

**Boulder Valley Activity and Athletic  
Participant Emergency Information and Permission**  
*All information is required prior to student participating*

Student Name: \_\_\_\_\_ Gender: ( M or  F)

School Currently Attending: \_\_\_\_\_ Grade: \_\_\_\_\_

Any other school attended within last 12 months: \_\_\_\_\_

List any high school sport season you have participated in: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian (P/G) Name(s): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Student's D.O.B.: \_\_\_\_\_ Student's Age: \_\_\_\_\_

P/G #1 Phone (Day): \_\_\_\_\_ P/G #2 Phone (Day): \_\_\_\_\_

P/G #1 Cell: \_\_\_\_\_ P/G #2 Cell: \_\_\_\_\_

Parent/Guardian email address: \_\_\_\_\_

List two **LOCAL** people who will temporarily care for your student if the parent or guardian cannot be reached:

1. Name: \_\_\_\_\_ Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Family Dentist: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

**HEALTH INFORMATION:** List any significant or on-going health conditions relevant to school or athletics (severe allergies / epi pen, asthma, A.D.D., birth defect, diabetes, epilepsy, heart disease, vision or hearing problem, medications, etc.) I hereby give my consent for medical treatment deemed necessary by physicians for any illness or injury resulting from his/her athletic participation. I understand this authorization will only be enforced when I cannot personally be contacted and provide for immediate treatment. **PLEASE LIST IN THIS SPACE**

\_\_\_\_\_  
(PARENT/GUARDIAN SIGNATURE)

\_\_\_\_\_  
(DATE)

**Activity Athletic Insurance Waiver**

I understand that the Boulder Valley School District does not provide accident insurance for any student participating in school sponsored activity or athletic programming.

**CHECK ONE:**

\_\_\_\_\_ I have other insurance coverage with: \_\_\_\_\_ (name of insurance company)

OR

\_\_\_\_\_ I do not have insurance and I will assume responsibility for payment of expenses incurred in the event of injury to my son/daughter.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(parent/guardian)

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**Parent Permission Form**

**\*\* WARNING: By its nature, participation in athletics and activities including off-season conditioning, sport camps and clinics includes a risk of injury, which may range in severity from minor to long-term catastrophic.**

Although serious injuries are not common in supervised sports activities, it is impossible to eliminate this risk. Participants can and have the responsibility to help reduce the chance of injury.

In addition, due to the frequent and close proximity between athletes involved in athletics, there is a risk that a player(s) may become sick with COVID-19 (Coronavirus). To reduce potential exposure players must:

(1) Comply with all COVID-19 related rules and guidelines as posted or directed by staff including but not limited to:

- social distancing before, during and after workouts,
- wearing of masks,
- arrival to and departure from campus per assigned schedule,
- participation in screening process by honesty and accurately providing responses to each of the BVSD screening questions,

(2) Follow all sport specific safety rules

(3) Follow requests while participating in conditioning program

(3) Report all physical problems to their coaches or athletic trainers immediately

(4) Inspect their individual and school issued equipment daily.

Failure to comply with directions from an adult can result in removal from all current and future sports activities. By signing this permission form, I acknowledge reading and understanding this warning and the risks assumed.

I hereby give my consent for \_\_\_\_\_ (name) to participate in athletic/activities sponsored by Boulder Valley School District.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(parent/guardian)

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(student participant)



# BOULDER VALLEY SCHOOL DISTRICT

## Athletic Registration: Student Physical

- Each athlete is required to submit a physical which states they are fit for participation in interscholastic athletics.
- A physical is good for 1 year from the date of exam and doctor signature.
  
- **Concussions:** If the students sustain a concussion, they are required to complete the BVSD approved Return to Play Protocol prior to returning to participation with the team. ○ Concussions are very serious. A student suffering a concussion within the school setting *or outside of school* must report the injury to the athletic director, coach or athletic trainer prior to participating in any manner.
  - Boulder Valley School District has Brain Injury Response teams (BIRT) to support BVSD students and families in place at each school, PK-12.
  - The athlete, their parent/guardian(s), family members, coaches and medical personnel are partners in supporting and monitoring a student's recovery. Collaboration is critical to a student's safe return to school and participation.
  - BVSD has Return to Academics and Return to Participation protocols in place to support the student and family throughout the recovery process.
    - When a student suffers a concussion which warrants separation from academic or physical participation, the student will complete the return to academics protocol first. Return to participation *follows* the return to academic process.
    - Medical permission is required to prior to the student-athlete's resuming participation.
    - Academic accommodations related to the concussion must be deemed no longer necessary prior to returning to athletic participation.
    - Once determined eligible to begin the return to participation protocol, movement through it will be monitored by the athletic trainer.
  - The parent and athlete are critical for a healthy and safe return to play. However, they may not unilaterally exempt the student from the return to participation protocol.
  
- If a student receives a positive COVID test.
  - Information is still emerging about the impact covid on has on long term health and well-being; especially for the PK-12 students. The student may be required to submit a formal permission to return to play from their doctor.
  - Parents are strongly encouraged to consult with their doctor, medical experts and other resources about the potential long-term impact of covid on student-athlete development prior to returning to participation.
  - As information develops, BVSD may establish return protocols.

