

# CAIU: ALL IN!

CAIU: #BEGREAT BY SUPPORTING YOUR LOCAL COMMUNITY

## Did You Know?

IRENE REEDY



The Partnership for Better Health provides funding for grants and initiatives that improve individual health status and community health capacity through the use of evidence-based strategies and best practices.

Champions for Children was honored to work with the Partnership for Better Health to provide housing assistance grants to several of our CAIU families.

The Partnership for Better Health held a competitive grant application process. Through this grant Champions for Children was awarded \$9600 to assist families. The funds provided rental and mortgage assistance to 12 local families that have experienced reduced income due to COVID-19.



Do you have a story for *ALL IN!*?  
Is there a member of the CAIU family we should recognize?  
Please send all stories and ideas to [communications@caiu.org](mailto:communications@caiu.org)



## In this Issue:



THANK YOU to our Maintenance Team for keeping us safe this winter!



Congrats to Q. Hanley, 10<sup>th</sup> grade winner of the Poetry Out Loud National Recitation Contest from Cedar Crest High School.



Congrats to Dr. Sessoms, Central Dauphin SD, for winning School Psychologist of the year!

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EQUITY:UNPACKING WHITE PRIVILEGE

JOY FORRY, CHAD PELLMAN, MARK HENNES

“To be White in America means not having to think about it” --- James Baldwin

White Privilege is a loaded word for some, so let’s start with a definition. Peggy McIntosh describes privilege as “when one group has something of value that is denied to others simply because of the groups they belong to, rather than because of anything they’ve done or failed to do”. Thus, it is an intrinsic benefit, or privilege, arising simply from belonging to one group, race in our discussion here, that is not automatically available to members of another group. While some people of privilege may get angry or defensive (“Nobody gave me anything! I worked for it!”), a closer look will shed some light.

How does it manifest itself? The existence of privilege doesn’t mean that one doesn't work hard or deserve the credit for their accomplishments. Instead, it means that one is also getting something that other people are denied just because they belong to another racial group. It most often means that one is getting the benefit of the doubt, which is not automatically accorded to members of another racial group.

What are some examples of White Privilege? As a white person, it means that

- I can go shopping alone most of the time, and be pretty well assured that I will not be followed or harassed.
- I can turn on the television or open to the front page of the paper and see people of my race widely represented, and in positive ways.
- When I am told about our national heritage or about "civilization," I am shown that people of my color made it what it is.
- I can be sure that my children will be given curricular materials that testify to the existence of their race.
- If I should need to move, I can be pretty sure of renting or purchasing housing in an area which I can afford and in which I would want to live.
- I can be pretty sure that my neighbors in such a location will be neutral or pleasant to me.
- When I use checks, credit cards or cash, I can count on my skin color not to work against my appearance of financial reliability.

What can you do about it? First, we can start by acknowledging that such privilege and oppression exists in our society. We can’t create a just and equitable society without recognizing that such privileges are not yet equally shared. Second, we must recognize and pay attention. We must be alert for unearned privileges and discriminatory practices. Lastly, we must learn to listen to the experiences and voices of others. Don’t deny, question, or dismiss. Listen with an open mind.

Ready to take action? Here are some small steps you can take right now:

- Buy books and shop for toys for your kids, nieces, nephews, etc. that show people from different races, religions, countries as heroes/heroines, not minor characters
- Watch TV shows and rent movies that show people from different races, religions, countries in a positive light (heroes/heroines not minor characters or criminals)
- Read The 1619 Project, available here: <https://nyti.ms/37JLWkZ>
- Listen without defensiveness or judgement to people of color
- Donate to an HBCU or UNCF. Consider Pennsylvania HBCUs like Cheyney University and Lincoln University.

Ready for more? Here are some big steps you can take to make a difference:

- Make noise. Be seen. Dare to make people feel uncomfortable, starting with yourself
- Openly choose and model alternative paths. Believe that change starts with you
- Find little ways to withdraw support from paths of least resistance and people’s choices to follow them. And start with yourself
- Actively promote change in how systems are organized around privilege
- Reflect on your job, community, and social groups. What changes would make these more open and accessible to other people
- Don’t keep it to yourself. It’s OK to be uncomfortable. It’s not OK to do nothing.

What is one small action that you can commit to do in order to be part of the change that is needed?

Message from the Executive Director



ANDRIA SAIA

Recently my extended family became smaller by one, when my brother’s father in law passed. In discussing what was being done for the memorial, I was told that he was very active in supporting food banks and other organizations that support those in need. Honestly, it was something I did not know about him, and it got me thinking about how it is so easy to *#begreat* by supporting your local community resources all year round.

