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# January, 2021

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## Principal's Den

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Hello LES Families!

Happy New Year! I hope you and your family had a wonderful holiday season. We are excited to jump into the second semester! As we continue to navigate this year, I want to remind you of some important health information.

- Self-reporting of a positive COVID-19 case is essential as we try to keep our building open and healthy. If a member of your household is positive, please contact Nurse Jennifer so she can communicate return to school information. Her email address is [floridajen@fssd.org](mailto:floridajen@fssd.org)
- If your child has COVID-19 symptoms such as a cough, fever, sore throat, headache, nausea, vomiting, etc., please keep them at home, and communicate with Nurse Jennifer to discuss next steps.

Thank you for all you have done to help us keep our students and staff healthy this year. Our goal is to safely stay in school as much as possible. Your help is greatly appreciated.

Respectfully,

Mrs. Patton

[#WeAreLiberty](#)

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### Parent Recourses

Our school counselor, Ms. Heather Eskridge, has compiled a list of resources for parents to access if needed. If you need to contact her, her email address is [eskridgehea@fssd.org](mailto:eskridgehea@fssd.org).

Parent resource for talking to your child about current events/news...

<https://kidshealth.org/en/parents/news.html>

Parent resource for talking to your child about Coronavirus/anxiety...

<https://kidshealth.org/en/parents/coronavirus-calm.html?WT.ac=p-ra>

Resource for self-care during stressful times...

<https://childmind.org/article/self-care-in-the-time-of-coronavirus/>

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### Upcoming Events

January 8

Report Cards

January 11

FSSD Board Meeting

January 18

Martin Luther King Jr. Day. No school

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### FREE Breakfast and Lunch

Just a reminder! Students can still receive free breakfast and lunch through the end of the school year. They need to get a full meal, not just a milk or juice, in order to receive the meal for free. If you have questions, please reach out to our cafeteria manager, Dywonne Whitmore at, [whitmoredyw@fssd.org](mailto:whitmoredyw@fssd.org)



Ms. Eskridge Resources at Liberty Elementary School (English)

<file:///Users/teacher/Downloads/LES%20Beginning%20of%20year%20handout%20-%202020.pdf>