



This information is also available at: <https://www.lwsd.org/fall-2020/community-resources>

Child Care

YMCA (Locations in Kirkland, Redmond, and Sammamish)	Call (206) 382-5010. Scholarships are available for families. First responders and health care providers will have \$0 fees for this program. Send an email to registration@seattlemca.org before registering to receive your special coupon code to zero out the payment.
Boys & Girls Clubs	Call (206) 348-5088 or email Jamie Heil at jheil@positiveplace.org . Scholarships are available for families. Programs are available at their Kirkland and Sammamish locations. There is a joining fee of \$50. www.positiveplace.org
Childcare Aware of Washington	Call (800) 446-1114. Childcare Aware is a database of childcare resources in Washington. Call or visit their website for more details: https://childcareawarewa.org

Shelter Locations

New Bethlehem Program	Call 425-679-0350 http://www.nbpshelter.org 11920 NE 80 th St, Suite 100, Kirkland WA 98033 Open Daily from 10:00 am - 2:00 pm Currently Walk in - first come first serve.
Youth Haven (7-17)	Call (206) 236-5437. Youth Haven serves as a short-term emergency placement for homeless LGBTQ+, cis-gender, as well as state-involved youth through the Children's Administration. They provide safe, stable, temporary living alternatives to youth who are experiencing a family crisis and provides counseling and referral services to the youth so they can find a stable housing alternative. https://friendsofyouth.org/shelters.aspx
The Landing (18-24)	Call (425) 449-3868. The Landing is operated by Friends of Youth and it is an emergency young adult shelter for people between the ages of 18-24 years old. The Landing is open 7 days a week and is in Redmond. The Landing also provides young people with referrals and resources needed to exit homelessness. https://friendsofyouth.org/shelters.aspx
Seattle Shelter Line	Call (206) 245-1026 Families who need same day access to emergency shelter will call the family emergency shelter access. The access line intake specialist will complete a short screening to determine literal homeless or fleeing domestic violence status (not the VI SPDAT) and vulnerability (infants, small children, medical needs, etc.). The intake specialist will create a daily active family list on a secured site that can be accessed by all family shelters.
Safe Parking Program	Call (425) 922-8051. If you need a safe place to park for the night, call Safe Parking to sign up. They are located at the Lake Washington United Methodist Church at 7525 132 nd Ave NE, Kirkland, 98033.

Economic Resources

Attain Housing	Call (425) 828-0489. Providing eviction prevention and move-in assistance for families with children through its Stable Home program. www.atainhousing.org/our-services/stable-home
Hopelink Financial Assistance	Call (425) 943-7555. Hopelink is offering rent assistance to prevent evictions, can help with the first month's rent, and can help with energy bill payments. www.hopelink.org/need-help/financial-assistance
Muslim Community Resource Center	Call (888) 404-6272. Rent and utility assistance, food assistance, prescription and medication assistance. http://mcrseattle.org/2020/03/15/maps-mcrrc-response-to-covid-19
St. Vincent de Paul Helpline	Call (206) 767-6449. Help people with requests for rent, utilities, and food assistance. Open Monday-Friday 8am-3pm. Visit https://svdpseattle.org/get-help/ for more details.
King County Eviction Prevention and Rental Assistance Program	Call (206) 263-3481. King County Eviction Prevention and Rental Assistance Program is accepting tenant registrations for tenants in King County in need of rental assistance. Please visit the website or call their number for more details and eligibility information. https://kingcounty.gov/depts/community-human-services/COVID/eviction-prevention-rent-assistance.aspx

Food Resources

Hopelink	Redmond: (425) 869-6000 Kirkland: (425) 889-7880. Hopelink is providing pre-packed boxes of food available for pickup. Enough for 21 meals per person in each box. www.hopelink.org/hopelink-coronavirus-response-update
Free Summer Meals through LWSd	Free lunches and breakfasts for the entire week are available through Wednesday, August 11. Meals are available for pickup at select locations. Please visit our website for more details. https://www.lwsd.org/pathway-forward/grab-go-student-meals
Nourishing Networks	A network that connects people that need food and people that want to help address food insecurity. Their website lists where to find food in the Kirkland and Redmond areas. Please visit their site for more details. www.nourishingnetworks.net
Redmond United Methodist Church	Call (206) 601-1531 (Open Kitchen) Meals are provided to go every Wednesday from 5-7pm. https://redmondumc.org/connect/open-kitchen

