

Darien Public Schools Department of Health Services

Important health information for the upcoming 2020-21 school year

School Nurses will be available at each school beginning August 26, 2020 for the 2020-21 school year*.

Student Health Requirements

All physicals and immunizations must be reviewed and approved by a school nurse prior to enrollment and participation in high school interscholastic athletics. *Please mail them to your child's school, ATTN: School Nurse.*

Physical exams with up-to date immunizations **are required prior to enrollment, when transferring into the district, prior entry into Pre-K, Kindergarten, and prior to entry into 7th and 10th grade.** In addition all students who participate in DHS interscholastic athletics must submit a valid physical per [CIAC guidelines](#). For more information on health requirements for participating in DHS athletics please [click here](#).

The physical exam must be on the [State of Connecticut Health Assessment](#) record for K-12 students or the [Early Childhood Assessment](#) for Pre-K Students/ELP (Early Learning Program) Students.

For more specific information on physical exam requirements please click [here](#).

Emergency Contact Information

The school nurse uses the parent/guardian/emergency contact information collected in [ASPEN](#) reach you in the event of a medical emergency. It is of utmost importance that the information provided is accurate and current. It is essential for Parents/Guardians to complete the emergency information for each student electronically via the ASPEN system upon enrollment, annually and ongoing if contact/medical information changes.

Medications

A written medication order from an authorized prescriber and parent/guardian written authorization are required, for school nurses, or in the absence of a nurse, other designated personnel to administer medication, including over-the-counter drugs. Medications must be in the original, properly labeled container and dispensed by a physician/pharmacist. Over-the-counter medications must be delivered in an unopened, properly labeled container. ***ALL medications must be delivered to/from school by a parent, guardian or other responsible adult. All medication will be destroyed if not picked up within one week following termination of the order or the last day of school, whichever comes first.*** The medication form can be located [here](#).

*****DUE TO COVID-19 EACH SCHOOL WILL DISTRIBUTE A MEDICATION DROP-OFF SCHEDULE PRIOR TO THE FIRST DAY OF SCHOOL*****

Forms

In an effort to be green and economical, we are asking parents access forms needed for school on our website under the [Health Services "Forms" tab](#). If you are unable to print the documents, please contact the school nurse and a copy of the form can be mailed to your home. For a complete list of forms frequently used by the DPS Health Services Department [click here](#).

Links to frequently used forms:

- [State of CT Health Assessment Record](#) – For physical exams for K-12th grade students
- [State of CT Early Childhood Assessment Record](#) –For physical exams for Pre-K (ELP) students
- [Medication Form](#) – Required for all prescription or over-the counter medication that will be administered during school hours

For more information about health and safety in Darien Public Schools please go to the [Health Services](#) section of the Darien Public Schools website.

*If you need assistance prior to this please contact Alicia Casucci, APRN, CPNP, NCSN, Director of Nursing Services at acasucci@darienps.org or by phone 203-655-3981 ext. 2304.