

# ATHLETES & PARENTS

## SKHS ATHLETIC MEDICINE POLICY ON MEDICAL CLEARANCE/DOCTOR NOTES

➤ **A NOTE MUST BE RETURNED TO THE ATHLETIC MEDICINE DEPARTMENT AFTER ANY VISIT TO A PHYSICIAN, DENTIST, PHYSICAL THERAPY, CHIROPRACTOR OR OTHER MEDICAL PROVIDER BEFORE BEING ALLOWED TO PARTICIPATE THAT SAME DAY.**

- Provider's name and place of practice clearly identifiable along with procedure done.

➤ **NO ATHLETE SHALL RETURN TO PARTICIPATION, EVEN WHEN CLEARED BY A PHYSICIAN, WITHOUT WRITTEN NOTICE BEING TURNED INTO THE ATHLETIC MEDICINE STAFF, AND CLEARANCE BY THE ATHLETIC MEDICINE STAFF.**

- The athletic training staff does not include the athletic medicine student aides.

➤ **ALL "INJURY" RELATED DOCTOR NOTES MUST INCLUDE THE FOLLOWING:**

- Diagnosis
- Recommended treatment – *if needed*
- Can the ATC administer the treatment?
- Possible return to sport

⚕ THE SKHS ATHLETIC MEDICINE STAFF RESERVES THE RIGHT, EVEN UPON CLEARANCE BY A PHYSICIAN, TO HOLD AN ATHLETE FROM PRACTICE/COMPETITION IF IT IS FELT THAT IT IS IN THE BEST INTEREST OF THE ATHLETE.

**WIAA 17.11.2:** THOSE LICENSED TO HEALTH CARE PROVIDERS TO CLEAR AN ATHLETE FROM AN INJURY OR ILLNESS INCLUDE: MEDICAL DOCTOR (MD), DOCTOR OF OSTEOPATHY (DO), ADVANCED REGISTERED NURSE PRACTITIONER (ARNP), PHYSICIAN'S ASSISTANT (PA), AND NATUROPATHIC PHYSICIAN.

**WIAA 17.11.4:** TO RESUME PARTICIPATION FOLLOWING AN ILLNESS AND/OR INJURY SERIOUS ENOUGH TO REQUIRE MEDICAL CARE, A PARTICIPATING STUDENT MUST PRESENT TO THE SCHOOL OFFICIALS A WRITTEN RELEASE FROM A PHYSICIAN LICENSED TO PERFORM PHYSICAL EXAMINATIONS AS LISTED IN 17.11.2 AND/OR A DENTIST AS APPLICABLE.