

Transition Objectives

- Increase students' levels of independence
- Provide opportunities for paid or volunteer work experience in integrated community settings
- Develop natural supports within community environments
- Increase mobility in community
- Improve social and communication skills across environments
- Develop daily living skills
- Improve and practice self advocacy/ self determination skills
- Develop age appropriate, integrated leisure and recreation skills
- Develop friendships with same age peers
- Communicate and establish relationships with adult agencies before leaving the school setting
- Identify and provide transition services and supports needed to transition into community life
- Facilitate connections to post-secondary education and/or training, if appropriate
- Facilitate monthly collaboration meetings with students, families, guardians, and outside agencies

Each transition plan is individually created to the strengths, interests, and preferences of each young adult in the SSTeP program.



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Transition

- Customized employment process
www.dolgov/odep/topics/customizedemployment.htm
- Developing measurable post-secondary goals
- Service coordination across agencies
- Funding shared among schools and adult service agencies

Collaborate with Adult Service Agencies

- DVR - Department of Vocational Rehabilitation
- ADRC - Aging and Disability Resource Center
- Inclusive Family Care
- IRIS - Include, Respect, I Self-Direct
- NCHC - North Central Health Care Center Mental Health Professionals
- MCCoT - Marathon County Community on Transition
- MILC, Inc. - Midstate Independent Living Consultants, Inc.

FIND US

SSTeP 1

Wausau West High School
1200 West Wausau Avenue, Wausau, WI 54401

SSTeP 2

UW-Stevens Point at Wausau
518 South 7th Avenue, Wausau, WI 54401

REACH US

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Wausau School District

SSTeP PROGRAM

Stepping Stones Transition education Program



STePPING STONES TRANSITION EDUCATION PROGRAMS 1 & 2

Our Mission

All young adults need to prepare as they take a SSTeP toward establishing their own adult life. Each young adult has individual strengths, preferences, interests, and goals that will lead them down the path to independence. SSTeP focuses on preparing young adults with disabilities for life after high school graduation.

What is SSTeP? The mission of the program is to connect young adults with disabilities to community resources, empowering them and strengthening their advocacy skills in order to navigate their life plan.

Our Goal

The Wausau School District's goal of SSTeP is to provide students with disabilities, ages 18-21, transition-focused services within a community environment based on each student's Individualized Educational Program (IEP) and post-secondary transition goals.

Self-Determination & Self Advocacy

- Development of self-advocacy skills
- Instruction within the community setting
- Person-centered future planning models

Self-Communication Skills within the Community

- Identify and practice social skills within various community and employment settings
- Use of various environment and functional assessments
- Develop friendships with same-age peers
- Develop strategies for dealing with relationship difficulties, anger management, or frustration
- Initiate, maintain, and conclude conversations
- Initiate social outings
- Understand the importance of group dynamics and be considerate of others

Recreation & Leisure

- Awareness of social clubs
- Develop social connections within the community
- Participate in community and service learning activities
- Participate in a variety of activities in the community

Daily Living Skills & Life Skills

- Self-care skills
- Cooking
- Personal time management
- Personal safety
- Using natural supports

Independent Living Skills

- Explore community living options
- Meal planning and cooking
- Domestic skills/laundry
- Medication management
- Money management/banking
- Identify and access resources (adult services, ADRC, DVR, etc.)

Employment within the Community

- Integrated employment options
- Functional vocational assessment
- Develop soft skills for employability
- Develop skills obtaining and maintaining employment
- Funding for paid employment experiences
- Volunteering in the community
- Job coaching

Transportation & Mobility within the Community

- Instruction and use of public busing, taxis, etc.
- Individualized mobility instruction

