



THE BEAGLE

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Saint Joseph School



Celebrating Our Graduates!



Eighth Grade Reflection

Through our years at Saint Joseph School, our class has had many memorable experiences that we will not forget when we go to high school next year. We have had so much fun from kindergarten with Mrs. Casarella through eighth grade with Mr. Chapman.

When we first walked through the doors of SJS in kindergarten, we didn't really know anyone. Mrs. Casarella greeted us all with a smile and at that point we knew we were in the right place. We felt welcomed instantly and we began to make friends. Our Thanksgiving play with our fourth grade book buddies and the Alphabet Circus were two very memorable moments of the year. The white team won Field Day, and we went on a treasure hunt around the school. We learned "jail" words and quieted down whenever we heard the phrase "sparkles up." These are times we will never forget.

We soon outgrew our little tables, and it was time for first grade. This was where we were tested on our spelling and math skills. On to second grade with the ever-exciting Mrs. Alvarez. She made learning fun through magic and music. Mrs. Alvarez taught us about many things, most notably script, with which many of us struggled. We also made our Reconciliation and Communion, which further advanced our faith.

In third grade, we learned more advanced math such as fractions, and were able to play CYO basketball. Mrs. Thompson made fourth grade fun. We learned about history and tried to get to the top of the behavior chart. This was a challenge for some of us.

Next came the big jump to fifth grade. We were in middle school, and we started to switch classes. We memorized prayers, and Mrs. Marricco taught us how to outline science chapters and study. In sixth grade, Mrs. Bicknese taught us that we could always use the restroom, but we had to ask the right way. We also learned how to write essays and to use proper grammar. In seventh grade with Mrs. Diabiasi, we learned that math was incredibly complex, and that finding x became the most important thing in math. She also taught us this could be fun.

Finally, here we are in our final days of eighth grade, where we are using everything that we have learned and also learning new things every day. We made our Confirmation, had Dress Down Fridays, had Invitation Day and had to adjust to all the new rules and regulations. We think St. Joe's has done a great job, and we are ready for high school. We won't stop learning after we graduate. We will all go to our respective high schools, and be able to excel, all because of SJS.

John Flynn '21 and Kyle Terri '21



Invitation Day 2021



Invitation Day 2021 took place on May 13! Invitation Day is an annual SJS tradition where the eighth grade students receive their invitations for the graduation dinner dance hosted by the seventh graders and their parents. The event was held in the upper playground of the school, and eighth grade families were also part of the special occasion. Masks and social distancing protocols were followed, but the seventh grade moms found unique ways to make the event fun despite all of the restrictions. Typically, the theme of the dance is revealed to the eighth graders on Invitation Day, and this year, the theme is based on the Olympics. The decor included Greek columns, an SJS medal stand, giant Olympics rings, and a realistic replica of an Olympic flame. The high point of the morning was a surprise visit from beloved science teacher, Mrs. Helen Marricco. She addressed the class of 2021 and encouraged them to never stop learning. It was such a fun day for the class of 2021, and it put everyone in the graduation spirit.

Ryan Spillane '22

The Beagle Staff

Jack Cappelleri '23	Madison Chartier '24	Aurora Cierro '22
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Luca Rivera '23	Dylan Saladino '23	Marilyn Samuelian '21
Ryan Smith '23	Kara Spillane '21	Ryan Spillane '22
Kyle Terri '21	Joseph Troiano '22	Evan Utano '23

Pre-K Moving Up Ceremony

Many families were so happy to hear that our school was finally getting a Pre-K Program, including mine! The Pre-K has a 3s and a 4s group. Pre-K3 is taught by Ms. DiSanto and aide Ms. Morales. The Pre-K4 is taught by Mrs. Feldmeth and aide Ms. Alyssa. These new teachers have created so many new memories and traditions for our school. My little brother Roman has had a great first year making new friends, playing and learning.

Q: How many children are moving up to kindergarten?

