



Mount Greylock Regional School District  
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Williamstown, MA 01267  
www.mgrhs.org, @AthleticsMG  
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## **ATHLETIC OPPORTUNITIES**

The athletic program at Mount Greylock is an important part of the school's educational curriculum. Student participants benefit from an enriched educational experience and are provided with lifelong and life quality learning experiences. Athletes are able to develop confidence, a solid work ethic, and stronger leadership skills while increasing their level of self-discipline, responsibility, and sportsmanship. Participation helps with organizational skills, dealing with pressure, and handling the successes and disappointments in competition all the while enhancing the student's achievement of educational goals.

### **Fall Athletic Program Opportunities**

<b>Cross Country (Boys)</b>	Varsity Program	Open to students in grades 7 – 12
<b>Cross Country (Girls)</b>	Varsity Program	Open to students in grades 7 – 12
<b>Football</b>	JV and Varsity Programs	Open to students in grades 9 – 12
<b>Golf</b>	Varsity Program	Open to students in grades 8 – 12*
<b>Soccer (Boys)</b>	JV and Varsity Programs	Open to students in grades 8 – 12
<b>Soccer (Girls)</b>	JV and Varsity Programs	Open to students in grades 7 – 12*
<b>Volleyball (Girls)</b>	JV and Varsity Programs	Open to students in grades 9 – 12*

### **Winter Athletic Program Opportunities**

<b>Basketball (Boys)</b>	JV and Varsity Programs	Open to students in grades 9 – 12*
<b>Basketball (Girls)</b>	JV and Varsity Programs	Open to students in grades 9 – 12*
<b>Hockey (Wahconah Co-Op)</b>	Varsity Program	Open to students in grades 9 – 12*
<b>Nordic Skiing (Boys)</b>	Varsity Program	Open to students in grades 7 – 12
<b>Nordic Skiing (Girls)</b>	Varsity Program	Open to students in grades 7 – 12
<b>Swim (Wahconah Co-Op)</b>	Varsity Program	Open to students in grades 9 – 12
<b>Wrestling</b>	Varsity Program	Open to students in grades 7 – 12

### **Spring Athletic Program Opportunities**

<b>Baseball*</b>	JV and Varsity Programs	Open to students in grades 7 – 12*
<b>Lacrosse (Boys)</b>	JV and Varsity Programs	Open to students in grades 8 – 12*
<b>Lacrosse (Girls)</b>	JV and Varsity Programs	Open to students in grades 7 – 12*
<b>Softball</b>	JV and Varsity Programs	Open to students in grades 7 – 12*
<b>Tennis (Boys)</b>	Varsity Program	Open to students in grades 7 – 12*
<b>Tennis (Girls)</b>	Varsity Program	Open to students in grades 7 – 12*
<b>Track &amp; Field (Boys)</b>	Varsity Program	Open to students in grades 7 – 12
<b>Track &amp; Field (Girls)</b>	Varsity Program	Open to students in grades 7 – 12

\*Denotes a program that may need to restrict involvement due to the number of participants and/or the available opportunities in contests. Team selections will be determined through a 3-4 day tryout.

**GET INVOLVED!**