



## 2021-2022 CIS School Uniform Requirements

The official uniform for **Pre-K3 through Grade 5** consists of a short-sleeved white or blue performance interlock polo shirt or dry fit polo with the CIS logo and khaki bottoms. Certain events may specify one or the other colored short-sleeve polo shirt so ensure you have at least one of each color. Lands' End has made long sleeve polo shirts in white or cobalt blue with the CIS logo available. This is an acceptable alternative shirt for parents who want more sun protection or want their child to have long sleeves for cooler days.

The official uniform for **Kindergarten to Grade 12** is the blue Oxford shirt (and dry-fit polo shirt) and khaki bottoms. See details below. Only the official school uniform styles as represented by Lands' End are allowed. The CIS website has additional information to assist you in ordering. Should you have trouble obtaining Lands' End uniforms, please contact the office for assistance. Students are required to wear the official school uniform, which should be clean with no holes, missing buttons, tears, or frayed areas. Uniforms should not be altered to suit individual styles or preferences. In no case may a student dress in a manner which disturbs the instructional process, is too revealing, or creates a distraction. When not in proper uniform, a student will either be sent home to change or will be loaned alternative clothing for the remainder of the day. Continued disrespect of the uniform policy/dress code may result in further consequences. Underwear must not be visible at any time. Students are to remain in the school uniform for the entire school day.

Please note the following additional information:

**Socks:** Socks must be solid white or black in color. White knee highs are permitted for students in Early Childhood and Elementary.

**Official Uniform Shoes:** Closed-toe shoes must always be worn. Official uniform shoes must be black, white or black and white. No other colors will be permitted. Footwear should have heels lower than 4 cm or 1.5 inches. Flip flops, Crocs, beach, or sports sandals are not permitted at any time. Shoes with laces must be tied. Shoes must always be worn on school premises and for school events. The No.1 Shoe Shop on Hospital Road and Atlantic Kids are aware of our school uniform shoe policy for both official uniforms and stock available that meets our requirements.

**Hats:** Pre-K2 (formerly called Nursery) through Grade 5 students are required to wear a CIS school hat for all outside activities. Hats are available for purchase through the school office. Hats of other colors and designs are not allowed. Specific hat styles for grade levels are outlined on the Uniform Hat Order Form. Secondary students are highly encouraged to wear school hats when outdoors during daylight hours.

**Sweaters or Sweatshirts:** A solid navy-blue sweater or navy-blue sweatshirt with the CIS logo should be purchased as per the uniform requirement through Lands' End. Be advised that air conditioning at school or the occasional days of inclement weather may cause a student to want to wear an additional layer for warmth and only Lands' End outerwear will be accepted on campus.

**Secondary Boys' Uniform:** Khaki trousers or shorts, and a solid brown or black belt must be worn by male students. The Oxford shirt is the formal uniform shirt and must always be tucked in with all buttons done up apart from the top button. The CIS dry fit polo is an acceptable shirt for boys for nonformal events and daily wear, and it does not have to be tucked in. Undershirts, if worn, must be white in color and tucked in.

**Secondary Girls' Uniform:** Khaki long pants, capris, skirts, shorts or skorts can be worn by female students. Skirts and skorts must be mid-thigh or longer (skirts/skorts must be no shorter than two inches above the knee). The girls' fitted Short Sleeve Oxford Shirt with darts from Lands' End is the official school uniform shirt. The CIS dry fit polo is another acceptable shirt for girls.

**PE Uniforms:** The PE uniforms for KG through Grade 12 must be purchased from Lands' End. Please refer to the school website for the official gray t-shirt and cobalt blue PE shorts. KG through Grade 5 students can wear their PE uniform and athletic shoes on the days they have PE. Secondary students will be required to change into PE Uniforms and athletic shoes prior to their PE class. Shoes appropriate for sports activities must be worn for PE by all students. Early Childhood students do not require PE uniforms.

**Swim Uniforms:** Swimsuits for girls Pre-K2 (formerly called Nursery) through Grade 12 must be one-piece in cobalt blue or navy blue (white accents are allowed and expected to be minimal). Boys should wear swim-shorts or Speedo style swimsuits in cobalt blue or navy blue. Swimsuits that meet the requirements for both boys and girls are available from Lands' End. Rash guards in white, cobalt or navy blue (short or long sleeved) are acceptable as part of the swim uniform and are available from Lands' End's regular inventory. Secondary students must change in and out of their swimsuits in the dressing room at the pool.

**Accessories:** Only noiseless, safe jewelry is permitted. Students may only wear a single stud earring in each ear. Jewelry must not be a distraction or offensive. Tongue and other body piercing jewelry is not permitted. Hats or sunglasses are not to be worn in the classroom or for inside school events. Black or brown belts in solid colors must be worn as part of the requirements for secondary boys.

**Hair:** Hair must be clean, well-groomed, out of the eyes, and may not create a distraction.

**Music/Performing Arts Students:** Elementary or Secondary students involved in NCFA, concerts, or other programs will be required to wear a school uniform (in good condition) and black dress shoes with white socks. Performing arts students will also need solid black trousers (boys, girls) with a black belt or a solid color black skirt or skort at mid-thigh length or longer (girls), with a solid color white shirt with a collar (no sheer fabric allowed). Solid color black dress shoes must be worn. Lands' End has our uniform pants and long chino skorts available in black and the short-sleeved Oxford shirt for both boys and girls in white. These are acceptable and recommended items for these performances. Separate requirements may be applicable for dance and or other performing arts activities. Please Note: Any exceptions to the school uniform requirements must have the approval of the administration.

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