



Saint
Mary's
SCHOOL

You've got this.

You don't need a bigger school. You want bigger opportunities.

At Saint Mary's School, a world of opportunities awaits you. Our innovative curriculum, vibrant campus life, unique urban location, and partnerships with some of the nation's most forward-thinking companies offer you immersive experiences you won't find anywhere else.

Here, you will step outside your comfort zone and take risks without fear of failure. Whatever your passion, interest, or aspiration, we want you to explore it deeply to better understand the world and your place in it.

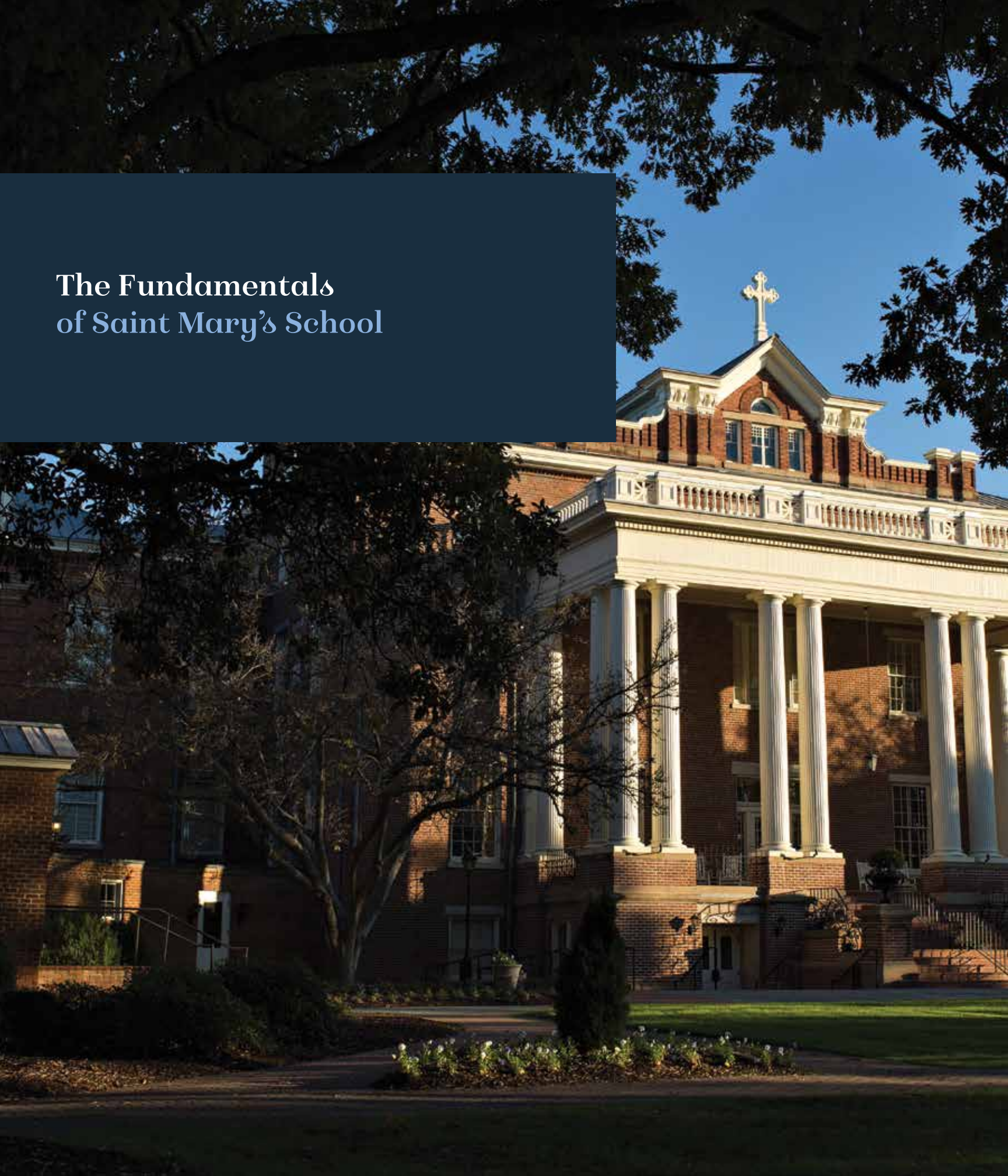
You want a richer, fuller high school experience that will shape the rest of your life? Find it at Saint Mary's School.

You've got this.





The Fundamentals of Saint Mary's School



Mission

Saint Mary's School is a community dedicated to academic excellence and personal achievement that prepares young women for college and life.

To accomplish our mission, Saint Mary's School:

- Challenges each young woman to embrace the habits of an intellectual life, engages her with the past and the emerging future, and empowers her to serve and shape her world.
- Fosters in each young woman a spirit of connection to others, guides her in developing her spiritual and ethical integrity, and prepares her to take responsibility for herself and her future.



Core Values

Excellence in Teaching and Learning

We value the transformational growth that takes place when teachers and students experience the joy of learning together. A collaborative academic culture nurtures intellectual courage, curiosity, and creativity.

Personal Achievement in Mind, Body, and Spirit

We value intellectual, physical, and spiritual wholeness. We inspire young women to discover their talents, pursue their passions, and achieve their personal best.

Honor

We value honor and integrity as central to building character. Our individual and shared commitment to honor, embodied in the Honor Code, creates a foundation of trust and respect essential to an ethical and moral life.

Community

We value relationships that connect us to each other and to the larger world. We aspire to be a nurturing community that respects the dignity of every human being.

Heritage

We cherish and celebrate our heritage, one that is rich in tradition, Episcopal values, and opportunity for women. The best of our past forms the foundation for the best of our future.

A Responsibility to Our Girls

Guiding Principles

Everything we do is guided by a set of principles we know, and research has shown, give girls what they need to thrive. By integrating these standards into all we do, we meet you where you are and inspire you to explore where you want to go.

We believe when girls are empowered to see their value and worth, they create robust visions for their future and lives of their own making.

We believe girls learn best when they invest in their own intellectual growth and in lifelong learning.

We believe girls thrive in an environment where they are physically, emotionally, and spiritually safe.

We believe girls can and should build their own definition of success.

We believe girls need an environment where they are inspired to explore and to discover their authentic selves and where their uniqueness is accepted and celebrated.

We believe girls are eager to engage with the world around them when they expand their boundaries, embrace failure, and recover from setback.

We believe in the worth and dignity of all.

We believe girls learning to serve and shape their world begins with developing and practicing the skills required to manage their own lives.

We believe the development of self-reliance and resilience is an essential aspect of maturation and preparation for adulthood.

We believe in girls dedicating time and resources to cultivating an inner sense of self.

We believe girls value peer relationships and learn about themselves through healthy interaction with others.