General Resources

2-1-1	Dialing 2-1-1 helps direct callers to services for, among others, the elderly, folks with disabilities, those who do not speak English, those with a personal crisis, those with limited reading skills, and those who are new to their communities."
Friends of Youth	Call (425) 869-6490 or visit; www.friendsofyouth.org "Friends of Youth has grown into a leader in

	developing, providing and advocating for services for children, youth and their families. Friends of Youth is also committed to supporting and celebrating youth and young adults of all gender identities and sexual orientations.”
City of Redmond	Call (425) 556-2900. The city of Redmond has a list of health, financial assistance, food, and childcare resources. https://www.redmond.gov/1366/Resources-for-Individuals-and-Families-l#fin
City of Kirkland	Call (425) 587-3000. The city of Kirkland has compiled a list of food, housing, utility, healthcare, and legal resources among others. https://www.kirklandwa.gov/Resident/Public-Safety/Resources-for-Kirkland-Residents-Impacted-by-COVID-19
City of Sammamish	Call (425) 295-0579. The city of Sammamish collaborates with local and regional agencies who provide support for education, disability services, housing and food assistance, mental health, and legal assistance among other services. https://www.sammamish.us/community-involvement/health-human-services/
Legal Resources	
Eastside Legal Assistance Program (ELAP)	Call (425) 747-7274 (English) or (425) 620-2778 (Spanish), M – F, 10a – 4p. “Provides high-quality, no-cost civil legal aid to low-income residents of East, Northeast, and Southeast King County, Washington. We also provide legal aid to survivors of domestic violence throughout all of King County.” www.elap.org
King County Bar Housing Justice Project	Call (253) 234-4204 (English) or (206) 267-7090 (Spanish). The Housing Justice Project is a homelessness prevention program providing accessible volunteer-based legal services for low-income tenants facing eviction in King County. www.kcba.org/For-the-Public/Free-Legal-Assistance/Housing-Justice-Project
Northwest Immigrant Rights Project (NWIRP)	Call (206) 587-4009. Northwest Immigrant Rights Project (NWIRP) promotes justice by defending and advancing the rights of immigrants through direct legal services, systemic advocacy, and community education. Visit www.nwirp.org for more details.
Tenant Law Center	Call (206) 324-6890, M - F, 8a – 5p. Advice & assistance for low-income renters facing eviction, repair problems, deposit loss, subsidy termination, lockouts & other issues. https://ccsw.org/get-help/specialized-services/tenant-law-center/
Transportation	
Hopelink Transportation Services	Call (800) 923-7433 to schedule a ride. Hopelink can provide free transportation to non-emergency medical appointments covered under Medicaid. Visit website for more details: https://www.hopelink.org/need-help/transportation
Mental Health and Wellness	
Youth Eastside Services	Call (425)747-4937 or through the web at: www.youtheastsideservices.org “Youth Eastside Services (YES) provides evidence-based mental health counseling, substance use with co-occurring disorder counseling and treatment, early childhood behavioral health services, psychiatric services, school-based services, and education and prevention programs. We help children, teens, and families struggling with depression, grief, trauma, substance abuse, cultural and gender identity challenges, sexual orientation support, anxiety, ADHD, autism, eating disorders, low self-esteem, and much more.”
Consejo	Call (206) 461-4880, M-F, 8:00a-5:00p; After hours and on weekends: (206) 461-3222 “Consejo Counseling and Referral Service is an award-winning agency that has provided behavioral health services to the Latino community in the state of Washington for near four decades.”
Trevor Project	LGBTQIA+ Suicide Prevention Hotline: Trevor Lifeline at 1-866-488-7386 or text “Start” to 678-678 “The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.”
NAVOS	Call (206) 248-8226 for support. “At Navos, we offer a healing home for children, young people and adults who might be underserved, overlooked or otherwise at risk of falling through the cracks. We’re often the last hope for people with nowhere else to turn. We believe in recovery, and that each person has the potential to live a full and healthy life. Our mission is to transform the quality of life for people vulnerable to mental illness and substance use disorders by providing a broad continuum of care.”
King County 24-hr Crisis Line	Call 1-866-4CRISIS (1-866-42-4747) “The 24-Hour Crisis Line provides immediate help to individuals, families, and friends of people in emotional crisis. We can help you determine if you or your loved one needs professional consultation, and we can link you to the appropriate services. We are a primary source for linking Seattle-King County residents to emergency mental health services.”
Community Health Access Program (CHAP)	Call 1 (800) 756-5437 Program for people who would like to see a doctor, but do not have one. https://www.kingcounty.gov/depts/health/locations/health-insurance/access-and-outreach/community-health-access-program.aspx
Disaster Distress Helpline	Call 1 (800) 985-5990. This 24/7/365 service provides crisis counseling. It’s free, multi-lingual and confidential. Or text “TalkWithUs” to 66746. www.samhsa.gov/find-help/disaster-distress-helpline/contact-us
TeenLink	Call 1 (866) 833-6546. Hotline that operates 24 hours a day. “You’re not alone. There is someone that’s willing to listen to you without judgment. Teen Link is a program of Crisis Connections that serves youth in Washington State. Our teen volunteers are trained to listen to your concerns and talk with you about whatever’s on your mind – bullying, drug and alcohol concerns, relationships, stress, depression or any other issues you’re facing. No issue is too big or too small! Calls and chats are confidential.” www.teenlink.org
Please note: This list of individual agencies is provided as an information resource for your convenience. Lake Washington School District does not recommend or endorse any of the individual agencies provided here. The district will not be held liable or responsible for any services provided by them. Lake Washington School District highly recommends that you conduct your own research and investigation. Use reasonable care before selecting any of these individuals/agencies for services.	