

POLICY ————— **PEQUANNOCK TOWNSHIP**
BOARD OF EDUCATION
PROGRAM
2431.3 / PAGE 1 OF 1

**2431.3 – PRACTICE AND PRE-SEASON HEAT-ACCLIMATION FOR SCHOOL-
SPONSORED ATHLETICS
AND EXTRA-CURRICULAR ACTIVITIES**

The Board of Education adopts this Policy as a measure to protect the safety, health and welfare of students participating in school-sponsored interscholastic athletic programs and extra-curricular activities. The Board believes practice and pre-season heat-acclimation guidelines for students will minimize injury and enhance the student's health, performance, and well-being.

Therefore, the Board of Education requires the implementation of the practice and pre-season heat-acclimation procedures as recommended by the New Jersey State Interscholastic Athletic Association (NJSIAA) for students participating in all school-sponsored athletic programs and extra-curricular activities during warm weather months. The Superintendent of Schools or designee shall ensure the implementation of the Practice and Pre-Season Heat-Acclimation Procedures.

The Superintendent of Schools or designee may reduce practice times or adjust other provisions that would reduce a student's exertion if weather and/or temperature warrant such action.

This Policy and the school district's practice and pre-season heat-acclimation procedure shall be approved by the school district's physician prior to implementation.

Review and Approval by School Physician:

Adopted: 23 July, 2012


Revised and Adopted: 8 April 2019

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This policy is reviewed and approved by the school district physician:



Dr. Borkowski



Date