We believe girls need wise, resilient, caring, intelligent, honest, and authentic adults who model boundary setting, healthy relationships, and appropriate risk-taking as they guide girls on their journey to adulthood.



A Snapshot of Saint Mary's School

YOUR Classmates

300
total students
from 7 countries
and 14 states

51%
boarding students*

49%
day students*

32%
receive financial aid

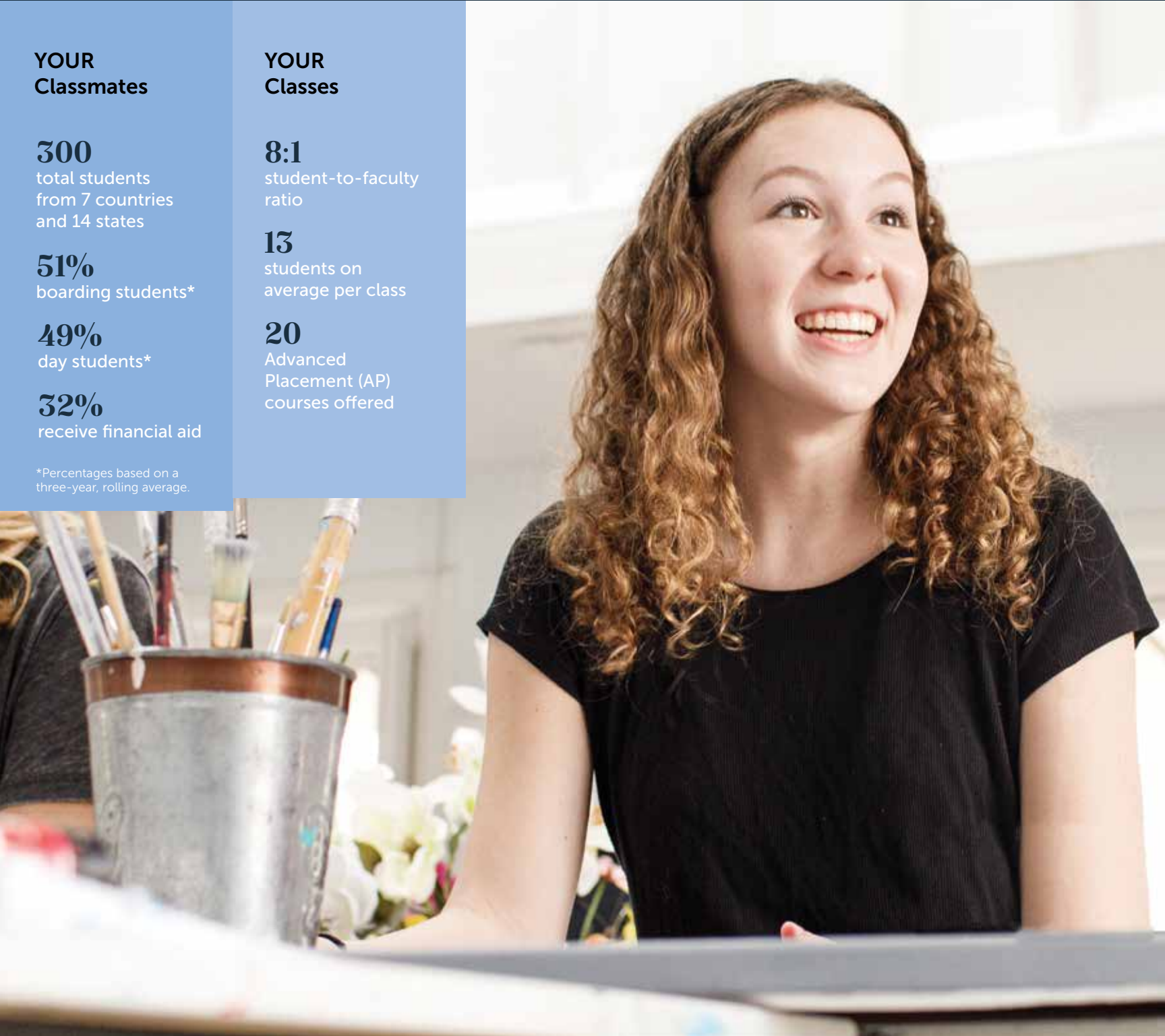
*Percentages based on a
three-year, rolling average.

YOUR Classes

8:1
student-to-faculty
ratio

13
students on
average per class

20
Advanced
Placement (AP)
courses offered





Our Campus

1. Smedes Hall

- Admission Office
- Campus Security
- Chaplain's Office
- College Counseling
- Counseling Support
- Dean of Students' Office
- Head of School's Office
- Mail Room
- Marketing and Communications
- Multipurpose Rooms
- Reception
- Residence Hall (2nd and 3rd floor)
- Shop 1842
- Smedes-Emory Large Parlor
- Student Life Offices

2. West Rock

- Alumnae Office
- Development Office

3. East Rock

- Business/Finance Office
- Technology

4. Chapel

5. Faculty/Staff Residence

6. Head of School's Residence

7. East Park Building

- (classrooms and labs)

