AMSA ADVANCED MATH & SCIENCE ACADEMY
INTEGRITY • EXCELLENCE • COMMUNITY
201 Forest Street, Marlborough, MA 01752
OFFICE OF SCHOOL NURSE
Phone 508 597-2475/2473 Medical FAX 508 597-2494

IMPORTANT PLEASE READ

Dear Parents/Guardians

If medication(s) is required for administration for next school year (08-25-21 to 06-22) please remember to follow these important steps:

- Download the appropriate forms from our website. Parents will be able to download the forms from our website, https://www.amsacs.org/, as of June 30, 2021. (Click Parents-HealthOffice-Medical Forms).
- Orders must be written, and are only active, during the current school year. (Need to be dated after 07-01-21)
- **Physicians have their own office forms for medication orders and actions plans (allergy/asthma/diabetic/seizure action). It is the parents responsibility to request these forms from your child's physician. Please remeber we cannot administer medications without those forms.**
- **Physicians must provide medication orders that include the name of the medication, form of medication (tablet/capsule/ liquid/injection), frequency, times of administration, diagnosis for which medication is being ordered and any side effects or specific directions/information for administration.**
- **Physicians must provide any action plans. If your child is having medication ordered for allergies/asthma/ diabetes/seizures, then the Physician must supply an Action plan for that specific medication.**
- No order can be accepted that is dated before 07-01-21. Please have the physician date the orders accordingly.
- Remember **only one medication per order form** Please copy or print additional forms from the website if more forms are needed.
- Please review the AMSACS medication administration policy.
- Bring medications to school before the first day of school in original container. You may call the health office **after 08-25-21** to arrange drop off. No student is allowed to carry any medications to school, even over-the-counter medications.
- We have included a check list (on the back of this form) for your convenience. **Please print double sided**.

Thank you and have a healthy, happy safe summer ☺

Shannon Zervos, RN (Grades 10-12)
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PARENT MEDICATION CHECK LISTS

Checklist for Required Paperwork for **Epinephrine Orders**

PHYSICIAN TO PROVIDE

1. ______ Physician's Order Form
2. ______ Allergy Action Plans (If your child's MD does not have an action plan he/she must send a note stating they do not have action plan one and why.

Parent to Complete:

1. ______ Parent's Permission for Epinephrine Administration
2. ______ Parent's Permission for Antihistamine Administration (if applicable)
3. ______ Epinephrine Contract to carry if applicable
4. ______ Antihistamine Contract to carry one dose only (if applicable)
5. ______ Allergy History (Only if your child is entering grade 06 or 09, or entering AMSACS for the first time regardless of grade)

Checklist for Required Paperwork for **Metered Dose Inhalers**

PHYSICIAN TO PROVIDE:

1. ______ Physician's Order Form
2. ______ Asthma Action Plans (If your child's MD does not have an action plan he/she must send a note stating they do not have action plan one and why.

Parent to Complete:

1. ______ Parent's Permission for Metered Dose Inhaler Administration
2. ______ Metered Dose Contract to carry
3. ______ Asthma History (Only if your child is entering grade 06 or 09, or entering AMSACS for the first time regardless of grade)

Checklist for Required Paperwork **for Other (prescription/Over the Counter) Medications (Daily/PRN)**

PHYSICIAN TO PROVIDE

1. ______ Physician's Order Form
2. ______ Physicians Action plan, if applicable for Diabetic/Seizure Medications Only

Parent to Complete:

1. ______ Parent Consent Form
2. ______ Diabetic/Seizure Contracts to carry diabetic supplies and medications.

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PARENT/GUARDIAN CONSENT FOR PRESCRIPTION
EPINEPHERINE AUTO-INJECTOR MEDICATION ADMINISTRATION 2021-22

Name of Student ______________________________ Date of Birth: ________Grade 6 7 8 9 10 11 12

My son/daughter is currently receiving the following medications: (please list all medications the child is receiving, including those given during the school day.)

1. ___________________ 2. _____________________ 3. _______________________4. ___________________

My son/daughter has the following food or drug allergies and may require the use of epinephrine according to my child's physician: ____

I consent to have the school nurse or his/her delegate administer the medication ***Epinephrine Auto Injector*** as prescribed by my child's physician.

