

Health and Social Care

To prepare effectively for Health and Social Care it is suggested you work through the below tasks and bring these with you for your first day at Bilton 6th form.

Please note you will sit a baseline assessment related to the materials below (TASKS1,2,&3) when you commence 6th form.

Task 1— Research and take notes on the following:

- I. The difference between a gross motor skill and a Fine motor skill.
- II. Give an example of each type of skill.
- III. Create a timeline showing the development of these skills from birth to the age of 8 years old. Give examples of the skills which the individual should be able to complete.

Task 2— Research the work of Jean Piaget in terms of his theory of cognitive development. What were names of the stages he suggested we go through, what changes to the way we think happen at each stage? Are there any tests to see if we have developed into the next stage?

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Task 3— Research and take notes on the effects, causes and possible treatments for one of the following genetic disorders:

- I. Brittle bone disease
- II. Huntington's disease
- III. Cystic fibrosis
- IV. Phenylketonuria (PKU)
- V. Duchenne muscular dystrophy

Contact: if you have any queries about the subject or the tasks. Please contact; Mr Crumbie—

james.crumbie@biltonmail.com or Head of 6th form;

Toni.Johnson@biltonmail.com