Ms. D. and Mrs. F.: There will be 9 children going to Kindergarten at SJS. A handful of children will be moving up to kindergarten in other schools.

Q: How many children are moving up to Pre-K4?

Ms. D. and Mrs. F.: All 18 children in Pre-K3 will be moving up to Pre-K4!

Q: Will the ceremony be held inside or outside?

Ms. D. and Mrs. F.: The Pre-K ceremonies will be held outside on the upper playground.

Q: Will siblings in the school be able to attend?

Ms. D. and Mrs. F.: Yes, siblings who attend SJS will be able to attend the ceremony.

Q: What are some special things you have planned for that day?

Ms. D. and Mrs. F.: The Pre-K will be performing special songs for the ceremonies. They will also receive certificates of completion as well as goodies to share with their families.

Q: This is the first year ever for Pre-K, what are some new traditions you've made?

Ms. D. and Mrs. F.: We enjoyed celebrating all of the holidays with the children. We also made special art projects, invited an author to visit (outdoors), observed caterpillars change into butterflies and enjoyed our First Annual Trike-A-Thon, as well as, our Moving Up ceremonies.

Q: Did this school year go by fast or slow?

Ms. D. and Mrs. F.: This school year went by extremely fast for us because we enjoyed working with each other and all the little ones at SJS.

Q: What do you look forward to next year?

Ms. D. and Mrs. F.: Due to the pandemic, we had limitations on creating new traditions. Next year, we look forward to a Christmas show and being able to invite a few hands on presenters to provide enrichment opportunities for our program.

Luca Rivera '23

Field Day 2021

Parents and students this year wondered alike how Field Day was going to happen. What would we do and how would it get done? Mr. Lucas was in charge of Field Day at St. Joe's as always. This year's Field Day was definitely a step up from last year's Virtual Field Day, which was full of innovative improvisations.

All grades alternated from indoor activities, and outdoor activities, ensuring that everyone got a chance to engage in some outdoor fun! Indoor activities included a hidden pictures worksheet, Jeopardy, Bingo, and table football. Outside there were a few soccer games, an obstacle course, and, last but not least, kickball. Although the blue team won, both teams did extraordinarily well.

We must give thanks to Mr. Lucas for doing such a good job organizing an amazing field day for us during this very hard year. Just because we had to take precautions didn't mean we would lose out on any of the fun Field Day activities in which we normally engage.

Aurora Cierro '22



Kindergarten Graduation

On Friday, June 4, the Kindergarten will have their graduation ceremony. Because of Covid restrictions, this year the celebration will be held outdoors in the playground area. The audience will also be limited to parents and siblings only. Although it will be different, Mrs. Casarella and Mrs. Pinheiro are working hard to prepare the children for this special day. All of the students will have a special part in the celebration. The first grade parents will be providing refreshments for everyone afterwards. The kindergarteners will be singing the song, "Fingerprints."

Congratulations to the Kindergarten class!

Joseph Troiano '22

The Second Grade Makes First Communion

On May 1, Mrs. Thompson's second grade class received their First Communion. Despite social distancing and other COVID-19 regulations, all who came were happy about even being able to see the second graders receive First Communion. Five members of the family were allowed to attend the Communion, including the recipient of the Sacrament. All family members that couldn't attend could watch the livestream of the event on St. Joseph's Facebook page. When families walked in, there was hand sanitizer and a temperature scanner to make sure everyone was safe and sanitized. When the second graders received the Sacrament, they did so with their family behind them. All in all, this was a memorable experience for the second graders and their families.

Scarlett Giannettino '23



Planting Lilies for Father Paul

In April, we lost Father Paul. This was a devastating loss for our parish and for our school. In 2020, many people suffered the loss of family and friends due to COVID-19.