11% of the nearly 13 million Pennsylvanians are food insecure. Food insecurity refers to the lack of access at times to enough food for an active healthy life, and limited or uncertain availability of nutritionally adequate food. Often food insecurity means families are forced to either pay bills or buy food. Food insecurity is about more than hunger, it is also related to poor nutrition and many negative health outcomes. The charitable food system is vital for providing access to food for many families.

What can you do? Donate, donate, donate! Contact your local food pantry to see what items they need. Can’t get to the store? Donate funds so that the pantry can purchase what it needs. The Central Pa Food Bank serves 200,000 people a month, and supports SNAP, youth, military and senior programs, the distribution of fresh foods and emergency food provision. You can check out their website to donate or volunteer. Not sure where your local pantries are? The Department of Human Services has a map you can check out [HERE](#).

Want to get involved in another way? Consider joining Lasagna Love, a nonprofit that matches volunteers up with local families to provide a Lasagna or other meal. To become a Lasagna Mama or Papa, click [HERE](#). If you or anyone you know would like to request a lasagna, click [HERE](#), or check out the info below.

**LASAGNA LOVE**

NEED A HAND FEEDING YOUR FAMILY? YOUR NEIGHBORS WANT TO HELP! REQUEST A FREE LASAGNA DELIVERY WITH THESE 5 STEPS:

1

Scan the QR code or visit [lasagnalove.org](https://www.lasagnalove.org)

2

Get matched to a local lasagna mama or papa

3

Coordinate a delivery day and time

4

Get a safe, contactless delivery

5

Sign up again the next month!

Feed families, spread kindness, strengthen communities.

[@wearelasagnalove](#) [@wearelasagnalove](#) [www.lasagnalove.org](https://www.lasagnalove.org)

Also – let’s not forget our 4-legged friends and the angels that run shelters and rescues. Most shelters make it so easy to donate, support or even volunteer, even providing links to amazon wish lists that ship food directly to the shelter. There are many ways to help, check out some ideas [HERE](#).

Want to read more?:

[https://www.feedingamerica.org/sites/default/files/2020-10/Brief\\_Local%20Impact\\_10.2020\\_0.pdf](https://www.feedingamerica.org/sites/default/files/2020-10/Brief_Local%20Impact_10.2020_0.pdf)

<https://map.feedingamerica.org/county/2018/overall/pennsylvania>



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Student Services



ALICIA MCDONALD

Preschool

Preschool staff participated in a “virtual round robin” professional development training on 2/2/21.

Topics included:

- Google Classroom and Bitmoji (presented by Heather Donovan and Lynnea Summerscales),
- ABA Principles for PS Students (Julie Harman and Nicole Showers),
- Rapid Response Team Toolkit for ECEs (Irene Reedy),
- Russell Barkley ADHD Conference (Dr. Johanna Tesman),
- SeeSaw (Alison Schwartz),
- EasyTrac Spreadsheet (Rosemary Braught),
- EdPuzzle (Kerrie Richardson and Tara Jones),
- Interactive PowerPoints (Kate Manley, Cheryl Straw, Liz Chiodo and Alison Ruello),
- Building Student Participation (Sarah Hancock and Kate Klopp), and



- Mindfulness/Self-Regulation for EI, (Brittany Galosi).
- Christa McMahanon, Inclusion EPP, had fun playing a Valentine’s Feelings Matching Game with a child. During the session, the child asked Christa if she had a mom. When Christa responded “yes” the child said, “Well Miss Christa can you ask her if we can have a playdate?”



**CAIU Preschool at Fishing Creek** (teacher: Joyce Shellam) - This month we have been providing all kinds of fun activities related to snow. We are making snowmen, playing in snow brought indoors (individual sensory bins) and reading The Mitten Story. We sing a song to the tune of "I'm a Little Teapot." while creating snowmen like these. The song is one I made up and have used for several years now when presenting our unit on Wintertime Fun. It goes like this..... "We're going to make a snowman....one, two, three.. Give him two eyes so he can see. Then we'll give him a scarf and a nose of red. And last but not least a hat for his head."



On February 9, 2021, Lenny Tepsich, fondly known as “Mr. Music”, visited the Enola Center. He stopped by the Social-Pragmatics Group, serving Early Intervention Preschool students to share his love of music. The students and staff were excited to hear Mr. Music play his guitar and enjoyed singing along!

Tech Services



DAVE MARTIN



COMING SOON – A NEW LOOK FOR OUR WEBSITE!

There’s no doubt, we are becoming a technology-dependent society. Cell phones. Alexa. Google. Amazon. The list goes on and on. These days, when we’re faced with a question or a challenge, it’s commonplace for someone to ask “Did you Google that?”. We expect to find answers quickly and easily by typing a few key words in a search engine and getting a list of possible solutions.

