

## PHYSICIAN'S MEDICAL REPORT

*(This form must be returned before this athlete may return to participation in any sport activity)*

Athlete's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Sport: \_\_\_\_\_ Level: \_\_\_\_\_ Position: \_\_\_\_\_

Grade: \_\_\_\_\_ School: \_\_\_\_\_

### **\*\* PARENT/GUARDIAN RELEASE FOR INFORMATION EXCHANGE \*\***

I authorized release of the health care practitioner's exam findings and other pertinent medical data of this injury/illness as it relates to the participation of my child in South Kitsap High School Sports Activities. I understand that the documentation of this injury/illness will be kept on file in the SKHS Athletic Medicine Department. *"My signature indicates permission for the Physician and Athletic Trainer to exchange any and all information regarding this injury"*

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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### **DIAGNOSIS:**

\_\_\_\_\_  
\_\_\_\_\_

### **RETURN TO PARTICIPATION?**

- Yes                       Full/Unrestricted  
                                     Modified at the discretion of the Athletic Trainer  
                                     Restricted
- No                          Reevaluation needed prior to return      (Date) \_\_\_\_\_  
                                     No Play Until (Date) \_\_\_\_\_

**RECOMMENDED TREATMENT:**

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\*\* Modalities (Ice, heat, US, Stim, Laser, taping etc) are available with Physician Approval. \*\*

**MAY SCHOOL-BASED THERAPY (BY LICENSED STAFF) BE INITIATED?**

YES    NO

*(If yes, please indicate any special treatment requirements and/or settings)*

**NOTES/INSTRUCTIONS:**

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Date: \_\_\_\_\_

Doctor's Signature: \_\_\_\_\_

Doctor's Name (Print): \_\_\_\_\_

Phone Number: \_\_\_\_\_

**\*\*Office Stamp Here\*\***