In May, the eighth graders wanted to celebrate the life of Father Paul with the remembrance of his kind heart. As a class, the eighth graders planted lilies around the church and the statue of St. Joseph in Father Paul's honor. The lily flowers are symbolic of peace, purity, innocence, hope, faith, promise, passion, transformation, and death. The Virgin Mary is often depicted surrounded by the Easter lily in Western Christianity. Lilies are often seen on the altar at Easter and at funerals, because they symbolize the transformation from death to the afterlife. Lilies represent rebirth and hope; so instead of being sad for the loss of Father Paul, we will take this opportunity to look at what we gained from knowing him, listening to his teachings, and having had the pleasure of his presence at our parish and in our lives. When the lilies rebloom every year, we can reflect on our time with Father Paul and be assured of the hope and peace we are promised in heaven. Rest in peace, Father Paul.

Ryan Merhi '21

What Is the Status of the Bronxville Movie Theater?

The Bronxville movie theater is located right around the block from SJS, and most of us have seen at least one movie there. The movie theater shut down due to COVID-19, but even though most movie theaters are open now, the Bronxville movie theater still is not, so we are all wondering what is happening with the movie theater.

The theater opened in 1926 and has been showing movies since 1929, so the theater has been in our neighborhood for almost a century. It is a shame that they may never be able to open back up due to Covid and financial issues. Bow Tie Cinemas currently owns the theater, and they are not planning on opening the theater up any time soon, but luckily Mayor Marvin has a back up plan for our beloved movie theater.

Mayor Marvin hopes to find a new owner for the movie theater and turn it into a multipurpose theater with movie recitals and young people performances, and even a bit of an art center similar to the Pelham Art Center. Many people are still negotiating what will happen to the theater, and in what capacity it will reopen, but most people just hope that it is not closed permanently.

Hopefully, our theater will open back up again, whether as an art center for movie recitals or young people performances, so we can go to the movie theater as a community again and enjoy ourselves.

Grace Murphy '24



Who Is Smarter: A Dolphin or an Octopus?

Both dolphins and octopuses are smart, but the question is, which one is smarter?

According to multiple resources, dolphins and octopuses both are listed as highly intelligent creatures, but dolphins are considered more intelligent when they were put in an ordered list.

Octopuses are amazing escape artists and can camouflage and squeeze into almost anything. Octopuses have a lot of agility, brainpower, and strength. Also octopuses have eight arms with nerves in them that serve as mini brain cells. Dolphins, on the other hand, are extremely social and have their own little language. Dolphin brains are four to five times larger than expected. Dolphins are also very good at racing, leaping, and whistling. Dolphins can also sense their surroundings by sound.

In conclusion, dolphins are considered smarter than octopuses but that doesn't take away from the octopuses' great intelligence!

Madison Chartier '24

The Invention of the Light Bulb

The invention of the light bulb was a revolutionary invention that changed the way people looked at the world, literally. Most people credit Thomas Edison with the invention of the light bulb, but he isn't the true creator of the first light bulb. The first person to develop the idea of a light bulb and form a model was Humphry Davy. Davy created his light bulb in 1802, where it was named the electric arc lamp. The Edison bulb was a light bulb created by Thomas Alva Edison, which had a more effective incandescent material that had made it more commercially viable. His light bulb was created based off of older models such as Humphry Davy's and many other ideas of the light bulb.

Even though many people believe that Edison was the creator of the revolutionary light bulb, Davy and Edison are actually only notable puzzle pieces in the web of inventors and creators that fuel the modern world. Davy came up with the idea of the electric light bulb, and then Edison improved on his model to form the long lasting and commercially viable light bulb we have today.

Adam Merhi '22

Summertime Plans

Summer 2021 is expected to be more normal than the one we experienced in 2020 when we were still quarantining due to COVID-19. As the states begin to loosen restrictions on social distancing and group gatherings, families are making plans to make this summer one to remember. Some families are celebrating milestones that were scheduled to take place last year, like weddings and graduations. Others who were forced to reschedule trips and are now finalizing their plans to travel and enjoy this summer.