1. I give permission to allow the administration of epinephrine by auto-injection to my child by the school nurse or in the absence of the school nurse, by an unlicensed school member who has been Epinephrine Auto-injector trained, in the event of an emergency. I also allow the school nurse to share with appropriate school personnel information relative to this medication administration plan.
2. I give permission for my child to self-administer medication, if the school nurse determines it is safe and appropriate (check one) ______ yes ______ no
3. I give permission to the school nurse to share information relevant to the prescribed medication administration as he/she determines appropriate for my child's health and safety.
4. I agree to provide unexpired medications in the original, properly dated and labeled container. I will keep a dosage count and record of expiration date at home and will deliver refills as needed. I will promptly pick up any unused/expired medications. I understand I may retrieve the medication from the school at any time; however, the medication will be destroyed if it is not picked up within one week following termination of the order or on the last day of school closing in June 2022
5. How do you want to handle epinephrine administration during times when your child is attending a school function/event after school hours (clubs/sports, etc.), on during off school activities during day/overnight field trips? Please check one.
   a. ☐ COP (Carries on Person @ all times)
   b. ☐ FTAS (Carries only on field trips and afterschool activities)
   c. ☐ DNC (Does not carry Chaperone to carry and be with student during entire event)
   d. ☐ Parent to attend field trip/activity

__________________________________ ______________________ ____________

Parent/Guardian Signature **Relationship to student** **Date**

If your child's allergy action plan includes an antihistamine such as Benadryl/Zyrtec please complete the second parent permission sheet on the reverse of this form.

FOR HEALTH OFFICE USE ONLY

Allergy history on file: ☐ Grade 06 Date: ________________ ☐ Grade 09 Date: ___________________

Possible Side effects and Required Storage Conditions: See attached form(s) Name of Medication: ________________________

Date. received __________ amount ________________________delivered by ____________ expires on: ____/____/____

Disposition of Medication: ☐ Finished Date_________ ☐ Returned to parent/guardian Date: __________________ ☐ Given to Student Date: ____________ ☐ Disposed- Witness_________ Date: __________

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PARENT/GUARDIAN CONSENT FOR PRESCRIPTION
ANTIHISTAMINE MEDICATION ADMINISTRATION 2021-22

Name of Student ______________________________ Date of Birth: ________Grade 6 7 8 9 10 11 12

I consent to have the school nurse or his/her designee administer antihistamine medication as prescribed by my child's physician.

1. I give permission to allow the administration of antihistamine to my child by the school nurse or in the absence of the school nurse. I also allow the school nurse to share with appropriate school personnel information relative to this medication administration plan.

2. I give permission to the school nurse to share information relevant to the prescribed medication administration as he/she determines appropriate for my child's health and safety.

3. I agree to provide unexpired medications in the original, properly dated and labeled container. I will keep a dosage count and record of expiration at home and will deliver refills as needed. I will promptly pick up any unused/expired medications. I understand I may retrieve the medication from the school at any time; however, the medication will be destroyed if it is not picked up on the last day of school closing in June 2022.

4. During times when your child is attending a school event after school hours, such as clubs/sports, or during off school grounds activities, and during day/overnight field trips, the ability to carry one dose of tablet/capsule form of an antihistamine is possible only if the school nurse approves. Please check which option you prefer:

   ☐ **Contract to Carry for field trip and after school activities (FTAS)**. This status permits the student to carry **only one dose of a tablet/capsule form of an antihistamine** to self-administer if needed on field trips only when no nurse is on the trip. This also allows student to carry one dose only for afterschool activities/clubs/sports. In both situations' student agree to immediately inform chaperone/club leader/coach if they need to self-administer.