If you’ve searched for answers online, you’ve likely ended up at a website. And the look and feel of vendor websites can vary as much as Pennsylvania weather in the spring. Some websites are inviting and easy to navigate, allowing you to quickly locate what you want. Some websites can feel clunky and chaotic and leave you feeling confused.

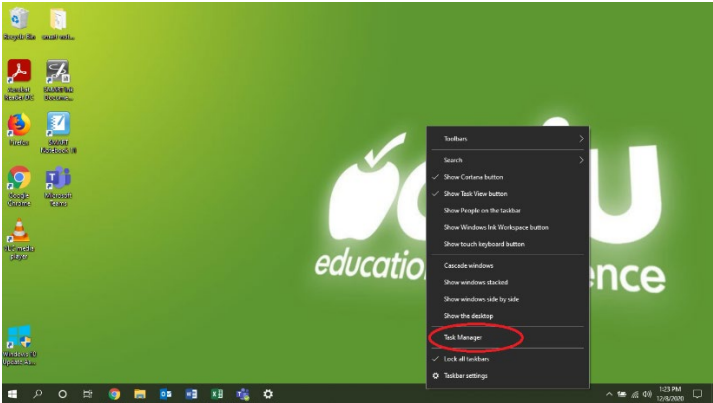
As part of the CAIU’s current Comprehensive Plan, it was determined that a redesign of the current website was an important element in achieving some of our goals. We want our website to be inviting and easy to navigate for anyone who might be looking for information about our services and we want people to easily locate what they need.

While COVID-19 may have been a slight bump in the road, the journey to a revamped website is well on its way. Here’s where we’re at and where we’re going:

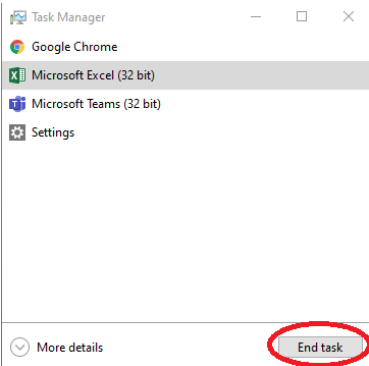
- A board-approved vendor has been chosen (Finalsite) and the Website Leadership Team has had their implementation kickoff meeting.
- Meetings were held with key people throughout the organization to analyze our current sitemap and make changes, additions and deletions.
- Several additional meetings will be held over the next month to provide updates to various teams and assign staff members to develop page content.
- During March and April we’ll be working on content.
- During May and June we’ll be testing the new website, adding finishing touches, and communicating the news about the redesign.
- Our goal is to go live in July 2021. Stay tuned!

## Tech Tip of the Month

Are you having trouble with an application not responding? This is a really easy way to open task manager to end the task.



Right click on the taskbar and click on “Task Manager”. Click on the misbehaving app, and then click “End Task”. The app will be close and you can restart it.



## Educational Services



### BRIAN GRIFFITH

#### Virtual Wellness

With this ever-changing world it is more important than ever to take care of ourselves. According to Psychology Today, “our ability to retrieve and encode information from stored memories can be quite easily hijacked by stressful situations.” We have all had our fill of stressful situations and it only appears to be magnified by everything going on in the world today. As a way to help combat the stress in your life perhaps a visit to the virtual wellness site will help. [Click here](#) to visit the virtual wellness site to learn how to mediate, play a game, watch animals on live feed cameras, listen to music and lots more. ~ ANPS Social Worker

<https://www.psychologytoday.com/us/blog/ritual-and-the-brain/201804/why-your-brain-stress-fails-learn-properly>

#### Save the Bananas

When the world came to a halt last year, the needs of others did not. It grew. In an effort to help meet the need of food insecurities, ANPS School Social Worker, Kelly Myers, connected with a Volunteer-run program called Save the Bananas. This program works with local ministries and a local grocery store who donates fresh produce that they would otherwise have to throw away. Through this partnership, the ANPS School Social Workers have become their own division of the Save the Bananas program. This allows families in need to receive fresh produce and other pantry staples. The families they focus on are those that lack the transportation to get to food banks and are not directly connected to a district because they attended a private school on scholarship. In order to continue to serve these families, they are asking for your help. They need help with collecting food donations and making deliveries to our families. Below are two links where you can sign up to donate food or to help make the food deliveries. If you have any questions, please contact Kelly Myers at [kemyers@caiu.org](mailto:kemyers@caiu.org) or Rebecca Slavinsky at [rslavinsky@caiu.org](mailto:rslavinsky@caiu.org). Your help is truly appreciated! Food donation sign-up (Donations can be dropped off outside of HR at the IU)

