



**MY CHILD IS SICK – WHEN CAN THEY RETURN TO SCHOOL?**

**IF YOUR CHILD IS SICK, PLEASE KEEP THEM HOME! (AND USE THIS PAGE)**

Close contact without symptoms? Please use page 2. If any member of your household is awaiting the results of a COVID-19 test, your child / children must stay home unless they are fully vaccinated!

**Q** ■ Has your child tested positive for COVID-19?

YES NO

See Page 3

**Q** ■ Has your child had a known exposure to COVID-19?

YES NO

**Q** ■ Was the exposure inside or outside your household?

INSIDE OUTSIDE

**Symptoms:**  
Cough  
Headache  
Runny Nose  
Congestion  
Nausea  
Vomiting or Diarrhea

**Symptoms:**  
Fever 100.4 or Above  
Loss of Taste  
Loss of Smell  
Sore Throat or Body Aches

- Notify the Timothy Health Team and consult with your child's healthcare provider.
- Your child must isolate for 10 days.
- All children in the household (Timothy students) must quarantine for 14 days since the last contact with the suspected case (unless the sibling is symptom-free and fully vaccinated).

- Notify the Timothy Health Team and consult with your child's healthcare provider.
- Your child must isolate for 10 days.
- All children in the household (Timothy students) must quarantine for 14 days since the last contact with the suspected case (unless the sibling is symptom-free and fully vaccinated).

- Requires 24 hours of no symptoms before returning to school.
- With a combination of these or other symptoms, you may be contacted by a nurse to follow up and determine if further action is needed, including requiring medical clearance to return to school.

- Notify the Timothy Health Team and consult with your child's healthcare provider.
- A negative PCR result or an alternative diagnosis from a healthcare provider must be sent to the health team before the student can return to school.
- As another option, your child may choose to isolate at home for 10 days without testing or receiving an alternative diagnosis.
- For these specific symptoms, fully vaccinated students may return after 24 hours of no symptoms.

*Depending on symptoms, siblings in the household may be able to come to school if the symptomatic child has a negative PCR test or alternative diagnosis from a healthcare provider. Please consult with the Health Team.*



**MY CHILD FEELS FINE, HAS NO SYMPTOMS, BUT WAS EXPOSED.**

**CLOSE CONTACT BUT SYMPTOM FREE? (USE THIS PAGE!)**

If any member of your household is awaiting the results of a COVID-19 test, your child / children must stay home unless they are fully vaccinated!

**Q** ■ Was the exposure inside or outside your household?

INSIDE    OUTSIDE

**Q** ■ Is your child fully vaccinated?

NO    YES

**COME TO SCHOOL!**

- Monitor for symptoms twice daily.
- Your child may come to school if symptom-free (if symptoms develop at any time, please refer to page 1).
- Contact the health team for more information regarding optional quarantine.

- All children in the household (Timothy students) must quarantine for 14 days since the last contact with the positive case.
- Notify the Timothy Health Team and consult with your child's healthcare provider.
- Monitor for symptoms twice daily.

**FULLY VACCINATED** means it has been more than 2 weeks since the second dose of the Moderna or Pfizer vaccine or 2 weeks since the single dose of the Johnson & Johnson vaccine. Please discuss this with the health team **prior to sending your child to school.**

If your child has had a positive Covid test or a positive antibody test (with an FDA-authorized test) in the past 90 days AND is without symptoms, he/she may come to school:

- If there is an exposure to Covid inside or outside of your home
- If someone in your home is waiting for test results

Please discuss this and provide test documentation to the health team **prior to sending your child to school.**



**TIMOTHY**  
CHRISTIAN SCHOOLS

Timothy Health Team  
[covid@timothychristian.com](mailto:covid@timothychristian.com)  
 630-782-4087

**WHAT IF MY CHILD TESTS POSITIVE FOR COVID-19?**

- Notify the Health Team!
- Have at least 10 days passed since symptom onset?\*
- Have you been fever free (less than 100.4°F without fever-reducing medication) for at least 24 hours? AND
- Have your symptoms improved?

\*For asymptomatic individuals, has it been 10 days since your first positive COVID-19 test?

**NO**

**YES**

**STAY HOME!**

**YOU MAY COME TO SCHOOL!**

**• For asymptomatic individuals who test positive for COVID-19:**

- The CDC now advises that such individuals may discontinue their isolation and other precautions 10 days after their first positive COVID-19 test. If an asymptomatic individual becomes symptomatic, he or she is advised to follow the guidelines for individuals with symptoms.

**• Even if another family member tests positive, you may come to school.**

- You must sign and complete a Return From Isolation Letter and email to [covid@timothychristian.com](mailto:covid@timothychristian.com)
- You must check-in with the school nurse or building administrator for a health screening when you arrive at school.