Even those of us who do not have special plans will appreciate the simple pleasures that summer brings. We can gather for a barbecue at a friend's house or go out to a restaurant for dinner. We can attend a Yankee or Mets game or enjoy a day at an amusement park. Many kids are planning to go to sleep-away camp this year and many rising eighth graders are attending different HAP programs that are thankfully going forward this summer.

All in all, summer 2021 is expected to be a great one!

Thomas Giordano '22

Summer 2021

It is a huge relief for everyone right now to know that it is almost summer. After about nine months of waking up early to go to school, it is finally almost summer. Unfortunately, this year, summer will be a bit different than in years past. You can no longer do some of the things you could have done two years ago because of COVID-19. That doesn't mean you can't have fun. You can go outside and go camping or go take a hike. Going to the pool or the beach is probably the most popular activity. On a rainy day, you can play a board game or go watch a movie. You can also take this summer to safely visit family members. All of these things are great ways to have a very fun and memorable summer. Of course, it is also important to stay safe and stay socially distant, but that doesn't mean you can't have lots of fun!

Kara Spillane '21



Newport, RI

Newport, RI, is a popular tourist attraction during the summer because of the beautiful scenery, beaches, restaurants, and shopping. Newport has many walking trails. My favorites are the Cliff Walk, Sachuest Point, Brenton Point and the Norman Bird Sanctuary. The Cliff Walk is one of the more popular scenic trails and begins at the Chanler hotel and walks behind many of the Newport mansions. It also has a view of Easton Beach. The beaches are beautiful, very fun and relaxing. The popular beaches are Easton Beach, Second Beach and Third Beach.

There are also many old mansions that you can tour like The Breakers, The Elms, and The Marble House. Many wealthy people used to spend the summer in Newport. They built huge mansions, but only spent about eight weeks there. You can go on mansion tours which guide you through each room. The tour tells a different story about what the room was used for and about the architecture.

There are also great restaurants. Some of my favorites include Red Parrot, Black Pearl, Clarke Cooke House, and Castle Hill. These restaurants have a variety of different food but they all have amazing clam chowder and seafood which will satisfy your appetite. Newport also has lots of shopping. Some stores have souvenirs and trinkets, others have clothes. In the town you can play games at the arcade, or sit back and have some ice cream.

Newport is a very fun place to be with your family and friends. It has many different things to do during the summer time, so if you have nothing to do this summer just drive up to Newport, RI!

Caitlin McDonagh '23

Mr. Beast Burger Review

Many of you probably know who Mr. Beast is. If you don't, he is a YouTuber who is popular for giving away free things like food, money, technology, and houses or apartments. His real name is Jimmy Donaldson and he lives in North Carolina. He has around 60 million subscribers on YouTube! In my opinion, I think he deserves all of his popularity for all the cool things he does for people. For example, in one of his videos titled "Giving a Homeless Man a House," he buys a house for someone who can't afford to pay his rent anymore.

In one of his videos he opened a restaurant named "Mr. Beast Burger" that gave away free food to people who went through the drive-thru. The line for the drive-thru was over a mile long! After he posted that video, he said that he would open more restaurants, and he did! If you download the app on your phone and type in your address, you could find the closest restaurant to you. There is one in White Plains and one in Mount Vernon. On the app you could order mostly burgers, but there are also chicken sandwiches and grilled cheeses. My favorite thing to order is the "Chris-style" burger, which is a double cheeseburger with bacon. If you want, you could add mayonnaise, ketchup, onion, and lettuce. I only add the ketchup and mayo. However, it's up to you what you want to add! There are also the "Beast-style" burger and the "Chandler-style" burger. You could also get "Karl's grilled cheese". The delivery takes between 20 minutes to an hour. I would rate the food a 9/10 because only double patties are offered, but everything else is very good. You should definitely give it a try.

