

## **COUNSELING**

When meeting with students and their families, confidentiality and privacy always are maintained according to the canon of ethics in our field. "Harm to self or harm to others" releases us from this confidentiality or right to privacy.

### **School Counselor**

A - CO: Beth Brandes

CR - G: Brittany Denny

H - LA: Kathy Pivonka

LE - MC: Gretchen Watko '00

MA - SA: Martin Kirkwood

SC - Z: Jenny Myers

**Director of Counseling:** Gretchen Watko '00

**Director of Learning Resource Center:** Sheila Roberts

## **CONTACT INFORMATION**

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*\*Counseling Director*

*\*\*Learning Resource Center Director*

## **SAT AND ACT INFORMATION**

Students can obtain registration and preparation information for both the SAT and ACT in the Counseling Office. Additionally, they can register online for the SAT at [www.collegeboard.com](http://www.collegeboard.com) and for the ACT at [www.actstudent.org](http://www.actstudent.org). Cathedral High School's school code for both tests is 151660.

Students are encouraged to take both tests.

## **SPECIAL ACCOMMODATIONS FOR STANDARDIZED TESTING**

Any student eligible for special accommodations for the PSAT (juniors only), SAT, ACT, or Advanced Placement exams will need to apply for these with the testing agencies. Accommodations can include extended time, large print, computer use, etc. These accommodation applications are completed by the director of the learning resource center. This

individual will ascertain eligibility based upon criteria such as a current (within three years) psycho-educational evaluation, an IEP or 504 Plan, and routine utilization of the same accommodations on school tests.

### **COLLEGE VISIT DAYS**

One of the most important components of the college search process is visiting college campuses. As such, both juniors and seniors may take excused absences in order to visit colleges and universities. Juniors may take three visit days throughout the year, while seniors may take two. If a senior visits a college or university on the day the PSAT is given to sophomores and juniors or participates in freshman day of recollection, then that senior will get an additional college visit day for taking advantage of visiting a college on a free day, with proper documentation. There is no form to complete for a college visit day. Parents should verify the student absence with the front office and the student should communicate with teachers in order to ensure work is not missed. Upon return from the visit, the student should turn in documentation from the college verifying the visit to the student services center. Failure to return this documentation will result in an unexcused college visit. The day will be counted as a personal day which will be counted toward the policy of allowing ten missed days in a semester before the lowering of grades.

### **ATTENDING COLLEGE ADMISSION PRESENTATIONS AT CATHEDRAL**

Throughout the first semester, many colleges and universities visit Cathedral, and juniors and seniors may attend these presentations. Interested students must sign up at least 24 hours prior to the meeting via their Naviance account. Students may miss class in order to attend these presentations but teachers have a right of refusal if there is a test or quiz that period. A list of schools visiting is updated frequently and available through Naviance.

### **COLLEGE COUNSELING ONLINE RESOURCES**

Much of the information available on college planning in the counseling office is available via the "Trending Topics" page of the Counseling section on the Cathedral website ([gocathedral.com](http://gocathedral.com)), found under Academics.

Additional information/resources will be shared throughout the year via email, meetings and class presentations. Students should check their email regularly to ensure they are not missing out on key information.