

Planning for High School

High school can seem like a long way off. In reality, it will be here sooner than you think! How you use your time and your interests in middle school can help you prepare for high school and your future. Work with your counselor to create a plan for middle school and set goals based on the opportunities you have.

“I tell my middle school students to plan their academics carefully, but also to get involved in extracurriculars as well. Pick a few activities, whether they are school sports, clubs, or outside volunteer organizations. Just be sure your choices outside the classroom are of good quality (and not just video games or social media!).”

ACADEMIC CHOICES

All the classes you take now are important and can determine the classes you take in high school. In addition, the skills and study habits you form now will carry over into high school and college. **List three classes in middle school that will be the most helpful in preparing for high school:**

1. _____ 2. _____ 3. _____

EXTRACURRICULAR CHOICES

Although classes are important, extracurricular activities—school or community-sponsored activities outside the classroom—also play a role in preparing you for college. **List three extracurricular activities in which you can be involved:**

1. _____ 2. _____ 3. _____

YOUR INTERESTS

You don't need to have your whole life figured out during middle school. However, it is helpful to start thinking about your interests and where they might take you. **List the top three interests you hope to explore in middle school:**

1. _____ 2. _____ 3. _____

LEARN ABOUT COLLEGE

Even if you don't have all your future plans completely worked out, you can still plan for college. You can research different colleges to find out which ones offer the programs that are the best fit for you. **List three colleges from your research that are interesting and why:**

1. _____ 2. _____ 3. _____