

Self-Screening

Symptom Check Log

Name _____

High fever is defined as a temperature of 100.4°F or higher.

Date Screened							
Time of Check							
Morning or Afternoon (Circle one):	AM / PM	AM / PM	AM / PM	AM / PM	AM / PM	AM / PM	AM / PM
Temperature and Symptoms							
Temperature							
Fever 100.4°F or higher (Circle one):	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No
Cough (New onset or worsening)							
Difficulty Breathing							
Shortness of Breath							
Sore Throat							
Diarrhea or Vomiting or Nausea							
New Loss of Taste or Smell							
Chills							
Muscle Pain							
Excessive Fatigue							
New onset of Severe Headache							
New onset nasal congestion or runny nose							