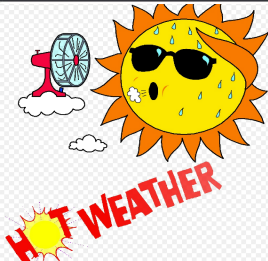



# SFASD MONTHLY MEAL PLANNER : June 2021 Depot

Food Service Director: Scott Orsini  
Email: [Sorsiiic@spring-ford.net](mailto:Sorsiiic@spring-ford.net) Phone: 610-705-6118

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1		1	2	3	4
	with	with	with	with	with
WEEK 2	7	8	9	10	11
	with	with	with	with	with
WEEK 3	14	15	16	17	18
	with	with	with	with	with
WEEK 4	21 Waffles Served W/ Sausage	22 Corn Dog Nuggets	23 Spaghetti w/ Meatballs	24 Sweet & Sour Chicken	25 Mozzarella Sticks Side Marinara
	with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	with <u>VEG Of The Day</u> Oven Baked Fries <u>Fruit of the Day</u> Sliced Oranges	with <u>VEG Of The Day</u> Fresh Broccoli <u>Fruit of the Day</u> Cupped Fruit	with <u>VEG Of The Day</u> Cheesy Mashed Potatoes <u>Fruit of the Day</u> Cupped Fruit	with <u>VEG Of The Day</u> Peas <u>Fruit of the Day</u> Fresh Strawberries
WEEK 5	28 French Toast Sticks Served W/ Sausage	29 Twin Tacos	30 Cheese Ravioli w/Marinara Sauce & Bread Stick		
	with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	with <u>VEG Of The Day</u> Corn <u>Fruit of the Day</u> Sliced Oranges	with <u>VEG Of The Day</u> Broccoli Florets <u>Fruit of the Day</u> Cupped Fruit		



## Breakfast Weekly Menu

Monday— Assorted Cereal w/ Graham Crackers  
Tuesday— Chocolate Chip Muffins  
Wednesday— Egg Sandwich on English Muffin  
Thursday— Bagel & Cream Cheese  
Friday — Assorted Cereal Bars w/ Animal Crackers

Each item will be served along with :

Fruit of the day,  
Flavored milk,  
Flavored 4oz juice.

\*Vegetarian option  
Spring -ford salad upon request only .

Depot Schedule starting June 21st. Distribution will be on Tuesday & Thursday. Locations will be at Limerick, Spring City and 5,6,7 Building . Depot times will be from 1:00pm to 2:00pm. If you have any questions please contact Scott at [sorsiiic@spring-ford.net](mailto:sorsiiic@spring-ford.net)