8. Faculty/Staff Residence

9. Faculty/Staff Residence

10. Binder Health Center (BHC)

11. Bacon Gymnasium

12. Natatorium (indoor swimming pool)

13. Holt Hall

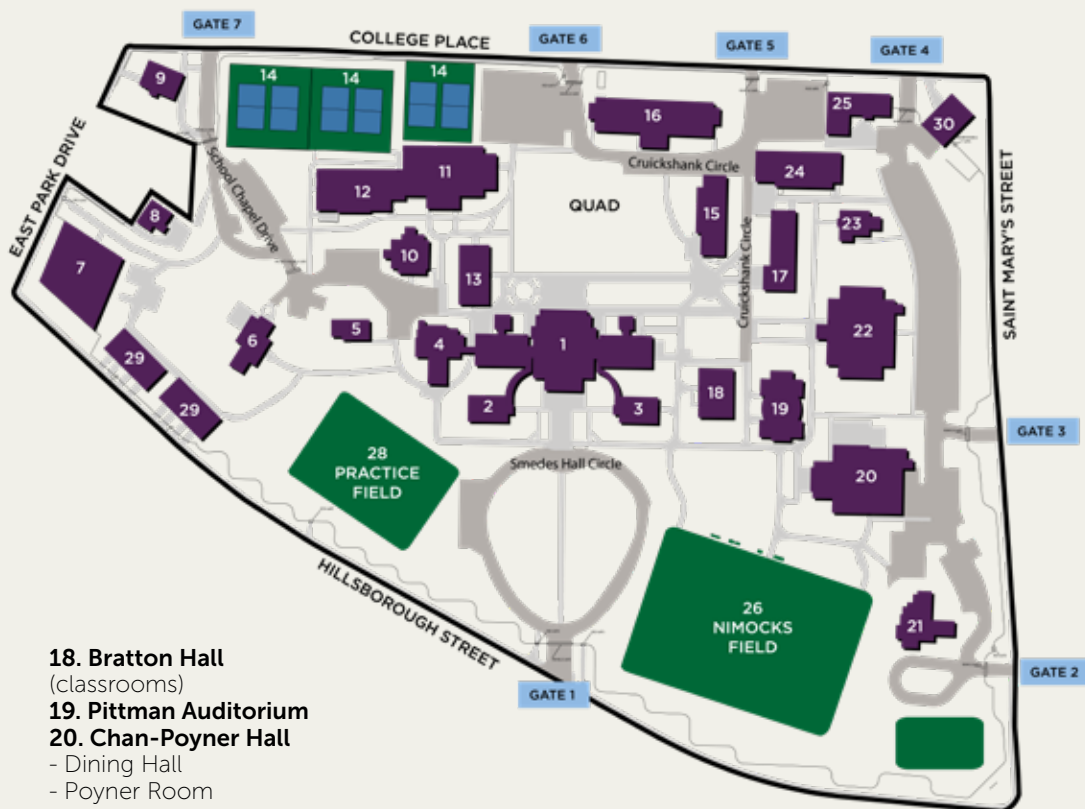
14. Eure-Jones Tennis Courts

15. Penick Hall (residence hall)

16. Cruikshank Hall (residence hall)

17. Cheshire Hall (classrooms)

- World Languages Faculty Offices



18. Bratton Hall

- (classrooms)

19. Pittman Auditorium

20. Chan-Poyner Hall

- Dining Hall
- Poyner Room
- Tyler Board Room

21. Bishop's House

- Faculty/Staff Residence

22. Kenan Library

23. Faculty/Staff Residence

24. Ragland Classroom Building

- Academic Support
- Dean of Teaching and Learning
- Registrar's Office
- Various Faculty Offices

25. Buildings and Grounds Office

26. Nimocks Athletic Field

27. Faculty/Staff Residence

28. Athletic Practice Field

29. Faculty/Staff Residences

30. Faculty/Staff Residences





ACADEMICS

**The time for
hand-holding
is behind you.
What you want is
hands-on learning.**

At Saint Mary's School, you can immerse yourself in a wide variety of academic pursuits as you build a strong liberal arts foundation.

An extensive and rigorous curriculum lets you shape your high school experience as you discover new interests and engage in your own learning. Guided by expert, dedicated faculty, you expand your knowledge and deepen your understanding both in and out of the classroom.

Quarterly seminars, a digital Portfolio for Life, and the school's partnerships with leading Raleigh and Research Triangle Park organizations round out your education as you make important connections between what you are learning and how it applies in real-life settings.



An Education That Transforms You



Designed for Girls

At Saint Mary’s School, we know what girls need to learn and thrive. We combine that with what we know of our fast-changing world to offer an education designed expressly for you — and for all girls. And the learning you do here will serve you well for years to come.

Through a comprehensive curriculum complete with Advanced Placement courses, independent study opportunities, and an array of cutting-edge electives like graphic design, coding, and economics, you will develop 10 key competencies we know are critical for your success in college and beyond.

Saint Mary’s School 10 Key Competencies

Collaboration	Cross-cultural intelligence	Self-expression
Communication	Growth mindset	Servant leadership
Critical thinking	New media literacy and computational thinking	Social-emotional intelligence
Self-directed learning		

Your classmates and teachers will inspire you to take risks, think in different ways, and try new things. You will problem-solve, think creatively, innovate, and collaborate — all while challenging yourself to move beyond your comfort zone and achieve more than you thought possible.

Seminar Program

Imagine learning from researchers at Duke University. Or meeting with entrepreneurs at HQ Raleigh to discuss collaboration and innovation in the workplace. Our quarterly seminars integrate real-world experiences like these with required grade-level content. Though they are credited and required for graduation, our seminars offer much more than a pass/fail.

The seminars engage you in studies focused on innovation, communication, social impact, and health and wellness through opportunities with organizations like the University of North Carolina at Chapel Hill, District C, North Carolina State University, the Chrysalis Network, Raleigh Youth Mission, Teaching Horse, and others.

Portfolio for Life

As a student at Saint Mary’s, you will create a digital Portfolio for Life. Providing a clear record of your learning and growth, this portfolio lets you see and celebrate your progress.

As you complete the required sections chronicling your Saint Mary’s experience and the development of key competencies, you can further individualize your portfolio by incorporating additional sections specific to your unique interests and aspirations.

Time is allotted each quarter for you to work on your portfolio alone and/or with your advisor. This time provides an opportunity to reflect on your growth, assess your efforts, and celebrate your successes.

You can take your Portfolio for Life with you to college and continue building it throughout your adult life. It will be a valuable resource for talking confidently about yourself and your accomplishments.

Self-directed Study

Self-directed study includes Independent Study, Pathways, and online coursework. If a student chooses to engage in work related to an academic discipline outside of the formal, directly supervised classroom or laboratory, she may do so under the self-directed study umbrella. It is to be noted that this type of learning is challenging and requires a high level of self-motivation and discipline. It is important to think deeply as to whether this kind of learning is a fit for your learning profile. Assistance in working through the decision-making process is available through faculty, college counseling, or a student’s advisor.

Learning Lab / Tutorial

Saint Mary’s students have opportunities throughout the week to work with faculty outside of class. All 9th and 10th graders are assigned a learning lab as one of their classes, while 11th and 12th grade students have the option of a flex period or a learning lab. During learning lab students complete work and prepare for assessments in a structured environment with learning coaches. In addition, students move through a study skills curriculum designed by Saint Mary’s faculty, which includes topics such as time management, organization, goal setting, memory skills, and test-taking strategies. Additionally, all students have access to faculty at the end of the day in tutorial. During tutorial students can schedule an appointment or drop in for help with assignments, test preparation, or to collaborate with their teachers.



ToDo:

- Algebra II
- HCF correction
- Physics exam

A Place to Grow and Explore

Leadership Education

As an all-girls school, we know it's important for you to take on new challenges, stand up for what you believe in, and voice your opinion. Our leadership roles give you real-life training for managing conflict, exercising authority responsibly, and working as part of a team. Some examples of leadership opportunities include:

Student Government Association (SGA)	Class Officers
Day, Boarding, and Global Prefects	Vestry
Technology Prefects	Community Service Committee
Student Ambassadors	Athletic Council
Judicial Board	Intramural Team Captains

Educational Travel

Ethiopia Cultures and Service Trip with Cherokee Gives Back
Language-Immersion in Salamanca, Spain
Australian Educational Exchange with St. Mary's Anglican Girls' School
French Language Exchange in Lyon, France

Advisory Program

At Saint Mary's, you will have regular one-to-one meetings with your academic advisor to help you navigate your high school experience. With an integrated understanding of your academic and personal growth, your advisor is the go-to person for you and your family. Together with your advisor, you are part of an advisory of six students from across grade levels that meets throughout the week.





