

Think. Grow. Shine.

Are you interested in ways that you can prepare yourself for next year? Do you want suggestions for keeping your brain sharp and challenged over the summer? This page is full of recommended activities that will help you flex your brain muscles and discover more about your passions!

Exploring You!

- Take the [Via Character Strengths survey!](#)
- [Seek out a volunteer opportunity](#) to develop your purpose and gain powerful skills!
- Begin keeping a journal! Develop your writing skills, self-assessment, and creativity. [Check out journaling tips here.](#)
- Complete the [Purpose Challenge!](#)
- Pick up a challenging board game to play with family and friends! These [MENSA-approved games](#) will develop your critical thinking skills.
- Explore mindfulness exercises with a mindfulness app! [Breathr](#) is a great introduction to these skills and is free for Android and iPhone.



ACT Prep



Free links to ACT practice materials are available below! Click the links to access these free resources.

- [Official ACT guides](#)
- [Powerscore ACT prep](#)
- Review test concepts for ACT [English](#), [Reading](#), [Math](#) & [Science](#). Also, test [vocab!](#)



Read

- Sing Unburied Sing, by Jesmyn Ward
- Hidden Figures: The American Dream and the Untold Story of the Black Women Mathematicians Who Helped Win the Space Race, by Margot Lee Shetterly
- Tales of Two Americas, by John Freeman
- The Sun is Also a Star, by Nicola Yoon
- [Will You Sprint, Stroll or Stumble into a Career?](#)

Listen



- The [“Stuff You Should Know”](#) podcast.

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- [11 Anti-Racist Accounts That Are Worth Following](#)

