CONCUSSION – Finding the Right Physician

One of the key components to recovering from a concussion is to ensure you are receiving proper care and management from the start. It’s important to find a physician trained in Concussion Management who fully understands the complexity of concussions. So how do you know you are seeing the right physician for your son/daughter? Here are a couple tips:

1- Since your child has received a baseline ImPACT test & EyeGuide Test, you want to make sure you find a provider that is a Credentialed ImPACT Consultant (CIC). This means the physician has attended additional courses to receive this credential and knows the most up-to-date management tools for concussions.

2- A full concussion evaluation should identify any concerns in these 6 Categories:
   1. **Cervicogenic** – Looking for neck pain or a whiplash mechanism of injury.
   2. **Vestibular** – How the eyes, brain, and body work as one. The doctor completes a detailed eye and balance exam.
   3. **Ocular** – Making sure the eyes are working together as a unit
   4. **Cognitive** – Review of a detailed history, ImPACT testing review, and symptomology.
   5. **Psychological/Psychiatric** - Family or past medical history outlining diagnosis of anxiety, depression, ADHD, etc.
   6. **Sleep** – Review of one’s normal sleep patterns and whether there has been any disruption.

Here is a list of Credentialed ImPACT Consultant (CIC) Physician in our area, just to name a few:

You can find the complete list of CIC providers at www.impacttest.com

**The Rothman Institute**
1-800-321-9999
Physicians:
   - Bradley J Smith, M.D
   - Stephen Stache, M.D
   - Christopher Mehalo, M.D
   - John Luksch, M.D.
   - Adam Crush M.D
   - Scott Edmonds, OD, FAAO-Neuro-Optometry

**The Children’s Hospital of Philadelphia**
215-590-6969
Physicians:
   - Matthew Grady M.D
   - Christina Master M.D
   - Christian Turner M.D

Your son/daughters Passport ID: ____ASK Your Athletic Trainer for this information ________________

Please provide this at initial office visit with CIC physician so they are able to access your son/daughters baseline results.