   ☐ **Does not need for field trips, off school grounds and afterschool activities**. Epinephrine to be utilized when no antihistamine is available. **Field trip, no nurse present**: The school nurses cannot delegate PRN medication including antihistamines. (Board of Registration in Nursing; 244 CMR 3.05)

___________________________________ ______________________ ____________

Parent/Guardian Signature **Relationship to student** **Date**

FOR HEALTH OFFICE USE ONLY

Allergy history on file: ☐ Grade 06 Date: ________________ ☐ Grade 09 Date: ___________________

Possible Side effects and Required Storage Conditions: See attached form(s) Name of Medication: ___________________________

Date. received __________ amount ________________________delivered by ____________ expires on: ____/____/____

Disposition of Medication: ☐ Finished ☐ Returned to parent/guardian ☐ Given to Student ☐ Disposed- Witness_________

Date: ______________ Date: __________________ Date: ____________ Date:_____________________

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Contract for Permission to Carry and Self Administer Epinephrine Auto-injector 2021-22

Name of Student: ____ Grade: 6 7 8 9 10 11 12

To be completed by the Parent/Guardian:

Qualified students will be allowed to carry their Epinephrine Auto-injectors with them in school and on field trips at the discretion of the school nurse. Parents only need to sign the agreement. The school nurse and your child complete the rest of the form. Please contact the School Nurse if there are any changes to your child's medication and/or treatment plan during the school year.

I request that my child be permitted to carry on his/her person the medication that has been prescribed. My child has been instructed in and understands the purpose, appropriate method, frequency and use of his/her medication. My child understands that he/she is responsible and accountable for carrying and using his/her medication. My child understands that he/she will be responsible for carrying and self-administering this medication under the contract agreement level checked below. It is understood that if there is irresponsible behavior or safety risk, the privilege of carrying his/her medication will be rescinded. I will support my child in following the agreement

Parent/Guardian Signature: ____ _ Date:________________

CONTRACT AGREEMENT: Check One
- ☐ **COP (Carries on person at all times)**
- ☐ **FTAS (Field Trips/Sports/ After School Activities)**
- ☐ **DNC (Does Not Carry. Chaperone/coach/club leader carries and student to be with them for duration of event)**
- ☐ **Other to be determined by Sch. Nurse:** ____________________________________

To be completed by School Nurse and Student

Physicians order for this medication is on file in the Health Office	Yes ☐	No ☐
Student is consistently able to name and identify the correct medication, knows the correct dosage, time it needs to be administrated and purpose of the medication	Yes ☐	No ☐
Student can explain the proper storage requirements of his/her medication and agrees to follow those medication storage requirements	Yes ☐	No ☐
Student demonstrates safe and correct use/administration of medication using an Epinephrine trainer and agrees to carry only the amount of medications required.	Yes ☐	No ☐
Student agrees to be responsible to provide and carry his/her own Epinephrine on field trips/after school activities/sports. If student forgets to bring his/her Epinephrine, & there is no backup in H.O. then 911 will be called if medication is required	Yes ☐	No ☐
Student agrees that after administering this medication he/she will immediately inform a faculty member call 911.	Yes ☐	No ☐
Student realizes his/her responsibility in carrying his/her own medication(s) and agrees ***NEVER*** share the medication(s) with others.	Yes ☐	No ☐
Student agrees to maintain a backup Epinephrine in the health Office	Yes ☐	No ☐
The student understands that the privilege of carrying and administering his/her own medication(s) will be rescinded if he/she does not follow the above agreement.	Yes ☐	No ☐

Expiration date on Medication in Health office is _____________ Expiration date on Medication student is carrying is ________

Amount of medication student can carry ☐ One Epinephrine Autoinjector ☐ Two Epinephrine Autoinjectors

I give permission to notify staff of my plan of self-administration. I understand that if I do not follow the plan of self-administration according to guidelines stated above, or misuse my medication in any way, this agreement will be immediately terminated. Written notification of termination will be sent by nurse to my parents and teachers within 24 hours.

Student Signature: Date:

This student ☐ does ☐ does not demonstrate the required responsibilities
This student ☐ may ☐ cannot carry/self-administer the medication.

