

1) Welcome / Introduction

Members present: Melissa Royer, Carl Cisneros, Lenaya Robinson, Dina Rodriguez, Kristi Baumbach, Veronica Alejo-Waits, Jim Beck, Helen Tippie, Shelly Weber, Cyndi Barnett

2) Meeting Minutes from May 13, 2019

3) Overview of the School Health Advisory Council law and goals set for 2019-2020

- Goals: Look at ways to help students with stress and anxiety and create a positive school climate

4) Vaping Education –

- The vaping epidemic continues to be a big concern.
- Discussed increasing the grade levels included in the vaping education.
- Discussed continuing the “Catch My Breath” curriculum as the students have responded well to this curriculum in the past. Considering including grades 5, 7, 9.
- Discussed implementing vaping education for students and possibly parents through Texas A&M Agrilife Extension

The District is exploring all options to deal with vaping in the schools, including putting a CO2 monitor that will trigger a camera outside the bathroom to document who leaves the room after activation.

5) Social-Emotional Learning in Lockhart ISD – Presentation – Children/Adults to understand and manage emotions, and set/achieve positive goals.

- Discussed 2019’s HB4454 that mandates Social-Emotional Learning in each grade and various trends in education.
- Goal of increasing Social-Emotional Learning at Lockhart ISD by 10% district wide. This is accomplished by Parent University (on suicide/anxiety), classroom, group meetings, and seminars. Discussed the 7 mindsets – 100% accountability, attitude of gratitude, passion first, everything is possible, we are connected, the time is now, etc.
- Seminar on dating violence.
- Viewed the Video on “Silence Ted Talk” with Sadie Penn on suicide – Shattering the silence. Discussed Trauma informed practices, trust-based relational intervention, and stress management classes for staff.

6) Flu Shot clinics for Students / Staff – 190 flu shots have been given to staff by Walmart pharmacist. There is a Student Flu Shot clinic on October 31 (Boo to the Flu).

7) Membership input.

Proposed Meeting Dates

November 11, 2019
January 13, 2020
February 10, 2020
April 13, 2020

Lockhart ISD Health Fair – April, date TBD