

**School Health Advisory Council**  
**MINUTES: MEETING Monday, May 13, 2019**  
**LISD Central Office, Room 117**  
**5:30-6:30**

Meeting was held at the LISD Central Office, Room 117

Members present:

Jim Beck  
Kim Brents  
Ryan Heger  
Elsie Lacy

Kristal Matthews  
Rebecca Pulliam  
Lenaya Robinson  
Dina Rodriguez

Melissa Royer  
Shelly Weber  
Sarah Winkler

- Welcome/ Introductions-Meeting called to order by President Jim Beck
- Approval of minutes  
4/15/2019  
Rebecca Pulliam made motion and Ryan Heger seconded .Approved with correction of Shelly Weber's name
- Health Fair Updates  
Need more families to attend-2 hours in length. Partner with Soccer- EMS Safety  
Build on last year's fair.
- CPR Program American Heart Association Affiliate under LISD- submit records CPR.  
Basic life support-nurses CNA students All students CPR 7<sup>th</sup>-12<sup>th</sup> .Campus Instructor  
Training site.
- SHAC members- Students on SHAC can be listed community service
- Meeting next Monday to School Board at 8.
- Meeting Shout out-In two groups brainstormed ideas. What are the important issues as a SHAC we want to focus on for next year?  
**Top 3 issues-**  
**1. Positive School Climate** (3dots) **2. Coping with Stress and Anxiety** (3dots)  
**3. Nutrition**(1dot)  
Other topics listed: Health Education Class-Addressing Obesity caused illnesses/Anti-Bullying/Internet Safety/Dating/Drugs Awareness-Usage/Healthy Interpersonal relationships/Health Class in Jr. High ( sex ed, vaping, CPR, social media and mental health)/Review Policy-Recess and Physical Activity/Increase Awareness of Serenity Room at High School and LJH
- Next meeting September 9, 2019 LISD Central Office, Room 117 at 5:30 p.m.

*Minutes by Elsie Lacy*