

## What's on the Menu?



## Rochester Community Schools:Curbside Breakfast Menu June 2021

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% or skim white milk

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3	4
7 Day Breakfast Curbside Menu						
5	6	7	8	9	10	11
12	13	14	15	16	17	18
				PICK UP DAY Quick Oats w/ String Cheese Cupped Fruit	Breakfast Cereal w/ Yogurt Cup 100% Fruit Juice	Whole Grain Mini Pancakes Fresh Whole Frui
19	20	21	22	23	24	25
hole Grain Stuffed Cinnamon Bagel Fresh Whole Fruit	Turkey Sausage Pancake Wrap Cupped Fruit	Whole Grain Texas Toast Whole Fruit	Egg and Cheese WG English Muffin Sandwich Cupped Fruit	PICK UP DAY Whole Grain Waffles Fresh Fruit	Turkey Sausage Pancake Wrap Cupped Fruit	Apple Filled Bosc Cupped Fruit
26	27	28	29	30		_
Whole Grain Iini French Toast Whole Fruit	Breakfast Cereal w/ Yogurt Cup 100% Fruit Juice	<b>Benefit Bar</b> Fresh Fruit	WG Bagel w/ Cream Cheese 100% Fruit Juice	PICK UP DAY Quick Oats w/ String Cheese Cupped Fruit		*Please note: Mer items subject to change due to product availibili



Questions or comments? Food Service Director Tracy Hizer 248-726-4650 Assistant Directors Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603 Go to MyPlate.gov for online personal wellness resources for you and your family. Make Checks Payable to RCS Foodservice.

This institution is an equal opportunity provider.