A Time for Deeper Learning

Virtual Learning

Online learning is nothing new for Saint Mary's School.

Committed to providing girls with a challenging and comprehensive educational experience, Saint Mary's has long employed technology to ensure learning continues through hurricanes, snow storms, and other mitigating circumstances. While the campus may close, learning continues.

In response to the COVID-19 pandemic, Saint Mary's re-imagined the possibilities inherent in its innovative, 21st-century academic program to expand its online learning experience for the longer term.

With a growth-based approach at its center, online learning, like all Saint Mary's programming, is designed specifically for girls and offers myriad opportunities for collaborative and student-driven learning – key competencies that leverage the strength of girls.

“I have thought Saint Mary's to be progressive... and with what is happening today I really feel this is true. I'm amazed at what is being done, and while none of us would have desired this type of spring, I love knowing the girls will be able to accomplish their goals for the year.”

- Saint Mary's Parent, March 2020

While the experiences may look different in a distance-learning space, the design goals are the same: build 21st-century competencies, maintain connectivity, engage girls in their own learning, deepen learning, and minimize stress with an assessment model designed to measure an individual student's growth and success.

Knowing the importance of maintaining connections within a school community, Saint Mary's intentionally builds opportunities for students to connect with teachers outside of class time and with one another into its virtual-learning design. Whether it is an online assembly with the student body, a virtual chapel, a sip-n-chat session with the school nurse, a weekly dorm night on Zoom, or a meeting of a Student Share group – virtual learning at Saint Mary's is designed to ensure every girl is learning, growing, and supported in a virtual world.

Schedule

Our innovative A/B rotation schedule provides eight academic periods of 75 minutes each. (Courses will be 60 minutes each during the 20-21 school year due to COVID-19.) You will meet in your core courses (humanities, English, world languages, mathematics, and science) every other day, which allows time for you to digest class material, work with classmates, and exercise your design thinking. The schedule also provides more choice and access to elective courses.

Four days a week, the fifth period is used for community time with a rotating schedule including chapel, assembly, or advisory. You'll also have a dedicated study period in the rotation, so you can get a jump on your homework and have more time for after-school extracurriculars and activities. Our late start on Wednesdays allows you to catch up on rest, library work, or whatever you need. Class periods are reduced to 70 minutes to accommodate the late start.



SAMPLE SCHEDULE: Week 1

A and B days rotate daily, across the weeks. Therefore, if Week 1 ends on an A-day, Week 2 will begin on Monday with a B-day, and so on.

MONDAY A	TUESDAY B	WEDNESDAY A	THURSDAY B	FRIDAY A
Period 1: English	Period 5: Math	9 a.m. Late Start	Period 5: Math	Period 1: English
Period 2: Seminar	Period 6: Study period	Period 1: English	Period 6: Study period	Period 2: Seminar
Community time	Community time	Period 2: Seminar	Community time	Community time
Lunch	Lunch	Lunch	Lunch	Lunch
Period 3: Economics	Period 7: Science	Period 3: Economics	Period 7: Science	Period 3: Economics
Period 4: Elective	Period 8: World Language	Period 4: Elective	Period 8: World Language	Period 4: Elective
Tutorial	Tutorial	Tutorial	Tutorial	Tutorial

Technology

With Wi-Fi access across campus and your own school-issued convertible laptop tablet, you have what you need to explore, create, and innovate. Our on-campus Help Desk team and student technology prefects are poised to help you make the most of what technology has to offer.

Sarah Graham Kenan Library

A bright, contemporary, and user-friendly center of intellectual life for students and faculty alike, our Kenan Library is home to an extensive collection of digital, full-text periodicals, and e-books, as well as thousands of print volumes, scholarly journals, and magazines. Our full-time library professionals offer research and technology support to strengthen your research skills and enhance your learning.

A Plan for Your Success



Curriculum

As a college preparatory school, we provide an entire curriculum, including many Advanced Placement (AP) courses, that prepares you for college-level work. Everything we do is designed to help you excel in college and life beyond.

ENGLISH

English I: World Voices

English II: Narrative Studies

English II: Western Literature

English III and IV:

- Creative Writing: Fiction
- Creative Writing: Non-fiction
- Women's Detective Fiction
- Gothic Literature
- Portrayals of Femininity
- Coming of Age
- The World of Shakespeare
- Poetry

AP English Language and Composition

AP English Literature and Composition

Teaching Writing with Art-Journaling

ENGLISH AND VISUAL AND PERFORMING ARTS

Artful Compositions: Teaching Writing with Art-Journaling

Teaching Writing with Art of Remix

VISUAL AND PERFORMING ARTS

Theatre Arts

Technical Theatre

Chorale

Chamber Choir

Chamber Music Program (Instrumental Ensembles)

Fundamentals of Music

Applied Music Instruction

Graphic Design and Digital Photography

Art I - IV

Art Portfolio

AP Drawing

AP 2-D Art and Design

Media Arts

Elementary Dance

Intermediate Dance

Advanced Dance

Orchesis Dance Theatre

WORLD LANGUAGES

French I - V

AP French Language and Culture

Latin III - IV

Advanced Latin

AP Latin

Spanish I - V

AP Spanish Language and Culture

SCIENCE

Biology

AP Biology

Chemistry

AP Chemistry

Physics

AP Physics I: Algebra-Based

AP Environmental Science

Marine Science

Astronomy

Principles of Biomedical Science

Human Body Systems

MATH

Algebra I - II

Geometry

Pre-Calculus

Math Analysis

Introduction to Calculus

AP Calculus AB

AP Calculus BC

Multivariable Calculus

Introduction to Statistics

AP Statistics

Introduction to Coding

AP Computer Science A

HISTORY AND SOCIAL SCIENCES

World History I - II

AP World History

United States History

AP United States History

United States Government

AP United States Government and Politics

AP Comparative Government and Politics

AP Psychology

World Religions

Introduction to Ethics

Introduction to Economics

Entrepreneurship: New Ventures

A Network for Your Future

College Counseling

With guidance and encouragement from your Saint Mary's college counselor, you will find the colleges that best fit your academic profile, interests, and goals. With nearly 100 college representatives coming to campus each year, you'll have opportunities to engage with colleges and build knowledge about your ideal match. Your college counselor is here to support you every step of the way!

You don't have to wait until your junior year to start preparing. College counseling is woven into the Seminar program at every grade level. By the time you meet with a college rep visiting campus, you'll have experience with mock interviews, essay writing, and a completed resume.