Dylan Saladino '23

Godzilla vs. Kong Review

Godzilla vs. Kong is a 2021 American science fiction monster film produced by Legendary Pictures and is the sequel to *Godzilla: King of the Monsters* and *Kong: Skull Island*. *Godzilla vs. Kong* was originally set for release on May 29, 2020, before being pushed up to March 13, 2020 and then being delayed several times as a result of the COVID-19 pandemic. The film was eventually released in American theaters on March 31, 2021.

In the film, Godzilla and Kong fight in several titanic battles. In the end, however, they must work together to defeat a common enemy, a manmade Godzilla replica that is more powerful than both of them.

While I did enjoy going to the movies for the first time in months, I felt that the film was somewhat underwhelming and that the plot was highly predictable.

Andrew Giordano '22

The Return of Summer Blockbuster Movies

Movie theaters are finally opening everywhere after a long hiatus due to the pandemic. This summer brings lots of exciting movies that are sure to entertain you. Here are the five that I recommend:

1. *Cruella* - This Disney movie about the well-known villain of 101 Dalmations is out in theaters and streaming on Disney Plus Premium already!
2. *Hotel Transylvania 4: Transformania* is due out on July 23. Mavis, Johnny and Dracula, as well as villain Van Helsing return in the fourth installment to give us lots of laughs.
3. *Black Widow* - The long-awaited next installment in the Marvel Cinematic Universe will be out on July 9 and streaming on Disney Plus Premium.
4. *Space Jam: A New Legacy* - The last *Space Jam* came out 25 years ago and starred Michael Jordan. The new installment includes LeBron James and Warner Brothers characters Bugs Bunny, Daffy Duck and the rest of the gang. It will be in theaters and on HBO Max on July 16.
5. *In the Heights* - Lin Manuel Miranda's Broadway musical that came out before *Hamilton* is made into a movie. It will be in theaters on June 11 and on HBO Max.

Have a happy summer! Hope to see you in the theaters!

Timmy McQuade '23

Mortal Kombat Movie Review

The movie *Mortal Kombat 2021* is a great movie. *Mortal Kombat* is an action film based on the 1990s video game by the same name. It is a great fantasy movie, and that is one of my favorite genres.

The main character, Cole Young, who bears a special marking that gives him special abilities, is being hunted by Shang Tsung, an evil warlock who wants to stop the prophecy from coming true. Ten other people are supposed to have the markings as well as special abilities and they are also being hunted. Together with Cole they all try to defeat the villains including the best hunter Sub Zero, who can control/create ice using his hands. There is a god who controls lightning (good guy), a guy with a razor sharp sombrero that he throws like a boomerang (good guy), a guy with a laser eye (good guy then bad guy), and of course Cole, who has armor that is fueled by pain.

I do not recommend this movie for young children because it is rated "R." Unfortunately, there is lots of bad language, and it is very gory which is not appropriate for little kids.

Jesse Farina-Mosca '23

The Falcon and the Winter Soldier Review

The *Falcon and the Winter Soldier* are two completely different characters in the Marvel Cinematic Universe, however, they work great together in the show! *The Falcon and the Winter Soldier* follows Sam Wilson and Bucky Barnes after the events of *Avengers: Endgame*. With the rise of the Flag Smashers, a terrorist group wanting to make the present similar to the time during the "blip," Bucky and Sam must team up to try and take their leader down, along with the help of new characters like John Walker and veteran characters like Sharon Carter.

Dalton and I are both huge Marvel fans. After watching all six episodes, here are our opinions:

Marilyn: I really enjoyed the show! I loved watching the action scenes and, being a huge Marvel fan, I always love to see some hidden Easter eggs and one or two post credit scenes. My favorite character was Sam Wilson or The Falcon. I liked how Marvel integrated real world problems like racism and used Sam as an image or hero to fight those problems. I also like how Sam cared about everyone, even the bad people, and how he felt that everyone could redeem themselves. This is one of my favorite Marvel shows, and I would definitely recommend this show and watch it over again!

