

EXHIBIT J
WESTPORT SCHOOL DISTRICT MINIMUM STANDARDS

- An organic yogurt such as Stonyfield Farms must be served throughout the district
- Chicken patties must be whole muscle meat chicken (no processed chicken products)
- Packaged apple slices must be offered in addition to whole fruit
- Panini pressed deli sandwiches at the Middle Schools
- Products must be free of trans fats and hydrogenated oil
- Fried foods may not be used throughout the district with the exception of French fries at Staples High school
- Cookies and snacks may not be served at the elementary schools
- Staples High school, Bedford Middle and Coleytown Middle school must have salad bars; a low fat salad dressing must be offered
- All milk offered must be free of hormones and antibiotics. Plain, organic, soy and chocolate milk must be offered
- Chicken and/or turkey tacos must be served in addition to beef tacos
- Locally grown produce from New England farms must be used throughout the district as an integral part of all menus; purchases should be made from farmers who practice ecologically responsible farming methods wherever possible
- Low fat yogurt and granola parfaits must be offered daily at Staples High School and at the middle schools
- Only olive, canola and vegetable oils will be used in food preparation
- Seafood must be purchased in accordance with the Seafood Watch guidelines for sustainability
- Any and all peanut and tree nut materials must be segregated using a specific area including the use of dedicated utensils
- Participation with the Food Service Advisory Committee / Health & Wellness Committee to review proposed new foods for nutritional value is required
- Dedicated Dietician at least two days per week
- Monthly menus and complete nutrition and allergen information for those menu items must be available to be posted on the Board of Education website
- Gluten free menu should be offered to students who have submitted a physician's statement declaring a digestive and autoimmune disorder.
- Parents must have capability to track student purchases as well as fund lunch accounts through approved Cafeteria Software (My School Bucks)
- Vendors must comply with the Health & Wellness Policy adopted by the Westport Public Schools that is revised from time to time