College matriculation (2018 - 2020)

American University
Appalachian State University (6)
Auburn University
Barton College
Bentley University
Boston College (3)
Boston University
Brandeis University
Brown University
Bryn Mawr College
Bucknell University
Carnegie Mellon University
Centre College
Clemson University (7)
College of Charleston (2)
College of Saint Benedict
Colorado College
Davidson College (2)
Denison University
Duke University (3)
East Carolina University (8)
Elon University (8)
Emory University
Furman University
George Washington University (3)
Georgia Institute of Technology (2)
Georgia State University

High Point University (3)
Indiana University
Louisiana State University
Macalester College
Marist College
Marymount Manhattan College
McGill University
Meredith College (5)
Miami University-Oxford
New York University (4)
North Carolina A & T State University
North Carolina State University at Raleigh (18)
Northeastern University (2)
Oxford College of Emory University
Pratt Institute
Queens University of Charlotte
Randolph-Macon College
Rhodes College (2)
Rockford University
Saint Anselm College
Savannah College of Art and Design (2)
Sewanee: The University of the South (5)
Skidmore College
Southern Methodist University
St. John's University
Texas Christian University
Tufts University
University of Alabama (2)
University of California-Los Angeles (2)
University of California-Santa Barbara (2)

University of Chicago (2)
University of Colorado Boulder
University of Florida
University of Georgia (5)
University of Michigan
University of Mississippi (6)
University of Missouri
University of North Carolina at Asheville
University of North Carolina at Chapel Hill (28)
University of North Carolina at Charlotte (3)
University of North Carolina at Greensboro
University of North Carolina Wilmington (3)
University of Notre Dame (3)
University of Pittsburgh (2)
University of South Carolina (3)
University of Southern California
University of Texas at Austin (2)
University of Washington
University of Wisconsin
Vanderbilt University
Villanova University
Virginia Commonwealth University
Virginia Tech
Wake Forest University (6)
Wake Technical Community College
Washington and Lee University (3)
Washington University in St Louis
Western Carolina University
Wofford College (9)

100%

acceptance rate
to four-year
schools

7

average number
of applications
per student

2.5

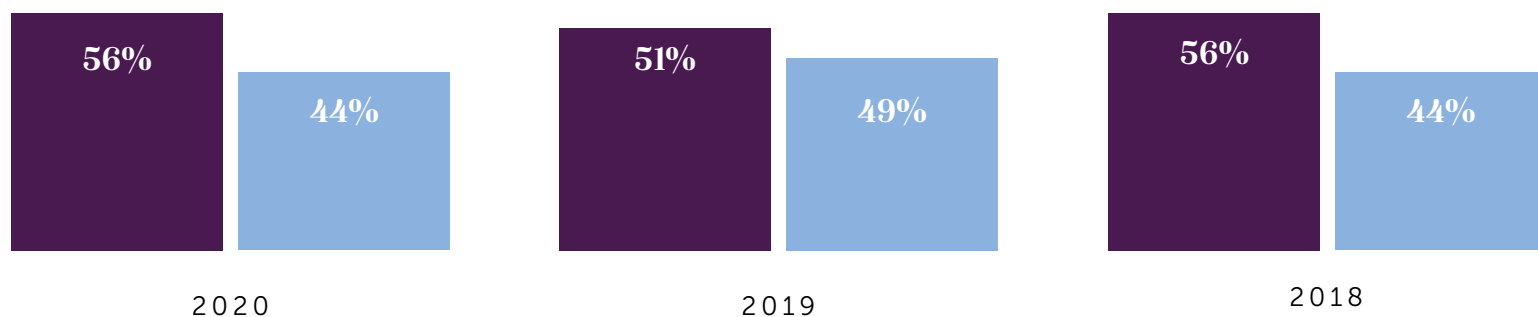
full-time
college
counselors

72%

acceptance rate
of colleges and
universities to which
they applied

College Attendance by Class

■ Out-of-State ■ In-State



College Highlights

Trinity Scholarship
(Duke University, 2020)

Jacobs School of Music
at Indiana (2020)

Musical Theatre Program
at Michigan (2019)

Donald J. Plott Music Scholarship
(Davidson College, 2019)

Jefferson Scholar
(University of Virginia, 2018)

Morehead-Cain Scholar
(University of North Carolina-
Chapel Hill, 2018)

John T. Caldwell Fellow
(N.C. State University, 2018)

Converse Scholars (2018)

Chancellor's Science Scholars
(UNC, 2018 & 2017)

Presidential Scholar
(University of Alabama, 2017 & 2016)

Fellowship in the Arts
(Sewanee, 2017)

John Montgomery Belk Scholarship
(Davidson College, 2016)

Top Enrollment for Southeast (2016 - 2020)

UNC Chapel Hill (43)

NC State University (30)

East Carolina University (15)

Wake Forest University (14)

Sewanee (11)

Elon University (10)

UNC Wilmington (9)

Appalachian State (9)

Wofford College (7)

Washington and Lee University (7)

University of Mississippi (7)

University of Georgia (7)

Clemson University (7)

Davidson College (6)

University of South Carolina (6)

Meredith College (6)

Rhodes College (5)

Emory University (5)

Top Enrollment for Non-Southeast (2016 - 2020)

Boston College (6)

New York University (5)

University of Notre Dame (4)

Northeastern University (4)

George Washington University (4)



Our Talented Faculty

YOUR Teachers

80%
of faculty hold
advanced degrees

6
faculty members
with PhDs

16
years on average
teaching experience

10
years on average
teaching at Saint Mary's

YOUR Support System

1-to-1
academic advising
program

32
faculty and staff
members living
on campus

10,000+
alumnae around
the world



KATHERINE REEDY

Director of Learning Support Services, Residential Faculty

RESPONSIBILITIES:

AP Coordinator, Learning Lab
Coordinator, Special Testing
Coordinator, International Liaison

YEARS AT SAINT MARY'S: 4

DEGREES:

- Ed.D., Educational Leadership | Lynn University
- Master of Arts | Special Education, University of Phoenix
- Bachelor of Arts | Psychology and Philosophy, Saint Olaf College

THE ALL-GIRL ADVANTAGE

"Working in an all girl's environment affords girls opportunities to thrive in ways not seen in co-educational environments. I enjoy seeing how our students are empowered to challenge themselves intellectually, socially, emotionally and spiritually on any given day. Each day I am impressed at what I see the girls accomplish."

FUN FACT

"I love to travel and explore the world – going to remote places and spending time with the wildlife or hiking mountains. From climbing Kilimanjaro to camping and hiking with animals of Zambia, learning moves from books to experiences."