Dalton: I loved the show in all! My favorite character was John Walker, aka Captain America. Although this new Captain America will never amount to Chris Evan's version, he was an amazing addition to the Marvel Cinematic Universe, as he takes on the role of the "US Agent," a character only some would know from the comics, at the end. I truly feel that many people can relate to John Walker in some way. He carries the reputation and burden of being Captain America, which takes into account a lot of pressure and anxiety for a normal man. Since he is a prized army veteran, I expect that he could have experienced some PTSD during the war in Afghanistan, and could not control his anger when he saw his best friend, Lamar, killed by the leader of the Flag Smashers. After everything, I would rate the show a 9/10, only because I felt that most shows last longer than only six episodes.

There is action, plot twists, and lots of excitement in the show! We hope that we persuaded you enough to watch *The Falcon and the Winter Soldier*.

Dalton Danza '21 and Marilyn Samuelian '21





Cinnamon Roll Recipe

For the dough:

¾ cup warm milk (whole milk or 2% preferred) (110 degrees F)
 2 ¼ teaspoons quick-rise or active yeast (1/4-ounce package yeast)
 ¼ cup granulated sugar
 1 egg plus 1 egg yolk, at room temperature
 ¼ cup unsalted butter, melted
 3 cups bread flour, plus more for dusting
 ¾ teaspoon salt

For the filling:

2/3 cup dark brown sugar (light brown sugar also works)
 1 ½ tablespoons ground cinnamon
 ¼ cup unsalted butter, softened

For the cream cheese frosting:

4 oz cream cheese, softened
 3 tablespoons unsalted butter, softened
 ¾ cup powdered sugar
 ½ teaspoon vanilla extract

Directions:

1. Warm milk to around 110 degrees F
2. Transfer warm milk to the bowl of an electric mixer and sprinkle yeast on top. Add in sugar, egg, egg yolk and melted butter. Mix until well combined. Next stir in flour and salt with a wooden spoon until a dough begins to form.
3. Place dough hook on stand mixer and knead dough on medium speed for 8 minutes.
4. Transfer the dough ball to a well-oiled bowl, covered with plastic wrap and a warm towel. Allow dough to rise for 1 hour to 1 ½ hours, or until doubled in size. This may be more or less time depending on the humidity and temperature in your home.
5. After dough has doubled in size, transfer dough to a well-floured surface and roll out into a 14x9 inch rectangle. Spread softened butter over dough, leaving a ¼ inch margin at the far side of the dough.
6. Tightly roll dough up, starting from the 9-inch side and place seam side down.
7. Cut into 1 inch sections with a serrated knife or floss. You should get 9 large pieces.
8. Place cinnamon rolls in a greased 9x9 inch baking pan or round 9 inch cake pan.
9. Preheat oven to 350 degrees F. Remove plastic wrap and towel and bake cinnamon rolls for 20-25 minutes or until just slightly golden brown on the edges.

To make the frosting: In the bowl of an electric mixer, combine cream cheese, butter, powdered sugar and vanilla extract. Beat until smooth and fluffy. Spread over cinnamon rolls and serve immediately.
 Enjoy!

Meghan McDonagh '24

Father's Day

Father's Day is a day where you honor fatherhood and parental bonds with your father. Father's Day is celebrated on the third Sunday of June. This year Father's Day falls on June 20, but in other countries, it is celebrated on a different date. On this occasion, we thank fathers and father figures for the sacrifices they have made, for nurturing and raising children, and for their devotion to family. There are many other days honoring family and Father's Day is one of them.

The nation's first Father's Day was celebrated on June 19, 1910. However, Father's Day was not an official holiday until President Nixon made it official in 1972. Father's Day is celebrated worldwide and kids give presents to fathers sometimes. It is a good day to show appreciation for your father and do things for him. You can play games, go fishing, cook his favorite meal, make cards for him, and spend time with your father. In addition to Father's day, International Men's Day is celebrated in many countries on November 19 in honor of all men including fathers. Other countries celebrate Father's Day a little differently. For example, in Germany, wooden wagons are loaded up with provisions and decorated. Men wander in groups with their wagons drinking and celebrating. In Australia, kids give their fathers some handcrafted gifts.