<https://www.signupgenius.com/go/10C0D48AEA928A3FCC16-food>

#### Delivery help sign-up

<https://www.signupgenius.com/go/10c0d48aea928a3fcc16-save1>

Arts In Education (AIE): artist Rand Whipple completed a residency with Cornwall-Lebanon School District grades 1-3 to create an online book with over 100 illustrations and sounds on 32 pages. The students really got into the book and filled it with their own narration, character voices and sound effects. To see this book, visit: <https://www.boxoflight.org/copy-of-cornwall-lebanonm-gr-4-5> (the Cornwall Lebanon Grades 1-3 page) and click on The Bear Story book.

CAIU held its first Poetry Out Loud contest on February 3rd, 2021. As part of the Arts in Education Partnership that the CAIU has with Pennsylvania Council on the Arts, each year, partners hold a Poetry Out Loud contest where high school students recite poems from the anthology published by the NEA. Our regional contest consisted of 11 schools participating from Cumberland, Dauphin, and Lebanon Counties. This year, our contest was held virtually. The students recited three poems each through a group Zoom call. All students performed wonderfully and we couldn't have asked for a more supportive group. Throughout the entirety of the contest, students and teachers were providing others with positive feedback during and after their recitations. It was a wonderful site to witness. Our winner for our region was 10th grader, Q. Hanley from Cedar Crest High School! Q will move forward onto State Finals to represent our region! The runner up from the contest was 11th grader, Niyathi Chagantipati, from Cumberland Valley High School! We are incredibly thankful for the students who participated, the teachers for supporting them throughout their journey, and the judges to support the CAIU for their contest: Dr. Holly M. Wendy from Lebanon Valley College, Jess Moyer from the Senators Baseball Stadium, Mark Hennes, CAIU native, Kim Greenawalt from Gamut Theatre, and Rosario Eppley from Susquenita High School.

Book Study: CAIU continues its equity-focused book study with Ijeoma Oluo’s new book: Mediocre – The Dangerous Legacy of White Male America. 22 participants from our region are meeting weekly to discuss and share their perspectives.

Our spring equity conference focuses on Promoting Social Justice in School Discipline and Equity Policies. Over three half-days (March 10, 17, & 24), keynote speakers and session presenters will challenge assumptions, spark tough conversations, and offer ideas and resources to help classrooms and communities become safe and equitable for every student. Registration is open now for our virtual conference. Visit <https://bit.ly/EquitySpringSeries> for info.



Business Services



DAREN MORAN

The CAIU Innovation Committee is excited to have two big announcements. Since the 2020-21 year has been eventful to say the least the decision was made to not have new innovative grants but continue to provide some resources for grants that were partially funded in the previous year. I am happy to report that the eSports program, the Rapid Response Team, and the Adapt and Innovate project will receive continued funding for their projects.

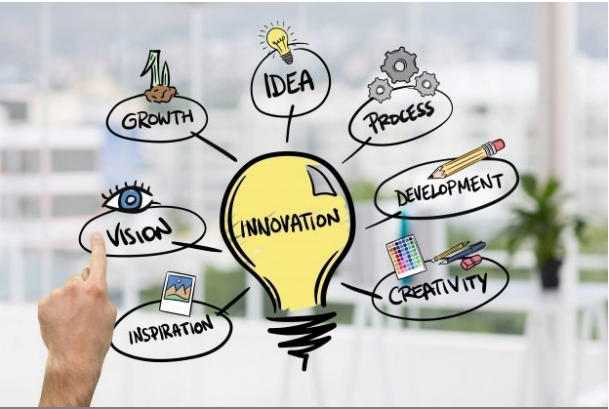
The second bit of big news is that **the application window for the 21-22 Innovation Grant is now open**. The deadline for the one-page application is going to be **March 31, 2021**.

All of the required documents and information related to the grants can be found [HERE](#) on the Employee Section of the CAIU website.

For our new staff, I wanted to give a little insight into the concept. These funds can be used to: support the initiation and development of new products and services, purchase new technology, improve the efficiency, effectiveness, or quality of existing services, or learn new skills. Over the past few years we have funded some great ideas such as: CLM Learning Lab, Integrating the 4Cs, AAC Camp, Project Activate, Coding Camp, Digital Branding and Micro-Credentialing to name just a few.

These grants are not to be use to replace program funds but can be used in conjunction with them to find a better way to achieve educational excellence with families, schools, and communities through leadership, partnership and innovation.