KEVIN GREENWOOD

Instructor of Science

TEACHES: Physics, Chemistry, Astronomy

YEARS AT SAINT MARY'S: 20

DEGREES:

- Ph.D. and Master of Science | Inorganic Chemistry Northwestern University
- Bachelor of Arts | Chemistry major | Japanese minor University of Utah

THE ALL-GIRL ADVANTAGE

"Our students thrive in the all-girl environment at Saint Mary's. Deep, lasting friendships are the norm here. I have never experienced a school quite like this where all voices are heard and respected. Confidence is nurtured and developed until students can speak with both grace and boldness."

FUN FACT

"I play a little piano and like to sing in local choirs; however, my favorite thing to do musically is to compose: anthems, hymns, piano works, string quartets, and other works."



SUZANNE NARBONA

Instructor of Spanish, World Languages Academic Chair, Residential Faculty

TEACHES: Spanish

YEARS AT SAINT MARY'S: 11

DEGREES:

- Oral Proficiency Interviewer certification for the American Council of Teaching Foreign Language
- Master of Arts | Spanish University of South Carolina
- Bachelor of Arts | Spanish University of South Carolina

THE ALL-GIRL ADVANTAGE

"Teaching and learning are designed specifically for girls. That means lessons, projects, and assessments are all tailored for the way girls learn best, so each student's growth is maximized and her understanding deepened. I know girls learn best when they have an authentic task to assess, a meaningful learning goal, an audience, and time for self-reflection. I work to include these elements in all of my classes."

FUN FACT

"I love flamenco music and dance and take classes once a week."



ARTS

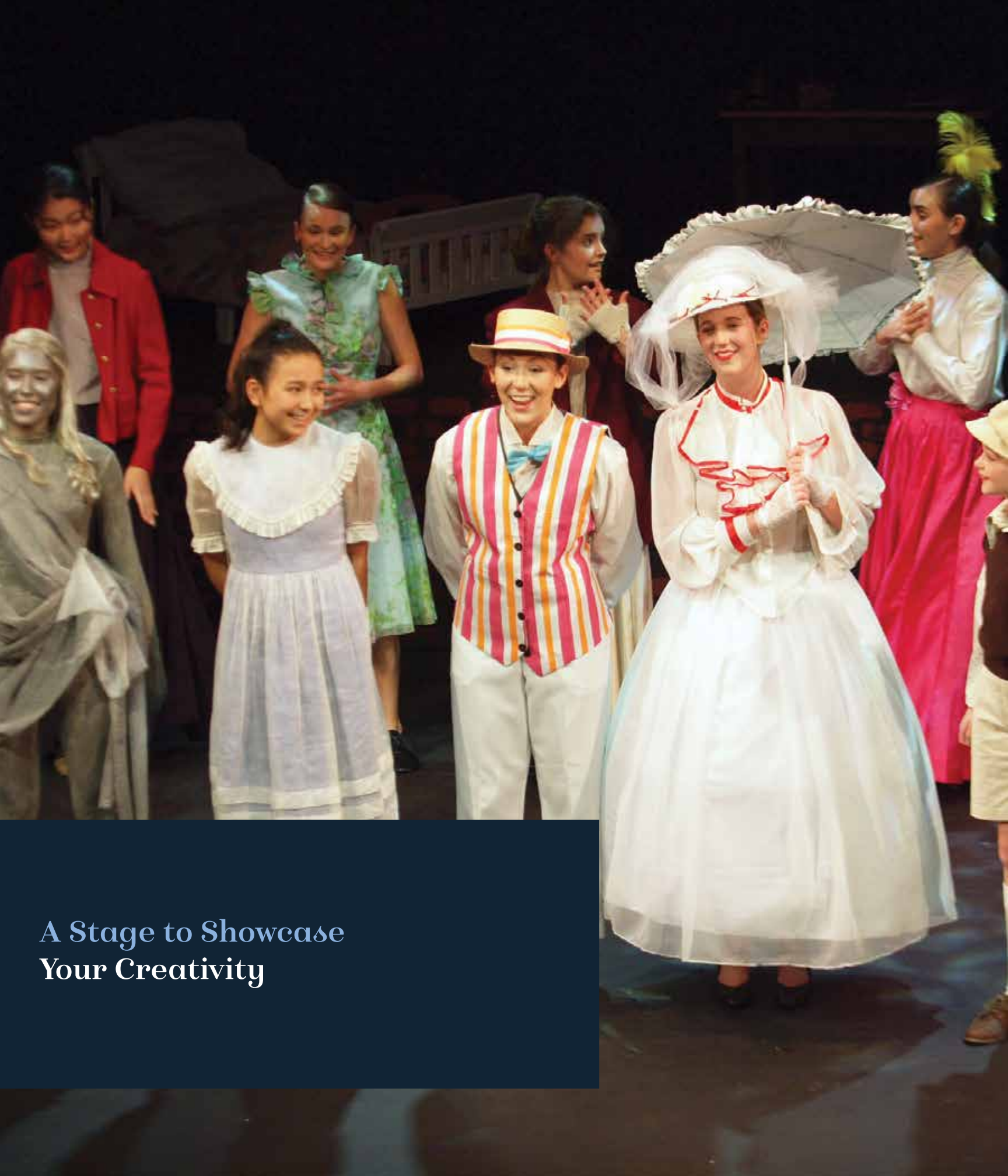
**You already
have the talent.
Now you want
to develop it.**

At Saint Mary's School, we nourish your imagination and nurture your talents. With so many arts opportunities available on campus, you can explore your artistic side as you try something new or pursue what you already love.

Whether you choose a piano, a pencil, or ballet shoes, our dedicated arts faculty and unique access to Raleigh's rich arts scene create the perfect opportunity for you to discover and express your creative voice.







A Stage to Showcase
Your Creativity

Drama

Learn the crafts of acting, stage movement, set and costume design, and technical production. Experiential learning opportunities like these enrich your dramatic flair:

- Saint Mary's fully-staged fall play, winter production, and spring musical productions
- Master classes with guest artists
- Partnerships with local arts organizations
- Technical theatre, including costuming, hair, make-up, scenic painting, props, set construction, lights, and sound

Dance

Talented instructors help build your confidence, strengthen your body, and refine your technique through:

- Extensive training in ballet and modern dance, beginner to advanced levels
- Additional coursework in jazz, hip-hop, yoga, and conditioning
- Special guest instructors
- Membership, by audition, in our resident student dance company, Orchesis Dance Theatre, with opportunities to choreograph and perform in concert twice a year

Voice & Music

Master the language of music through lessons, performances, and other opportunities like:

- Instrumental and vocal ensembles
- Individual, on-campus lessons with expert instructors in voice, guitar, piano, violin, flute, and more as required by student interest
- Performance opportunities throughout the year, including student recitals, state competitions, and Raleigh events
- Critically-acclaimed free concert series with professional musicians at our acoustically superb Smedes-Emory Parlor

Art

The mediums for visual arts today are endless, from paintbrushes to 3D printers. At Saint Mary's School, you can sharpen your artistic skills through:

- Sequential coursework and electives, including AP Studio Art
- Graphic design and digital photography
- Regular field trips to area exhibits and galleries
- Student art exhibits on campus and in local venues
- Access to Raleigh's extensive arts community, including Artspace and First Friday exhibits

ATHLETICS

**You aren't
interested in
participation
trophies.**

**You want a new
personal best.**

At Saint Mary's School, we know there are lessons that can be learned only through competitive sports. Our amazing coaches and trainers will push you to strengthen your body, mind, and spirit, encouraging you to always give your best on and off the field.

