardians. I have directly observed this dangerous driving behavior and urgently request your full cooperation. This hazardous driving behavior needs to stop immediately for the safety of our students, your children.

- All student pick ups must happen in front of the school building;
- K-turns and U-turns on the BMS driveway are dangerous and prohibited;
- If you are sending an older sibling, nanny, caretaker or relative to BMS for pickup, please share this message with them, thank you.



NEXT SCHOOL WEEK'S SCHEDULE: MARCH 15h-19th		
DAY, DATE	IN-SCHOOL HYBRID COHORT	SCHEDULE ROTATION
Monday, 03/15/2021	FULL OPEN for Cohorts A & B	C-Day
Tuesday, 03/16/2021	FULL OPEN for Cohorts A & B	B-Day
Wednesday, 03/17/2021	REMOTE LEARNING ½ DAY	D-Day
Thursday, 03/18/2021	FULL OPEN for Cohorts A & B	A-Day
Friday, 03/19/2021	FULL OPEN for Cohorts A & B	E-Day

IMPORTANT STUDENT TECH REMINDERS!

Students need to bring their school-issued Chromebooks to school CHARGED and in the protective case every day. BMS does not have spare devices or chargers on hand. Students are not permitted to bring their personal devices to school, however, they are welcome to use them at home on distance learning days.

- If students have a technical or physical issue with their device, they can report to the LMC, and the LMC staff will evaluate it and troubleshoot. If the device can not be repaired by the LMC staff, they may swap it out with another device OR provide a loaner while the device is being repaired by a Westport Public School IT technician.
- Please remember that if students have technical issues while learning from home an adult at home can contact the Distance Learning Tech Support. Here is a [link](#) (it is also a button on the bottom left of the BMS homepage)

Prior Newsletters

[BMS/CMS Newsletter #1 Week of Sept 8th-11th](#)

[BMS/CMS Newsletter #2 Week of Sept 14th-18th](#)

[BMS/CMS Newsletter #3 Week of Sept 21st-25th](#)

[BMS/CMS Newsletter #4 Week of Sept 29th-Oct 2nd](#)

[BMS/CMS Newsletter #5 Week Oct 5th-9th](#)

[BMS/CMS Newsletter #6 Week of Oct 12th-16th](#)

[BMS/CMS Newsletter #7 Week of Oct 19th-23rd](#)

[BMS/CMS Newsletter #8 Week of Oct 26th-30th](#)

[BMS/CMS Newsletter #9 Week of Nov 2nd-6th](#)

[BMS/CMS Newsletter #10 Week of Nov 9th-13th](#)

[BMS/CMS Newsletter #11 Week of Nov 16th-20th](#)

[BMS/CMS Newsletter #12 Week of Nov 23rd-25th](#)

[BMS/CMS Newsletter #13 Week of Nov 30th-Dec 4th](#)

[BMS/CMS Newsletter #14 Week of Dec 7th-Dec 11th](#)

[BMS/CMS Newsletter #15 Week of Dec 14th-Dec 18th](#)

[BMS/CMS Newsletter #16 Week of Dec 21st-23rd](#)

[BMS & CMS 2020-2021 Newsletter #17 Jan 4th-8th](#)

[BMS Newsletter #18 Jan 11th-15th](#)

[BMS Newsletter #19 Jan 19th-22nd](#)

[BMS Newsletter #20 Jan 25th-29th](#)

[BMS Newsletter #21 Feb 1st-5th](#)

[BMS Newsletter #22 Feb 8th-12th](#)

[BMS Newsletter #23 Feb 22nd-26th](#)

[BMS Newsletter #24 Mar 1st-5th](#)

[BMS Newsletter #25 Mar 8th-12th](#)