Please remember that if you are interested in submitting a grant, you should work closely with your supervisor. They can be a valuable resource to guide you through the process.



HR & COMMUNICATIONS



TOM CALVECCHIO

If exposed to someone with COVID-19, vaccinated people do not have to quarantine if they meet all of the following criteria:

1

Are fully vaccinated, with at least 2 weeks since their final dose

2

Are within 3 months of receiving their final dose

3

Have remained asymptomatic since the exposure

Source: CDC

- They are fully vaccinated, and it has been at least 2 weeks since their final dose.
- They are within 3 months of receiving their final dose.
- They have remained asymptomatic since their COVID-19 exposure.

**HR Updates:**  
*New Vaccination and Quarantine Guidelines:*  
Updated quarantine recommendations for vaccinated persons: Fully vaccinated persons who meet certain criteria will no longer be required to quarantine following an exposure to someone with

COVID-19. Additional considerations for patients and residents in healthcare settings are provided.

If you have been exposed to COVID-19 and do not meet all of the above criteria, you should follow [standard CDC guidance](#), which says that people who have not had COVID-19 within the past 3 months should quarantine for 14 days following an exposure.

This can be [shortened to 10 days](#) without testing if the person does not display any symptoms during daily monitoring, or to 7 days with a negative test and no sign of symptoms, according to the CDC.

“Fully vaccinated persons who do not quarantine should still watch for symptoms of COVID-19 for 14 days following an exposure,” the CDC said. “If they experience symptoms, they should be clinically evaluated for COVID-19, including SARS-CoV-2 testing, if indicated.”

The CDC said quarantine recommendations for vaccinated people will be updated when more data are available, or when more vaccines have been authorized.

**TB TESTING FOR NEW HIRES:** Additional information and updated recommendations for testing for TB infection. TB testing can be done before or at the same time as mRNA COVID-19 vaccination, or otherwise delayed for ≥4 weeks after the completion of mRNA COVID-19 vaccination.

**Communications Updates:**  
Since the winter break, the CAIU Communications Team has been working on two CAIU Strategic Priorities within the CAIU strategic plan. The first, helping our IT Team develop and launch a new CAIU public website is well underway. You can read more about the process and where we are in the timeline in this All-In Technology Team’s update.

The other organizational priority is a task being aided by a cross-functional team of Leadership Communications Subcommittee members as well as professional and support staff. This group is developing a CAIU Marketing Plan to be implemented during the 2021-22 school year. The goal of this marketing plan is to increase customer engagement and broaden CAIU’s client base. To develop a comprehensive marketing plan, the group is identifying or developing the following:

- CAIU Target Markets
- SWOT Analysis
- Four CAIU Marketing Messages for our Target Markets
- Competitor Research
- Available Marketing Methods
- Marketing Budget
- Specific Marketing Campaign(s)

The CAIU Marketing Plan will be completed in May 2021 and implemented by the Communications Team starting July 2021.

## CAIU Compliments

### CAIU STAFF IN ACTION



**Kelly Myers and Rebecca Slavinsky**, ANPS Social Workers, Kelly and Rebecca have been coordinating weekly deliveries to some families in the ANPS program who are struggling with food insufficiency. They have dedicated hours of their time to make sure these families know how important they are to our IU family. The "Save the Bananas" program has spread love along with groceries, while also modeling what good-hearted and selfless work looks like. I'm proud to be on the ANPS team with these two women! ~ Anne Hartzfeld, ANPS Reading Specialist



**Project Search Kids** - I would like to give a shout out to the **ENTIRE** group of Project SEARCH kids. They have been such a big help with the various tasks that our staff may need some extra help with. They are kind, and friendly, and when they do the announcement for the Capital Goods store, they project such joy and enthusiasm into it that you can't help but smile and feel the same joy when you hear it. Great job! ~ Aaron Sica



**Stephanie Kramer** - I wanted to recognize the efforts of my fellow colleague on her recent efforts to locate various locations throughout our area where COVID-19 vaccines are currently being administered to those who are currently eligible per the CDC. She then followed up with our preschool speech supervisors and staff to provide important information to all those interested in receiving this vaccine. Thank you Stephanie! The time and effort that you dedicated to helping your fellow colleagues during this time was very much appreciated! ~ Shannon Gerhards, Preschool Speech-Language Therapist

## #begreat

*Check out the last page for all of the wonderful compliments shared on National Compliment Day!*

## CAIU Wellness – February is American Heart Month

### VICKIE ARMSTRONG

You might not give it much thought throughout the day, but your heart is working around the clock for you, beating about 2.5 billion times over the average lifetime, and pushing millions of gallons of blood to every part of the body.