As you sharpen your skills through rigorous training, our athletics programs teach you the sportsmanship, teamwork, self-sacrifice, and accountability you need to win the game, to land that college scholarship, and to remain confident and competitive in life.







A Field of Opportunities Awaits You



Competition

Saint Mary's School competes in 11 sports regionally as a member of the Triangle Independent Schools Athletic Conference (TISAC) and statewide in the North Carolina Independent Schools Athletic Association (NCISAA 4A Classification). Our athletics program accommodates a range of skill levels and encourages healthy competition.

Facilities

Central to our athletic facilities is Nimocks Field, home to the Saints' soccer, lacrosse, and field hockey teams. Our campus is also equipped with six tennis courts and the Ann Moore Bacon Gymnasium and Natatorium complex, which houses an indoor swimming pool, a physical fitness center, and three sprung-floor dance studios.

Triangle Fitness

Our after-school fitness program for all students, Triangle Fitness, is designed to exercise the mind, body, and spirit. To fulfill the graduation requirement, students must complete 10 Triangle Fitness credits, which can be earned through participation in team sports, after-school dance classes, and drama and/or musical performances.

	VARSITY SPORTS	JUNIOR VARSITY SPORTS
Fall	Cross Country Field Hockey Golf Tennis Volleyball	Cross Country Field Hockey Golf Tennis Volleyball
Winter	Basketball Swimming	Basketball
Spring	Lacrosse Soccer Softball Track and Field	Lacrosse Soccer



You've embraced your individuality. Now you want to join a strong community.

Whether you're a boarding or day student, you'll enjoy a new level of independence at Saint Mary's. Here, you are safe and supported as you spread your wings, take risks, and try new things.

No matter your residential status, you'll have access to amazing facilities and resources well beyond the school day. Sign up for fun school-organized weekend activities or participate in student-led club events. Catch a theatre performance in Pittman Auditorium or just relax in Lower Smedes with friends. A strong sense of community is central to all aspects of campus life — all day, every day.



SIGMA

MU



A Place to Call Home



Residential Life

Life at Saint Mary's School is your stepping-stone to independence. Boarding school prepares you for college and life like no other educational environment. Through purposeful experiences, a nurturing faculty support system, lifelong friendships, and endless opportunities to try new things, boarding at Saint Mary's provides a safe space for you to spread your wings and transform into the person you want to become. The immersive environment fosters your potential as you develop greater independence, empathy, responsibility, and self-discipline. You will find your family grows to include classmates and caring adults who walk with you in friendship and encouragement. You and your roommate will live beside dorm prefects who are there to organize dorm activities and help you with all things Saint Mary's. Residential faculty and their families also live on every floor of our residence halls, giving you a real "home-away-from-home" feeling and all the support you need.

Our 24/7 campus means you have more time to satisfy your curiosity, get to know your teachers outside the classroom, and build friendships with girls from around the state, the country, and the world! From community dinners to special dorm events, weekend activities, and off-campus outings, living on campus enriches your life and ensures a one-of-a-kind high school experience.

WEEKENDS

Weekends are never boring at Saint Mary's. Enjoy a movie night and baking with one of our residential faculty families. Stroll through the farmers market on a Saturday afternoon or volunteer at a local food bank. With all our downtown location has to offer, you could attend a keynote address from a leading woman entrepreneur or check out a local cultural festival. Take a road trip to North Carolina destinations like the U.S. National Whitewater Center, historic sites, or our beaches and mountains. Or sleep late, walk to lunch with friends, and join a group on a much-needed Target run. You are free to do as much or as little as you want.

COMMUNITY NIGHT

You will find a tight-knit community is part of life at Saint Mary's and community dinners are just one way we keep our community connected. Every Sunday and Wednesday evening you will have dinner with your community night table of students as well as one or two residential faculty members and their families. Community dinners offer a chance for you to build relationships with community members you may not interact with during your regular school day and offer fun thematic meals.



Overnights

Want a change of scene? Spend the night at a friend's house or maybe head home for the weekend. You could even invite a friend to spend the night with you on campus!



Evening Study Hall

Proctored by prefects and residential faculty, our two-hour, Monday-Thursday study halls let you collaborate with friends, get extra help from your teachers, and keep you on track with your studies.



A Place to Stretch Your Wings

Student Life

Saint Mary’s knows you want more than just a classroom experience. That is why our Academic and Student Life teams work together to make sure your Saint Mary’s experience doesn’t end with your last class of the day. You will find the possibilities are endless for you to explore your interests, and discover who you are and who you want to become.

Leadership education is integrated into all activities across campus. You will be challenged to ask questions and examine the “why” of things as you are empowered to speak up and speak out. You will enjoy the freedom to be you – the REAL you, as you develop a personal sense of accountability and respect for yourself and others. And you will utilize the resources found in our urban Raleigh location, to contemplate how your actions impact our school, our wider community, and even our world.

Whether joining a club, running for student government, dancing the night away at Winter Formal, traveling to a mixer off campus, or working in the school’s community garden, you will be an important part of our vibrant living and learning community. And no matter what you choose to do, you can be sure your classmates and the network of dedicated adults will be there to encourage and celebrate you every step of the way.

DINING

At Saint Mary’s, dining is as much a social opportunity as it is a time for nourishment. Share a breakfast, lunch, or dinner in Chan-Poyner dining hall for inspiring conversation with friends and faculty. Boarding students are provided three meals a day and continental breakfast on weekends. Day students get weekday breakfast and lunch — and are welcome to stay for dinner. Aldert’s Corner in the student center in Lower Smedes Hall provides round-the-clock access to healthy snacks and treats.

HEALTH & WELLNESS

Campus life is designed to support your health and well-being. But if you do get sick, you can access Saint Mary’s School’s Binder Health Center around the clock. The director lives on campus and works with a qualified nursing staff to care for all your health needs. Our Raleigh location means access to excellent health facilities in the Triangle if assistance beyond our nursing staff’s capabilities is needed. Two full-time, residential counselors offer wellness training and support on campus. Whether you’re looking for someone to talk to or just want to know more about how to be healthy, the Saint Mary’s health and wellness team is here for you.

