

Mental Health Resources

Psychology Today Website

<https://www.psychologytoday.com/us/therapists>



This is a great place to start and this site has a filter to help you find the support you are looking for. Site will provide contacts, bios, and more for local therapists in the area. To begin, you just need to go to the site and enter your zip code.

Resource

Lourdes Counseling Center
Lutheran Community Services
Catholic Family Services
Nueva Esperanza Community
Counseling Center
Three Rivers Therapy
Cork's Place at The Chaplaincy
Support Advocacy &
Resource Center
Tri-Cities Chaplaincy

Contact

509.943.9104
509.735.6446
509.946.4645
509.545.6506
509.378.5553
509.783.7416
509.374.5391
509.783.7416

NEED MORE
RESOURCES?



Use your
smart phone to
scan the QR code!

Crisis Text Line

Text "HEAL" to
741741

Crisis Response

Benton/Franklin
Crisis Response.....509.783.0500
Suicide Lifeline.....800.273.8255
Teen Link.....866.833.6546
National Suicide
Prevention Line.....800.273.TALK
Mobile Outreach.....509.628.0333