Given the heart's never-ending workload, it's a wonder it performs so well, for so long. But when your heart doesn't get the care it needs, serious problems can develop. Risk factors such as poor diet and lack of exercise, smoking, high blood pressure, high cholesterol, and stress increase your chances of developing heart disease. Although many people develop some form of heart disease as they get older, it isn't inevitable. Taking action, especially at a younger age, will help you keep your ticker in top shape.

#### Why Connecting is Good for Your Heart

Feeling connected with others and having positive, close relationships benefit our overall health, including our blood pressure and weight. Having people in our lives who motivate and care for us helps, as do feelings of closeness and companionship.

Follow these [heart healthy lifestyle tips](#) with your friends, family, coworkers, and others in your community and you'll all be heart healthier for it. You don't have to make big changes all at once. Small steps will get you where you want to go.

#### Move More

Invite family, friends, colleagues, or members of your community to join you in your efforts to be more [physically active](#):

- Ask a colleague to walk with you on a regular basis
- Join an exercise class at your local community center and bring a neighbor along.
- Grab your kids, put on music, and do jumping jacks, skip rope, or dance.

#### Eat heart healthy

We tend to eat like our friends and family, so ask others close to you to join in your effort to eat healthier. Together, try NHLBI's free [Dietary Approaches to Stop Hypertension \(DASH\)](#) eating plan.

#### Quit smoking

To help you quit, ask others for support or join a support group. Research shows that people are much more likely to quit if their spouse, friend, or sibling does. All states have quit lines with trained counselors—call 1-800-QUIT-NOW (1-800-784-8669). You'll find many free resources to help you quit at [BeTobaccoFree.hhs.gov](#) and [Smokefree.gov](#).

#### Manage stress

Reducing stress helps your heart health. Activities such as walking, yoga, or meditation are proven to relieve stress. Talk to a qualified mental health provider or someone else you trust.

#### Improve sleep

Sleeping 7–8 hours a night helps to improve heart health. De-stressing will help you sleep, as does getting a 30-minute daily dose of sunlight. Take a walk instead of a late afternoon nap! Family members and friends: remind each other to turn off the screen and stick to a regular bedtime. Instead of watching TV before bed, relax by listening to music, reading, or taking a bath.

#### Track your heart health stats, together

Keeping a log of your blood pressure, weight goals, physical activity, and if you have diabetes, your blood sugars, will help you stay on a heart healthy track. Ask your friends or family to join you in the effort. Check out NHLBI's [Healthy Blood Pressure for Healthy Hearts: Tracking Your Numbers worksheet](#).  
6 Surprising Facts About Heart Disease

Listed below are some lesser-known facts about heart disease that you can use to reduce your risk of heart disease and cardiac events and to promote overall heart health. For more information



Make your social time active and encourage everyone to think of fun activities that get you off the couch.

**How much is enough?** Aim for at least 2½ hours of physical activity each week—that’s just 30 minutes a day, 5 days a week. In addition, do muscle strengthening exercises 2 days a week. NHLBI’s [Move More fact sheet](#) provides ideas to get and keep you moving.

**Aim for a healthy weight**

Find someone in your friend group, at work, or in your family who also wants to reach or maintain a healthy weight. Check in with them regularly to stay motivated. Do healthy activities together, like walking or playing on a neighborhood sports team. Share low-calorie, low-sodium meals or recipes.

check out the full article: <https://www.heartngmc.org/6-surprising-facts-about-heart-disease>

1. A yearly flu shot can benefit your heart.
2. Spending time with friends and family can lower your heart attack risk.
3. Many heart attacks occur on Monday mornings.
4. Chewing an aspirin as soon as heart attack symptoms appear can limit heart damage.
5. Playing racket sports such as tennis and squash may protect against cardiac death.
6. Women under age 50 are two times more likely than men of the same age to die from a heart attack.



**UPCOMING CELEBRATIONS:**

**March Celebrations:**

- National Social Work Month
- National Reading Month
- National Arts in Education Month
- Read Across America Day – March 2, 2021
- Employee Appreciation Day – March 5, 2021

**April Celebrations:**

- Autism Awareness Month
- Occupational Therapy Month
- Mathematics Awareness Month
- Paraprofessional Day – April 2, 2021
- World Autism Day – April 2, 2021
- National Assistant Principals Week – April 5-9, 2021
- Admin Professionals Week – April 19-23, 2021
- Earth Day – April 22, 2021

**OPPORTUNITIES FOR GROWTH**

The best project you will ever work on is you! Take some time to explore all the ways there are to grow – personally and professionally.



