

















Learning Fun in the Summer Sun

Calvert County Public Schools Suggested Summer Learning Activities for Families

JULY – Grades K & 1

HAPPY SUMMER, CCPS FAMILIES! Summertime is the perfect time to explore the world around us. After all, school is not the only place where we can learn. Look around, learning opportunities are everywhere! To spark a few ideas, we've included 40 activities across a wide range of subjects. Perhaps you'll enjoy a book under a shade tree, look up the strange bug in your garden, look for math patterns in a favorite song, or organize a fun water obstacle course. Choose a few activities each week that seem interesting and fun! Perhaps keep a journal or notebook to keep track of your activities. Visit calvertnet.k12.md.us/SummerLearning each month for a new menu of activities.

<p><u>How Would You Change the World?</u></p> <p>Draw a picture of something you want to change to make the world a better place.</p>	 <p>GATE: Design a robot that will clean your room.</p>	<p>Spend 10 minutes reading with someone special.</p>	<p>Spread the Joy: Make a card for a friend or family member showing why you appreciate them.</p>	<p>Nature and the Grocery Store? Count how many things from nature you can find in the grocery store.</p>
<p>Using some paper and something to write or color with, create your own book about July.</p>	<p>Write a New Story Ending: Pick one of your favorite stories. Write a new ending for the story.</p>	<p>If you have not done it yet, sign up for the summer reading program with Calvert Library. Great prizes. calvertlibrary.info</p>	<p>KITCHEN PERCUSSION Create a drum set using pots and pans and other kitchen utensils. Play along to your favorite song.</p>	<p>Make a birdfeeder out of peanut butter and seeds. Identify and tally what kind and how many birds visit it in an afternoon.</p>
<p>Spend some time sharing a favorite book with someone special.</p>	<p>Be a Family Helper: Do something helpful around the house without being asked.</p>	<p>RAINBOW RELAXATION Enjoy this breathing activity designed to put a smile on your face and calm the mind and body.</p>	<p>Check out the Pebble Go database and learn something new.</p>	 <p>Play with light at home to make rainbows.</p>
<p>Number Hunt Can you find every number between 0 and 20? Go on a number hunt. Write the numbers 0-20. Cross off the numbers as you find them.</p>	<p>Draw a picture with interesting details. Tell a story about your picture. What's going on? What happened before? What will happen next?</p>	<p>Summer Flowers Draw a summer flower and use the colors you see around you to add color to the petals.</p>	<p>Scientists Ask Questions Scientists want to understand the world around us. Ask 5 WHY or What questions to learn more about something in nature.</p>	<p>GATE: Collect all the spare change you can find in the house and total up its value. Take it to the bank to exchange for cash or put in a savings account.</p>

 <p>YOGA Sun Salutations Stretch and strengthen your body with sun salutations. Connect your body and mind with this quick yoga flow.</p>	 <p>This or That Fitness Summer Vacation Would you rather summer fitness edition! Scan the code and follow along with the exercises based on which this or that you prefer!</p>	<p>Adventure Journal Keep an adventure journal! Write daily about your family outings, summer projects, or plan a dream trip.</p>	<p>Share your favorite book with a friend or family member. Show the front cover, the title, the author, and the illustrator. Then, show and describe your favorite page.</p>	 <p>Three Rs Survey Talk with your family about ways to Help Save the Earth. What does your family already do?</p>
<p>HOP-n-COUNT <i>How many times can you hop on one foot without losing your balance?</i> <i>Ready? Set? Hop!</i></p>	 <p>How can water change the land? Watch a video and then the next time we have a hard rainstorm, look in your yard do you see fast running water? Are there pools?</p>	<p>TWO CARDS From a regular deck of cards, pick any two cards without looking. Your partner also picks two cards Each player adds the two values. Highest sum wins.</p>	 <p>2 – SQUARE Grab a partner and challenge them to a game of 2-square. Score points by hitting the ball fairly in play, forcing your opponent to fault.</p>	<p>Daily Reading Time Read or listen to a book every day in your reading nook!! Tell your adult helper what happened in a story you read. Name the important facts after reading an informational book.</p>
 <p>SLAM BALL Grab a partner and challenge them to slam ball. Throw the ball into the target. A point is scored when your partner throws a fault or drops a ball.</p>	 <p>Planet Game Use a flashlight and pretend you are the sun. Have friends or family circle around to act as planets. Can the earth always see the light reflecting off of them?</p>	 <p>GATE: <i>Treat your family to a spa day. Read Fancy Nancy: Ooh La La! It's Beauty Day first.</i></p>	<p>STEADY BEAT GAME You will need at least two people. Find a drum or clap your hands. One person plays a steady beat, and the other(s) march to the steady beat. When the drummer stops, the marcher freezes. Mix it up by changing tempos. In large group, the last person to freeze is “out”.</p>	<p>STORY SOUNDSCAPE Make up body percussion sounds (or use instruments and found sounds) to create sound effects for your favorite story book. For example, every time a certain character speaks, rub your hands together.</p>
<p>GUESS HOW MANY? You can use just about anything for this activity: pebbles, corn chips, popcorn, shells... Grab a handful without counting. Estimate how many you have. Count to see how close your estimate was.</p>	 <p>MATH LEARNING GAMES – Is your child already using the computer to play games this summer. Why not play some math games on our i-Ready Learning Games site?</p>	 <p>National Geographic Mapmaker Look at different communities around the world using the 2D/3D options.</p>	 <p>GATE: <i>Make sidewalk chalk paint and decorate a sidewalk.</i></p>	 <p>Musical World: Learn about world cultures through music. Visit the PBS Music Resources Collection where you can learn songs, dances and more from around the world!</p>