



# The Early Education Center at Wesleyan Christian Academy

## WEEKLY DINING MENU

June 7th - June 18th, 2021

	7th Monday	8th Tuesday	9th Wednesday	10th Thursday	11th Friday
<b>AM Snack</b>	100% Fruit Juice Rice Krispies® Milk	100% Fruit Juice Corn Muffin Milk	100% Fruit Juice Biscuit Milk	100% Fruit Juice Cheese Toast (WG) Milk	100% Fruit Juice Bagel and Jelly Milk
<b>Lunch</b>	Macaroni and Cheese (WG) Green Beans Mandarin Oranges Milk <b>Vegetarian Option</b>	Sloppy Joe Bun (WG) Green Peas Apple Sauce Milk <b>Vegetarian Sloppy Joe</b>	Grilled Cheese on Whole Grain Bread Baby Carrots Pears Milk <b>Grilled Cheese (WG)</b>	Hot Dog on Hot Dog Bun Baked Beans Peaches Milk <b>Vegetarian Crispy "Chicken"</b>	Pasta with Meat sauce (WG) Broccoli Fruit Cocktail Milk <b>Vegetarian Meatballs</b>
<b>PM Snack</b> (Early Ed and After School)	Goldfish® (WG) Milk	Carrots String Cheese	Apple Sauce Scooby Snacks (WG)	Reduced Sugar Cinnamon Toast Crunch (WG) Milk	Apple Slices Crackers

	14th Monday	15th Tuesday	16th Wednesday	17th Thursday	18th Friday
<b>AM Snack</b>	100% Fruit Juice Rice Krispies® Milk	100% Fruit Juice Blueberry Muffin Milk	100% Fruit Juice Waffles(WG) Milk	100% Fruit Juice Corn Muffin Milk	100% Fruit Juice Cocoa Puffs(WG) Milk
<b>Lunch</b>	Chicken Nuggets Brown Rice (WG) Green Peas Mandarin Oranges Milk <b>Teriyaki Chicken and Rice</b>	Hamburger with Bun (WG) Roasted Cauliflower Mixed Fruit Milk <b>Veggie Burger</b>	Cheese Pizza(WG) Carrots Pineapple Milk <b>Crispy "Chicken" Tenders</b>	Turkey Corn Dog Lima Beans Applesauce Milk <b>Vegetarian Meatballs</b>	Cheesy Chicken Brown Rice (WG) Corn Peaches Milk <b>Roasted "Chicken"</b>
<b>PM Snack</b> (Early Ed and After School)	Cheerios® (WG) Milk	Cheddar Cheese Stick Crackers	Goldfish(WG) Raisins	Cheeze Its® (WG) Milk	Sunbutter and Graham Crackers (WG)

1Fluid Milk: 1 year old: Unflavored whole milk; 2-5 years old: unflavored fat-free (skim) or unflavored low-fat (1%) milk; 6 years and older: unflavored fat-free (skim) or low-fat (1%) milk; flavored fat-free (skim) or low-fat (1%) milk. Breastmilk may substitute for documentation. 2Juice, if served, is pasteurized full-strength (100%) juice. cow's milk at any age. Non-dairy beverages may be served with appropriate documentation. 2Juice, if served, is pasteurized full-strength (100%) juice. WG, WW, and WGR indicate whole grain-rich foods. This Institution is an equal opportunity employer.



# The Early Education Center at Wesleyan Christian Academy

## WEEKLY DINING MENU

June 21st - July 2nd, 2021

	21st Monday	22nd Tuesday	23rd Wednesday	24th Thursday	25th Friday
<b>AM Snack</b>	100% Fruit Juice Rice Krispies® Milk	100% Fruit Juice Cheerios(WG) Milk	100% Fruit Juice Waffles(WG) Milk	100% Fruit Juice Blueberry Muffin Milk	100% Fruit Juice Reduced Sugar Cinnamon Toast Crunch (WG) Milk
<b>Lunch</b>	Chicken Nuggets Brown Rice(WG) Green Peas Diced Pears Milk <b>Vegetarian Mandarin "Chicken"</b>	Cheese Quesadilla Green Beans Peaches Milk <b>Cheese Quesadilla</b>	Turkey Meatloaf Roll(WG) Carrots Pineapple Milk <b>Vegetarian Meatballs</b>	Chicken Tacos Broccoli Tortilla Mixed Fruit Milk <b>Vegetarian "Chicken" Tacos</b>	Cheese Tortellini Marinara Cauliflower Mandarin Oranges Milk <b>Cheese Tortellini</b>
<b>PM Snack</b> (Early Ed and After School)	Goldfish®(WG) Milk	Yogurt Raisins	Cheddar Cheese Stick Crackers	Cheerios Milk	Sun Butter Graham Crackers (WG)

	28th Monday	29th Tuesday	30th Wednesday	1st Thursday	2nd Friday
<b>AM Snack</b>	100% Fruit Juice Bagel & Jelly Milk	100% Fruit Juice Biscuit Milk	100% Fruit Juice Cheese Toast(WG) Milk	100% Fruit Juice Waffles(WG) Milk	100% Fruit Juice Cinnamon Rice Chex(WG) Milk
<b>Lunch</b>	Chicken Nuggets Brown Rice(WG) Broccoli Mixed Fruit Milk <b>Vegetarian Mandarin "Chicken"</b>	Philly Steak Bun (WG) Green Peas Pears Milk <b>Beefless Tips and Rice</b>	Turkey Sausage Biscuit Tater Tots Mandarin Oranges Milk <b>Black Bean Burger</b>	Cheese Pizza(WG) Green Beans Peaches Milk <b>Crispy "Chicken" Tenders</b>	Beef Tacos Pintos Pineapple Milk <b>Beefless Tacos</b>
<b>PM Snack</b> (Early Ed and After School)	Graham Crackers(WG) Milk	Yogurt Carrots	Applesauce String Cheese	Reduced Sugar Cinnamon Toast Crunch (WG) Milk	Fruit Cup Crackers

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