SAFETY

Your safety is always our priority. The security team at Saint Mary’s School is dedicated to keeping our campus safe 24/7, so you don’t have to think about it. Every campus building, including each dorm, is passcode-protected, and multiple security gates monitor vehicle access.

A Sampling of Our 30+ Clubs and Organizations

- National Honor Society
- Environmental Club
- Model United Nations
- International Thespian Society
- Black Student Union
- Science Olympiad
- Ski Club
- FOCUS (Fellowship of Christians in Universities and Schools)
- Folding for Fun Club
- Human Rights Alliance
- International Culture and Language Clubs
- Personal Finance Club



Our Broader View

If being in the center of a thriving, forward-thinking city making national headlines for its innovation, quality of life, and entrepreneurial energy is for you, then you will love Raleigh.

Described in a January 2019 *Washington Post* article as “sneaky cool,” North Carolina’s capital city of Raleigh offers everything from modern art to Broadway theatre to state-of-the art science museums, historical sites, and award-winning restaurants. Saint Mary’s picturesque, 23-acre campus sits right in the heart of all the action – offering you both easy access to urban life and a peaceful oasis in the midst of all the hustle and bustle. You can enjoy music, dance and theatre at the Duke Energy Center, walk to Cameron Village for dinner and shopping, visit the amazing N.C. Museum of Natural Sciences or head to Fayetteville Street for an arts and music festival. It is all within easy walking distance of our gated campus.

And with Research Triangle businesses and leading universities just minutes away, think of all the opportunities you will have to meet and learn from experts in technology, innovation, and fields not yet imagined! Observe the state legislature in action with your U.S. Government class, visit the North Carolina Museum of Art as part of your studio art course, or participate in annual events like BugFest and Darwin Day at the award-winning North Carolina Museum of Natural Science. It’s all here waiting for you at Saint Mary’s in Raleigh, North Carolina!

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Ranked #2 of 10 best big cities to live in (2018 Money)

2

hours from the beach

3

hours from the mountains

20

minutes from Raleigh-Durham International Airport

10

minute walk to North Carolina State Capitol, N.C. Museum of Natural Sciences, Contemporary Art Museum of Raleigh, and more





TRADITIONS

**You know plenty of
schools have history.
But you want to
be part of a legacy.**

For almost two centuries, Saint Mary's School has inspired girls to become women who make their mark in the world. Through those years, we've cultivated enduring traditions to mark important milestones, honor achievements, and celebrate girls.

As a student here, you are an integral part of our rich history. Together with your classmates, you will imagine new and relevant traditions to shape the Saint Mary's legacy for generations of girls to come.

A Community
Built on Traditions





Annual Events

You'll look forward to yearly events that bring us all together for encouragement, inspiration, and a lot of fun. Some of these events include Sigma-Mu Day, Spirit Week, Lighting O' the Grove, Honor Week, Winter Formal and Prom, Spring Fling, and Commencement.

School Ring

As part of Saint Mary's School, you belong to an extended family of women reaching around the globe and across generations. One of the ways we celebrate those connections is with our signature black onyx school ring. Bearing the school seal and your class year, your ring forever unites you with Saint Mary's alumnae near and far.



Honor Code

We operate according to an Honor Code based on living truthfully and learning with integrity. Our inclusive culture and supportive community allow you to be your best self and grow as a young woman of character, honor, and compassion.

Our Episcopal Heritage

At the heart of our legacy is our rich Episcopal heritage. This heritage informs our values and calls us to respect the worth and dignity of all as we strive for justice and peace among all people.

Spiritual life on campus is centered on our historic Saint Mary's Chapel, where a student vestry works closely with our chaplain, who leads worship and spiritual formation programs. Our chaplain is available to the entire Saint Mary's School community for pastoral care, counseling, and spiritual guidance.

We gather for chapel twice a week and often enjoy hearing a Word of the Day from guest speakers of different faiths and backgrounds. We welcome the Bishop of the North Carolina Episcopal Diocese to campus each year for a special chapel service. We are proud members of the National Association of Episcopal Schools.



A Tradition of Service

Moving forward in life requires giving back. Here, you're encouraged to use your gifts to serve others in the community and around the world. We have organized group volunteer opportunities, but you can also serve in ways that meet your unique interests.

Throughout your time here, you'll participate in service learning through seminar programs and the Martin Luther King, Jr. Day of Service. School-sponsored community service activities are offered as part of each weekend's activities.

Our 9th-grade students are required to complete 20 hours of service, and we certify students in all grade levels who want to participate in the Presidential Volunteer Service Award program. Like many of our girls, you may go above and beyond what's required as you discover the joy of giving to others.



Admission

At Saint Mary's School, you're more than a student. You're a member of a very special community dedicated to your transformation. Through academics, activities, and relationships, we celebrate your uniqueness and develop your potential. Whatever your background, religion, ethnicity, or nationality, you are a distinctive voice contributing to our incredible chorus. This is your chance to challenge yourself, stretch your boundaries, and shine your light in the world.

Visit Us

Come see what makes us special. And while you're here, we'd love to learn what makes you special, too. What are your goals? Where do you see your future? We want to hear all about it. When you come, you can immerse yourself in campus life — take a tour, sit in on a class, eat in the dining hall, even stay overnight in a dorm.

For information or to plan your visit, call our admission office at 919.424.4100.

How to Apply

Visit sms.edu to learn about our application process, campus visits, SSAT testing, and application deadlines.

Financial Aid

Saint Mary's School is committed to helping families make an exceptional education available to all qualified students. Generous need-based financial aid and merit-based scholarships are available. Admission decisions are "need blind" and made independently of financial aid requests. For more information, call our financial aid office at 919.424.4007.

**An Open Door to
Your Future**

Opportunity. Community. Confidence. Independence.

Find what you need at sms.edu.





900 Hillsborough Street, Raleigh, NC 27603 | 919.424.4100 | [sms.edu](https://www.sms.edu) | admission@sms.edu

You've got this.

Find what you need at [sms.edu](https://www.sms.edu). Saint Mary's School is an independent, college-preparatory, Episcopal, boarding and day school serving girls in grades 9 through 12. Saint Mary's School is a not-for-profit 501(c)(3) organization governed by a Board of Trustees. It is accredited by the Southern Association of Colleges and Schools (SACS) and the Southern Association of Independent Schools (SAIS) and is a member of the National Association of Independent Schools (NAIS), the North Carolina Association of Independent Schools (NCAIS), the National Association of Episcopal Schools (NAES), the National Coalition of Girls' Schools (NCGS) and The Association of Boarding Schools (TABS).