



# **LINCOLN HIGH SCHOOL**

## **ATHLETIC CLEARANCE**

## **ONLINE INSTRUCTIONS**

1. Click on the following website: <https://lincoln.athletecheck.com>
2. Click on “sign-up”
3. Click on “add clearance” and follow the prompts.

You will see the following sections:

- a. Start clearance
- b. Upload physical (you may also hand in the physical to your coach)
- c. Student sign-in *(please make sure you read closely before signing, so you do not sign the wrong line)*
- d. Parent sign-in *(please make sure you read closely before signing, so you do not sign the wrong line)*
- e. Submit clearance

**\*\*\*PLEASE MAKE SURE YOU HAVE YOUR INSURANCE COMPANY AND POLICY NUMBER LISTED ON THE EMERGENCY FORM.....ATHLETES WILL NOT BE INDICATED AS “CLEARED FOR PRACTICE/GAME” UNTIL ALL REQUIRED INFORMATION IS LISTED\*\*\***

If you need help click on “support@athletecheck.com”