

What's on the Menu?

Rochester Community Schools: Curbside Lunch Menu June 2021

A full student lunch includes a choice of entrée supplying protein and grain, 1/2 cup fruit side, 1/2 cup of vegetable side, and 1% or skim white milk.

Curbside pickups Wednesdays 9:00-10:00am select locations Reuther, West, Adams; see RCS website for details.

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3	4
7 Day Lunch Curbside Menu						
	5	6	7	8	9	10
12	13	14	15	16	17	18
				PICK UP DAY: Pizza Sticks Whole Fruit Fresh Vegetable	Waffles w/ Syrup Turkey Sausage Links Tater Tots Whole Fruit	French Bread Pizza Cupped Fruit Fresh Vegetable
19	20	21	22	23	24	25
Cheesy Pull-Aparts Whole Fruit Fresh Vegetable	Wowbutter Sandwich Cupped Fruit Fresh Vegetable	Chicken Nuggets Fresh Vegetable Fresh Fruit	Turkey and Cheese Sandwich Cupped Fruit Fresh Vegetable	PICK UP DAY: Breaded Chicken Leg w/ Breadstick Fresh Vegetable Fresh Fruit	Pancakes with Syrup Turkey Sausage Patty Tater Tots Whole Fruit	Hamburger Fresh Vegetable Cupped Fruit
26	27	28	29	30		
Bosco Sticks with Pizza Sauce Cupped Fruit	Grilled Cheese Sandwich Fresh Vegetable Whole Fruit	Chicken Patty Sandwich Cupped Fruit Fresh Vegetable	Beef Fiestada Fresh Fruit Fresh Vegetable	PICK UP DAY: Pizza Sticks Whole Fruit Fresh Vegetable		*Please note: Menu items subject to change due to product availability

Questions or comments?

Food Service Director Tracy Hizer 248-726-4650
Assistant Directors

Tamara Brazeton 248-726-4601 or Marci Flaherty 248-726-4603
Go to MyPlate.gov for online personal wellness resources for you and your family.



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