Nurse Signature: Date:

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Contract for Permission to Carry and Self Administer Antihistamines for Allergic Reactions 2021-22

Name of Student: ____ Grade: 6 7 8 9 10 11 12

To be completed by the Parent/Guardian: *Qualified* students will be allowed to carry **one dose, in tablet/capsule form only, of an antihistamine** with them on field trips, afterschool events such as clubs /sports **only**. And at the discretion of the school nurse. Parents only need to sign the agreement. The school nurse and your child complete the rest of the form. Please contact the School Nurse if there are any changes to your child's medication and/or treatment plan during the school year**.**

I request that my child be permitted to carry on his/her person the medication that has been prescribed. My child has been instructed in and understands the purpose, appropriate method, frequency and use of his/her medication. My child understands that he/she is responsible and accountable for carrying and using his/her medication. My child understands that he/she will be responsible for carrying and self-administering this medication under the contract agreement level checked below. It is understood that if there is irresponsible behavior or safety risk, the privilege of carrying his/her medication will be rescinded. I will support my child in following the agreement

Parent/Guardian Signature: ____ Date: ______________

CONTRACT AGREEMENT ☐ **FTAS (is for Field Trips/Sports/School Clubs/After School Activities Only)** □ **Decline Antihistamine CTC (Antihistamine will not be available @ FTAS activities epinephrine will be administer)**

To be completed by School Nurse and Student		
Physicians order for this medication is on file in the Health Office	Yes ☐	No ☐
Student is consistently able to name and identify the correct medication, knows the correct dosage, time it needs to be administrated and purpose of the medication	Yes ☐	No ☐
Student is consistently able to explain the purpose of the medication and when it is to be taken. Is able to determine when Epinephrine is to be administered and when Antihistamine is to be administered.	Yes ☐	No ☐
Student can explain the proper storage requirements of his/her medication and agrees to follow those medication storage requirements	Yes ☐	No ☐
Student demonstrates safe and correct use /administration of medication.	Yes ☐	No ☐
Student agrees to be responsible to provide and carry his/her own Antihistamine on field trips. If student forgets to bring his/her Antihistamine (there is no backup in H.O), then the student is allowed to attend the field trip and agrees to administer their Epipen if any symptoms of allergic reactions arise.	Yes ☐	No ☐
Student agrees to carry only the amount of medications required.	Yes ☐	No ☐
Student agrees that after administering this medication he/she will immediately inform a faculty member and remain with the faculty member for one hour and if symptom resolve after that hour, they may rejoin without being beside a chaperone.	Yes ☐	No ☐
Student realizes his/her responsibility in carrying his/her own medication(s) and agrees ***NEVER*** to share the medication(s) with others.	Yes ☐	No ☐
The student agrees to immediately notify his/her chaperone/club leader/coach with any questions, concerns, or adverse side effects.	Yes ☐	No ☐
Student agrees to maintain backup Epinephrine in the health Office	Yes ☐	No ☐
The student understands that the privilege of carrying and administering his/her own medication(s) will be rescinded if he/she does not follow the above agreement.	Yes ☐	No ☐
Expiration date on Stock Antihistamine in HO that will be utilized during school hours is **06-30-22** Expiration date on Medication student is carrying is ____________		
Amount of medication student can carry is one dose of antihistamine, in tablet/capsule form only, as ordered by MD. Name of Antihistamine: Dose:		
I give permission to notify staff of my plan of self-administration. I understand that if I do not follow the plan of self-administration according to guidelines stated above, or misuse my medication in any way, this agreement will be immediately terminated. Written notification of termination will be sent by nurse to my parents and teachers within 24 hours. Student Signature: Date:		
This student ☐ does ☐ does not demonstrate the required responsibilities. This student ☐ may ☐ cannot carry/self-administer Nurse Signature: Date:		

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Allergy Health History 2021-22 (to be completed by parent/guardian)

THIS FORM IS REQUIRED ONLY FOR STUDENTS ENTERING 6TH GRADE, ENTERING 09TH GRADE, AND ENTERING AMSACS AS A NEW STUDENT IN ANY GRADE.

Name: ____ **Grade:** 6 7 8 9 10 11 12 **Date:** ______

1. **Does your child have a diagnosis of an allergy from a healthcare provider?** ☐ **No** ☐ **Yes**
2. **History and Current Status**

a. What is your child allergic to?

