• Cheese Breadstick with Marinara Sauce – cheese stuffed whole grain breadstick
• Cheese Lasagna
• Cheese Quesadilla
• Fish Munchies – fish
• Fish Sandwich – fish
• French Toast Sticks – without sausage
• Macaroni & Cheese
• Mozzarella Sticks
• Nachos with Cheese Sauce
• Pizza, Pizza Hut – Cheese (MS-HS)
• PBJ Sandwich
• Stuffed Crust Cheese Pizza – whole grain crust with low-fat mozzarella cheese
• Sun Butter with Pretzels
• Veggie Burger – option on days when hamburger / cheeseburger are on the menu
• Yogurt & String Cheese (Elem)
• Yogurt Parfait (MS-HS)
• 3 Sides Meal – full portion of 3 different fruits or vegetables and a milk or grain without an entrée