Father's Day is a great day to honor your dad. Happy Father's Day to all the fathers and father figures!

Evan Utano '23 5

The Origins of Chocolate

Do you like chocolate? Joseph Fry created the first ever chocolate. In 1868 he created a little company called Cadbury's and marketed boxes of chocolate in England.

Chocolate starts with cocoa beans. Cocoa beans are the foundation of chocolate. Milk chocolate is made of cocoa mass, cocoa butter, sugar and milk powder. Dark chocolate is made of cocoa butter, cocoa mass and sugar. White chocolate is made of cocoa butter, cocoa milk and sugar. During the tempering process the cocoa butter reaches its most stable form. This gives well tempered chocolate its sharp, shiny surface and smoothness.

I took a survey of my friends and family to find out what the most popular flavors of chocolate are :

White chocolate - 4, Dark chocolate - 3, Milk chocolate - 7

Chocolate filled caramel - 6, Chocolate with nuts - 1

What is your favorite flavor?

Betsy Molloy '23

Mother's Day

Mother's Day is always on the first Sunday of May. This year it was on May 9. On this day, we celebrate our mothers, grandmothers, etc. We show them how much we appreciate them and how important they are to us. Most people do this by giving cards or gifts to their moms. Or, they have a special meal together like brunch. Mother's Day became an official holiday of the United States in 1914, after it was founded by Anna Jarvis in 1908. This holiday is important because they show our moms how much they mean to us.

Natalie Hundt '23

Congratulations to the Sanz Family!



Greyson Roy Sanz

Born: May 3, 2021 at 8:44 am

Weight: 7 lbs 14 oz

Length: 19 inches

SJS Track

After a year off, Track and Field is back! I've been running track ever since I started here at SJS in 2013, and it is one of my favorite sports. To hear that SJS was having Track and Field this year made me glad that one of my favorite extracurricular activities was back on for the students to enjoy. This year Al and Uthica Utano have volunteered to coach; along with the help of long time SJS Track coach Elizabeth Janocha.

We are happy to announce that we have had our biggest turnout in years. The team holds practice every Thursday and our track meets are on Saturdays or Sundays. The meets are run by the Catholic Youth Organization and feature students from all the local Catholic schools. Athletes can run races and compete in field events like the long jump and the javelin. I recommend Track and Field to everyone; especially those who play other sports. Track can help you to improve in your other sports by increasing your endurance and overall speed.

Paxton Reyes '22



Rainy Day Activities

Memorial Day weekend is the unofficial start of summer. That means people spend more time outside at barbecues, pools and beaches. Sometimes the weather is bad and we are stuck inside, so here is a list of top 5 things to do on a rainy day:

1. Camping indoors: Set up a tent in your living room, fill with blankets and a flashlight and make some smores in the fireplace.
2. Movie marathon: Pick a movie that has a lot of sequels, make popcorn and spend the day on the couch.
3. Video games: Meet up with your friends online and play.
4. Cook: Pick foods and recipes you want to try and make a feast.
5. Stay indoors outside: There are a lot of places right near us to spend an afternoon, like Monster Mini-golf or Rock n Jump in Ridge Hill. Barnes and Noble is a good place to visit too.

Ryan Smith '23

Major League Baseball

The MLB season has kicked off, and there have been some surprising teams this year. For example, in the NL West, the Giants are first in the division, with the Dodgers and Padres within two games of first place. This is great for the Giants, considering they were projected to have about 65 wins this season. If they keep control of this winning stretch the whole season, the Giants will have about 100 wins.

On the other hand, the previous NL East winner, the Braves, have had a bad start to the season, with just a .452 win percentage. Last year they had a .583 winning percentage, and finished 2nd in the NL by losing to the Dodgers in NLCS.