☐ Peanuts ☐ Tree Nuts (walnuts, pecans, etc.)
☐ Eggs ☐ Insect Stings
☐ Milk ☐ Fish/Shellfish
☐ Soy ☐ Chemicals
☐ Latex ☐ Vapors
☐ Other: ________________________

b. Age of student when allergy discovered: _______
c. How many times has student had a reaction?
☐ Never ☐ Once ☐ More than once, explain:
____
d. Explain their past reaction(s):
____
e. Symptoms: _________________________________
f. Are the allergy reactions: ☐ Same ☐ Better ☐ Worse

3. **Trigger and Symptoms**
   a. What are the early signs and symptoms of your student's allergic reaction? (Be specific, include things the student might say____
   ____
   b. How does your child communicate his/her symptoms? _____________________________________
   c. How quickly do symptoms appear after exposure to allergen? ☐ Secs. ☐ Mins. ☐ Hours ☐ Days
   d. Please check the symptoms that your child experienced in the past:

Skin: ☐ Hives ☐ Itching ☐ Rash ☐ Flushing ☐ Swelling (face, arms, hands, legs)
Mouth: ☐ Itching ☐ Swelling (lips tongue, mouth)
Abdominal: ☐ Nausea ☐ Cramps ☐ Vomiting ☐ Diarrhea
Throat: ☐ Itching ☐ Tightness ☐ Hoarseness ☐ Cough
Lungs: ☐ Shortness of breath ☐ Repetitive Cough ☐ Wheezing
Heart: ☐ Weak pulse ☐ Loss of Consciousness

4. **Treatment**

a. How have past reactions been treated? ____
b. How effective was the student's response to treatment? _________________________________
c. Was there an emergency room visit? ☐ No ☐ Yes, explain: ______________________________
d. Was the student admitted to the hospital? ☐ No ☐ Yes, explain: __________________________
e. What treatment or medication has your healthcare provider recommended for use in an allergic reaction?
____
f. Has your healthcare provider provided you with a prescription for medication? ☐ No ☐ Yes
g. Have you used the treatment or medication? ☐ No ☐ Yes
h. Please describe any side effects or problems your child had in using the suggested treatment: _______________

5. Self-Care

a. Is your student able to monitor and prevent their own exposure? ☐ No ☐ Yes

b. Does your student:

1. Know what food/allergen to avoid ☐ No ☐ Yes
2. Ask about food ingredients ☐ No ☐ Yes
3. Read and understand food labels ☐ No ☐ Yes
4. Tell an adult immediately after an exposure ☐ No ☐ Yes
5. Wear a medical alert bracelet, necklace, watchband ☐ No ☐ Yes
6. Tell peers and adults about the allergy ☐ No ☐ Yes
7. Firmly refuse a problem food/allergen ☐ No ☐ Yes

c. Does your child know how to use emergency medication? ☐ No ☐ Yes

d. Has your child ever administered their own medication? ☐ No ☐ Yes

6. Family/Home

a. Does your child carry epinephrine in the event of a reaction? ☐ No ☐ Yes

b. Has your child ever needed to administer that Epinephrine? ☐ No ☐ Yes

c. Do you feel your child needs assistance in coping with his/her food allergy? ☐ No ☐ Yes

d. How do you want to handle?

Field trips: ________________________________Overnight Field trips: ___________________________

After school activities: i.e. sports/clubs: ____

Food events: ______________________________ Travel to and from school: ______________________

Gym: ____________________________________

e. Do you want your child to have a "Contract to Carry" their Epinephrine ☐ No ☐ Yes, please check status of contract: ☐ Carries on Person (will always carry)

☐ Field trips and after school act. only

☐ Do not want to carry (teacher/coach, will be students buddy on all trips)

7. General Health

a. How is your child's general health other than their allergy? ___________________________________

b. Does your child have other health conditions? ____

c. Hospitalizations? ____

d. Does your child have a history of Asthma? ☐ No ☐ Yes

e. If yes, does he/she have a rescue metered dose inhaler? ☐ No ☐ Yes

f. What is the Name of your Childs Inhaler? ____

g. Does he/she have an Asthma Action Plan ☐ No ☐ Yes

h. Please list any and all medications (prescribed/over the counter) that your child is currently taking

____

i. Please add anything else you would like the school to know about your child's health.

Parent/Guardian Signature: ____ **Date:** ____________

Please be aware that if you feel your child has needs beyond the physicians and nurse's allergy action plans you may call Guidance for a 504 Plan