**Here are just a few upcoming sessions:**

- Diversity & Equity 101 – April 15, 2021
- CAIU MTSS Network
- CAIU Reading Network
- Equity Networking Session
- High Impact Strategies
- Google Summit 2021 (Asynchronous)
- Spring Professional Learning Series

*“Change is inevitable, but transformation is by conscious choice.” ~ Heather Ash Amara*

Log into [Frontline](#) for the complete list of upcoming **Professional Development Opportunities**.

For instructions on how to register, please see our website [HERE](#)

**Help Wanted!**

Do you want to know what positions are open at the CAIU? Below is a list and a link to our application portal.

**Paraprofessional**

- 10 - EPP
- 1 - Job Coach
- 7 – PCA

**Professional**

- 4 - SLP
- 6 – Teacher
- 1 – LTS School Counselor



"The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle." - Steve Jobs

Link to CAIU Job Search:  
<https://www.applitrack.com/caiu/onlineapp/>

*Know someone looking – please share!*

# CAIU Celebrates National Compliment Day

- **Ashley Mellott** - Thank you for always, joyfully, taking around the prize cart every Friday. The students get so excited to see you at their door!
- **Cheryl Straw**, Preschool SLP - THANK YOU, Cheryl, for being the “Speechie Social Chair Extraordinaire”! You have made this crazy COVID year so much better with your shout outs, fun virtual activities and many, many attempts to get us 'together' to socialize in some shape or form. You never miss a beat, a birthday, a celebration, a sympathy card, and you do it all in your spare time! Thanks for making the days brighter!!!
- **Kerry Fitch** - Thank you for keeping all of our IEPs looking pristine. You make us look good!
- **Kayla Feight**, Paraprofessional - You always have a smile on your face, you are so cheery with the students, and never hesitate to ask a question if you aren't sure. You truly care and it shows!
- **Kathleen Horner**, Social Worker - Queen of the Sunshine Committee! Where would we be without your brightly colored emails and fun attitude to keep us going?? Thank you for your caring and dedication with the students.
- **Shelly Lingle** - Shelly is an amazing paraprofessional! Not only does she develop, prepare, and implement cool and creative activities for both in person and virtual instruction, but she goes above and beyond assisting fellow teachers, therapists, and site hosts. Our students love her, and her can-do attitude and uplifting personality inspire us all!
- **Kim Cain** - Kim is an SLP working with many students who use assistive technology. She goes out of her way to provide great ideas to other SLPs and she is an amazing support to student families. Along with professionalism, she brings extraordinary empathy to everyone she works with. She is an example for all of us.
- **Marjorie Leaver** - Marjorie goes above and beyond in our classroom, every day! I have had the pleasure of working side by side with her for a few years now, and I know the success of our classroom is largely thanks to her planning skills, organization skills, and her love for our little friends. She always has amazing activities and crafts ready, and keeps all toys organized and clean. Aside from that, she is a great friend to everyone in Delbrook!
- **Lisa Klingler**, ANPS Supervisor - Lisa is such a great leader. She leads with positivity, trust, and support. Treating us as professional peers truly encourages me to strive to #BeGreat. Lisa listens AND understands. Knowing that she has our backs makes getting through the tough days possible. We are so grateful for all she does.
- **Terry Telep**, EI Program Supervisor - Terry is fabulous. Before "getting down to business", she always does a check-in. She genuinely wants to know how everyone is doing. She asks follow up questions and you know she truly cares about your wellbeing. She's an advocate for mental and physical health, especially now during times when everything seems to weigh heavily. Thanks Terry for being there to make sure we'll all okay!
- **Liz Laplante** - Liz I absolutely love how caring and kind you are to each and every one of the students and staff members that you come into contact with on an everyday basis. Thank you for everything you do!
- **Kathy Gottlieb**-Supervisor of OT/PT - I would like to thank Kathy for her leadership, support and guidance over the last several months during a very challenging school year. I really appreciate all that she has done and is doing for our department and for me as a therapist. Thank you, Kathy.
- **Chrissy Derr** - You are an amazing and extremely talented individual whom I cannot thank enough for all of the help and support you have provided me as well as other staff members. You rock!!
- **Patti Bixler** - Your dedication to the CAIU is commendable and I feel extremely lucky to be able to work with such a talented individual. I cannot thank you enough for all of the help and support you have provided me as well as other staff members. You're amazing!
- **Julie Harman** - Your knowledge and experience does not go unnoticed and the CAIU is lucky to have such an amazing individual!! I feel grateful to be able to work with such a talented person. Thank you for all of the help and support you have provided me as well as other staff members.
- **Kristen Kimsey** - I feel extremely lucky to be able to work with such a talented individual. I cannot thank you enough for all of the help and support you have provided me as well as other staff members. You're amazing!
- **Devon Tweet**, CAIU School Psychologist - I want to give a huge shout out to Devon, which is long overdue. I cannot imagine the referrals that awaited when school began, nor can I imagine the referrals that continue to pour in this school year. Devon's evaluations and reports make it apparent that, regardless of the number of referrals that await, he ensures that he takes the time to help the schools and all stakeholders know what is best for each child. Most importantly, when Devon meets to go over his reports, the way in which he communicates and explains assessments used, results, and recommendations so that everyone understands shows not only his incredible knowledge and expertise, but it shows and conveys true compassion. I always look forward to my interactions with Devon because I leave having learned something and feeling as though my student and his/her family have been treated with the utmost regard and humility as well. Devon is one of a kind and I am grateful any time I am able to work with him.
- **Training and Consultation Team** - I want to give a big shout out to the amazing Training and Consultation (TaC) team! I have such high respect and gratitude to this fabulous team. This hardworking team provides professional development in various state-driven initiatives. They support schools as they implement evidence-based practices through synchronous and asynchronous training and technical assistance. The TaC team is always willing to jump into any task or project. When the pandemic caused schools to close and in-person training to halt, they immediately began to revamp training opportunities and support educators and school teams. The TaC team staff are very knowledgeable and have such high expertise in so many areas. It is impossible to single out just one of them. **Thank you to Alanna, Beth-Ann, Geri, Jenn, Kelly, Lauren, Lisa, Lori, Sara, Shana, and Tracy!** I am amazed by each of you and the work you do. I am extremely proud to be your supervisor, colleague, and friend. #begreat #tacteamrocks
- **Rima Wilson**, Teacher - I am always very impressed by your strong moral character. It is a wonderful trait!
- **Rebecca Slavinsky** - I admire how you tirelessly work to make sure our students and our coworkers feel supported and cared for.
- **Becky Boone**, Teacher - Becky you are the people’s teacher, approachable by everyone! I appreciate that about you!
- **LeeAnn Letersky**, EPP - I love your buffalo chicken dip. No one makes it as good as you! Also, I love how involved you are in your kid’s sports-that is awesome!
- **Deb Wancho**, EPP - Deb, I admire how brave and strong you are! You always find a way to keep moving forward with a genuine smile on your face!
- **Emily Robenolt**, Physical Therapist - I tease you, but I truly think you are so bright and fabulous at your job! The children love you and I love working with you!
- **Jocelyn Colyer**, Occupational Therapist - Jocelyn, I love what a good mommy you are! Your children are bright, respectful, fun and funny!
- **Liz Chiodo**, Speech Therapist - Seriously, if you weren't such a great team player and so good with kids I would say you should have a much higher paying job! I mean, what question don't you know the answer to? You are my "call a friend".
- **Patti Chasteen** - No matter how big of an obstacle is thrown your way, you always overcome it. You're an amazing teacher and coworker and I hope you know how much you are appreciated and loved in your classroom by both your students and coworkers. Not many people could do what you do!



