

PARENTING CAN BE HARD.

WOULD YOU LIKE TO FEEL MORE CONFIDENT AND SUPPORTED AS A PARENT?

Ready4K is a **FREE** service that shares quick tips and simple tools that can help kids grow and learn. It also offers support for parents and caregivers that can reduce family stress and strengthen connections, so children thrive in school and life.

“Ready4K has given me a second thought about how I respond to stress and ideas on how to better cope such as taking a minute to consider my feelings and breathing deeply before responding or reacting.”

– Ready4K Parent

Through Ready4K messages:

- 97% of parents strengthened their relationship with their children.
- 93% made learning a part of every day.
- 73% took advantage of offered resources.

*Perfect for families with children ages 0-9.
Multiple language options offered.
Limited spots available – **get started today!***

Lehigh County Residents

TEXT STRONG TO 70138

Northampton County Residents

TEXT LEARN TO 70138



Ready4K

United Way of the
Greater Lehigh Valley