

CHCA Intersession 2022

January 3-14, 2022

Course Name: Tikkun Farms: Faith, Farming and Food	
Instructor(s): Mr. Gary Delanoy, Tim Hilderbrand	
Course Type: Local Day (Greater Cinti Area)	Service Hours: 20
Maximum enrollment: 20	Minimum enrollment: 10
Cost:	\$500 per student

A CHCA mission project here in our own city of Cincinnati. What does it mean to “love your neighbor?” Students will explore this Biblical mandate through practical service experiences in urban Cincinnati. CHCA students will have the opportunity to learn more about poverty, food insecurity and urban agriculture.

Agencies we may serve: Tikkun Farms

Overview: Students will serve at a 3.5 acre farm in the neighborhood of Mt. Healthy in Cincinnati. The mission of Tikkun farm is to be a place of healing, restoration and repair cultivated through meaningful work and spiritual practices ([www. Tikkunfarm.com](http://www.Tikkunfarm.com))

Service hours will be focused around two ideas: Nourishing Families and Creation Care. Nourishing Families is a program supporting families who are experiencing financial hardship and food insecurity. Creation Care is focused on the daily tasks of caring for the land and animals at the farm.

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| Course Goals: | <ul style="list-style-type: none">• Find spiritual healing and restoration through helping others• Learn about food scarcity and the impact on families within their own city• Understand the importance of urban agriculture to a community |
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Reading Component: To be determined

Writing Component: Daily journaling as a group after about students shared experiences while serving at Tikkun Farm.

Description:

Service hours will be focused around two ideas: Nourishing Families and Creation Care. Nourishing Families is a program supporting families who are experiencing financial hardship and food insecurity. Students will be able to set up and prepare food items for Tikkun Farm’s “Free Market,” where members of the community are able to shop for food they can use for the week. Tasks can include sorting produce, receiving deliveries, dividing inventory, stocking and organizing shelves, and organizing fridges/freezers. Creation Care is focused on the daily tasks of caring for the land and animals at the farm. Tasks may include sorting organic material, composting, sheet mulching, wood chip hauling, transplanting, tending gardens (greenhouse and aquaponics), organizing supplies, and maintaining the Farm.

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Monday, Jan 3 through Friday, January 14th. Students will start volunteering at the farm on day 1. Each day students will be lead in devotions by a staff member at Tikkun farms; daily assignments will be given to different groups of students; work will be done both indoors and outdoors with students rotating throughout the two weeks; and upon return to CHCA, students will be journaling about their experiences each day.

Student's will be required to bring their own lunches, snacks, and drinks daily.

Since work outdoors will take place during Winter, students should dress in layers (including gloves and hats) and wear sturdy boots (i.e. hiking, snow, or work type boots) since the conditions on the farm could be dry, muddy, or snowy.

8:00 am Arrive at CHCA and prepare for travel

8:30- 9:00 travel to Tikkun Farm

9:00 am Devotional with Staff member from Tikkun Farm

9:30 am Chores around farm (outdoors and indoors)

12:00 pm lunch

12:30 pm Chores around farm (outdoors and indoors)

1:30 – 2:00 pm Travel to CHCA

2:00pm Daily debrief and journaling as a group

3:00 pm Depart for home

This course is well suited to:

- Students who are adventurous and enjoy working outdoors during Winter
- Students who enjoy working as a member of a group
- Students wanting to learn about food insecurity and the impact it has on our community in parts of Cincinnati
- Students who want to learn about urban agriculture in both an outdoor setting and indoor setting (greenhouse with aquaponics)

Cost: \$500

Additional costs: Students need to pack a lunch each day.

Other Information:

Earns Service Immersion Credit.

Please note students will be using yard and garden tools daily, please do not select this trip if you are opposed to your student using sharp tools. A separate power tool waiver will also be signed online designating which power tools your student can use.

Please note students may be working both INDOORS and/or OUTDOORS during cold wintery days, so they will need to wear layered clothing and dress for working on a farm.

Since students may be working with farm animals and/or indoors in very dusty areas, students with asthma and/or certain allergies may consider a different course.