- **Cathryn Myers** - I don't think any of us would have imagined the day we had to have a mobile art teacher but here we are and you are crushing it! You've shown so much adaptability and we are so lucky to have you! Thank you for being such a kind and caring teacher and coworker that can always brighten my day.
- **Jesse Killinger** - Thank you for keeping our school so safe and clean and for ALWAYS putting a smile on my face! Your sense of humor makes my day and I can always count on you for a good laugh.
- **Kathy Beveridge** - Kathy has gone out of her way to meet with me this year as my mini-mentor. She has come to my house, called me, and even held last minute Zoom calls with me on the weekends! I truly appreciate her.
- **Nicole Fickes**, Mental Health Worker (MHW) - Nicole, you have stepped up in many ways in your classroom and supporting all the students. Whether it's helping with academics or therapeutic support you are a superhero at the middle school!
- **Christina Watson-EPP** - Thank you for everything you have done for the classroom. I appreciate your willingness to come into a new room, learn a new way of doing things, work with all students, and assist with all things virtual. To top it off, you did it at a moment's notice. Thank you!
- **Kimberly Cain**, SLP - Thank you for always being an ear for me to hash out anything from a new technique to just needing to vent. You always have a positive attitude and you go above and beyond for your students every single day! Thank you!
- **Darcy Thompson** - Thank you for all you do for our class. Your positive attitude spreads throughout the entire class and always makes my day better. I have learned so much from working with you. I am lucky to have you on my team. Thank you!

Do you have a story for *ALL IN*? Do you know a member of the CAIU family we should recognize? Please send all stories and ideas to [communications@caiu.org](mailto:communications@caiu.org)