

BREAKFAST

This institution is an equal opportunity provider

JULY 2021

Summer Menu

Meals available to all children 18 & under
NO COST FOR FAMILIES!

Monday

Tuesday

Wednesday

Thursday

Friday

5
Pancakes
Peaches
100% Juice

6
Honey Bun
Apple Slices
100% Juice

7
Homemade Muffins
Apple
100% Juice

1
Frudels
Peach Cup
100% Juice

2
Cinnamon Roll
Orange
100% Juice

12
French Toast Sticks
Applesauce
100% Juice

13
WG RS Donut
Apple Slices
100% Juice

14
Breakfast Break Pack
*Includes
Cereal, WG Graham
Cracker, and 100% Juice
Peach Cups*

8
Breakfast Sandwich
Orange
100% Juice

15
Raspberry Bars
Orange
100% Juice

9
Yogurt Parfait
100% Juice

16
Cinnamon Roll
Nectarine
100% Juice

19
Pancakes
Peaches
100% Juice

20
Honey Bun
Apple Slices
100% Juice

21
Homemade Muffins
Apple
100% Juice

22
Breakfast Sandwich
Orange
100% Juice

23
Yogurt Parfait
100% Juice

26
French Toast Sticks
Applesauce
100% Juice

27
WG RS Donut
Apple Slices
100% Juice

28
Breakfast Break Pack
*Includes
Cereal, WG Graham
Cracker, and 100% Juice
Peach Cup*

29
Raspberry Bars
Orange
100% Juice

30
Cinnamon Roll
Nectarine
100% Juice

- All breakfast meals include: 2 oz whole grains, ½ cup fruit & ½ cup 100% juice, and 8 fl oz low fat or fat-free milk
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat, RS=Reduced Sugar
- Weekend meals include a Breakfast Break cereal pack and bagels with cream cheese