Division winners NL predictions:

West - Dodgers (102-60)
Central - Brewers (94-68)
East - Mets (92-70)

Wild Card - Padres (96-66) vs. Braves (89-73)

Division winners AL predictions

West - Astros (99-63):
Central - White Sox (95-67)
East - Yankees (97-65)

Wild Card - A's (92-70) vs. Rays (94-68)

Jack Cappelleri '23 6

NHL Playoffs

The NHL had a great year! The teams are finishing off the regular season coming into the playoffs. For 2021, only 16 teams made it, four from each division.

The Central Division: 1. Hurricane 2. Panthers 3. Lightning (reigning champions) 4. Predators.

The Eastern Division: 1. Penguins 2. Capitals 3. Bruins 4. Islanders.

The Western Division: 1. Avalanche 2. Golden Knights 3. Wild 4. Blues.

The Northern Division: 1. Maple Leafs 2. Oilers 3. Jets 4. Canadiens.

The way the bracket works is that the number one seed plays the number four seed while the three seed plays the number two from each division. It is a best of 7 game series, and there are four rounds including the Stanley Cup Finals. Personally, I think that the Lightning will play the Avalanche in the finals and the Lightning will win it all for the second year in a row. The reason I think the Avalanche, a one seed, won't beat the Lightning is because every division consists of seven or eight teams and all teams only play the ones in their division, so these teams have never played each other. Starting in the third round, teams will start seeing new teams that they haven't played all regular season. Here are my predictions:

Round 1

1. Penguins versus 4. Islanders; Winner: Penguins

2. Capitals versus 3. Bruins; Winner: Capitals

1. Hurricane versus 4. Predators; Winner: Hurricane

2. Panthers versus 3. Lightning; Winner: Lightning

1. Maple Leafs versus 4. Canadiens; Winner: Maple Leafs

2. Oilers versus 3. Jets; Winner: Oilers

1. Avalanche versus 4. Blues; Winner: Avalanche

2. Golden Knights versus 3. Wild; Winner: Wild

Round 2

1. Penguins versus 2. Capitals; Winner: Capitals

1. Hurricane versus 3. Lightning; Winner: Lightning

1. Maple Leafs versus 2. Oilers; Winner: Oilers

1. Avalanche versus 3. Wild-Avalanche

Round 3

2. Capitals versus 3. Lightning; Winner: Lightning

1. Maple Leafs versus 1. Avalanche; Winner: Avalanche

Round 4 (Stanley Cup Finals)

Lightning versus Avalanche; Winner: Lightning

I wonder if my predictions will come true. Only time will tell.

Brian Flynn '23

NBA Season Recap

With the official end of the 2020-2021 NBA season, there are many surprises and disappointments. These are the standings from both conferences:

The first conference, the Eastern Conference has our favorite team, the New York Knicks in the conference.

The Eastern Conference standings for play-in and playoff teams are: 76ers, Nets, Bucks, Knicks, Hawks, Heat
Play-in Teams: Celtics, Wizards, Pacers, Hornets

The Western Conference standings for play-in and playoff teams are: Jazz, Suns, Nuggets, Clippers, Mavericks, Trail Blazers
Play-in Teams: Lakers, Grizzlies, Warriors, Spurs

Here are our predictions: In the Western Conference, we think the Jazz will beat the Grizzlies in six games. The Jazz should have no problem. We have the Clippers beating the Mavs in six games as well. Paul George will make or break the Clippers in the playoffs.

The Nuggets will beat Portland in seven games. Nikola Jokic is now the best player in the NBA, and he will carry Denver to the win. The Lakers will also beat the Suns in seven games because of their massive size advantage. For the semi-finals, we think the Lakers beat the Nuggets in seven games, and the Clippers beat the Jazz in seven games as well.

The playoffs will be super interesting, with so many questions about who will come up victorious. We believe that, in the end, the Brooklyn Nets will win the Finals over the Los Angeles Lakers in six games.

Daniel McQuade '22 and Joseph Troiano '22