Physical Date: \_\_\_\_\_ Doctor's Name: (Print) \_\_\_\_\_ (attach physical)

I have reviewed the information provided above \_\_\_\_\_  
(parent signature) (date)



# CHSAA BYLAWS – PARENT & STUDENT INFORMATION

***Per Bylaw 1720.1, parents and participants must be informed, understand, and acknowledge basic CHSAA eligibility rules and they must acknowledge the risk of participation. This acknowledgement must be kept on file with the school.***

A student's participation in high school activities is dependent on his/her eligibility. Protect that eligibility. Read the following summary of Colorado High School Activities Association rules that govern a student's participation. Students and parents alike need to review these rules and ask questions of their coaches/directors, athletic director and school administrators. If a student has any questions, he/she should seek the answers before participating by going first to the coach or athletic director.

**\*\*Please review the following information and acknowledge your understanding of the CHSAA Bylaws by signing at the end and submitting to your School's Athletic Director. *Click the blue underlined links to be directed to the CHSAA Bylaws.***

## The CHSAA

The Colorado High School Activities Association has been the governing body of high school athletics and activities (speech, student council and music) in our state since 1921. Our Code of Ethics is integral to our Mission and Vision. The student's school is a voluntary member of the CHSAA and has agreed to follow its rules. Both your school and the Association believe in equal competition among schools and the close relationship between academics and activities.

### I. Discrimination (300)

A student-participant will not participate in or condone unfair discriminatory practices against a fellow participant due to age, gender, race, ethnicity, religion, sexual orientation, or disability, nor shall the student be discriminated against under the same criteria.

### II. Hazing & Bullying (1710.2)

As a student-participant, I will not be the organizer of, or participant in an activity constituting hazing. Hazing is defined as any conduct or method of initiation, whether on public or private property, which willfully or recklessly endangers the physical or mental health of any student or other person. Such conduct shall include but is not limited to whipping, beating, branding, forced behaviors involving, food, alcohol, drugs or other substances, destruction of property, and/or brutal treatment or forced physical/sexual activity which is likely to adversely affect the physical health or safety of the student or any other person.

## The CHSAA Rules of Participation

### 1. Academic (1710)

A school must select one of three options for determining the eligibility of all its students, and schools have the right to impose stricter standards.

### 2. Make-up Work (1740)

Each student must be academically eligible in accordance with the above section at the time of participation and during the previous semester. Make up work shall not be permitted after the close of the semester for the purpose of becoming eligible. (Cases involving special circumstances should be referred to your principal.)

If eligibility has been lost from a previous semester, students may regain their athletic eligibility for Fall 2014 on October 9 and for Spring 2014 on March 6 by meeting the respective eligibility requirements above.

Summer school credits accepted by the school may be used to replace credits in subjects failed during previous semesters.

Dropping a class may make you ineligible. If you play while ineligible, you may cause your team to forfeit any contests in which you played.

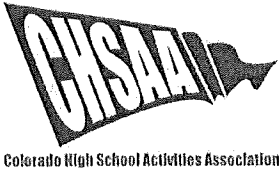
### 3. Citizenship (1710)

The school principal must approve the student to be a representative of the school's standards of citizenship, conduct and sportsmanship.

### 4. Conduct – Ejections (2200)

If a student is ejected from a contest for unsportsmanlike conduct, he/she will be ineligible for the next scheduled match or contest played at that level including qualifying and state contests. The student may not participate in any contests at any other level during this period. For the season, the student will be permitted to compete in one fewer contest than the maximum allowed each participant in the sport.

A second ejection during the season shall result in a 2 contest suspension. A third ejection will result in a review of the student's future eligibility by the CHSAA Commissioner.



# CHSAA BYLAWS – PARENT & STUDENT INFORMATION

If a student is ejected in the final contest of a season, he/she is ineligible for the first contest of the next sport in which he/she competes and completes the season. Players leaving the bench during a fight shall be ejected and ineligible for the next contest.

## 5. Outside Competition (2100)

As a member of any high school team, a student may practice or compete in that sport during that sport season in a non-school event with prior written permission of the principal.

Members of high school teams may compete in non-school events in that sport without written permission on the day following the completion of the season for the level (freshman, sophomore, junior varsity, varsity) of the team on which they are competing. NOTE: A student becomes subject to the outside competition rule on or after the first date of formal practice, when he or she reports out for practice and is in contention for a berth on the team.

## 6. Undergraduate (1710)

A student may not be a graduate of any high school and participate in high school athletics.

## 7. Recruiting (1810)

Any recruiting based on athletic ability or interest is prohibited.

## 8. Age (1770)

A student's 19th birthday must fall on or after August 1 of the current school year. Exceptions to this rule, based on educational handicaps, may be requested, provided the student's original class has not graduated.

## 9. Semesters (1770.2)

Upon entering high school, a student's eligibility will continue only until his/her original class graduates. Once entering ninth grade, a student has eight consecutive semesters of eligibility. NOTE: If a student drops out of school or misses competition due to an injury, he/she will not receive additional eligibility.

## 10. Seasons (1700.2)

A student is allowed a maximum of 4 seasons in any sport.

## 11. Physical Exam (1780)

A student may not practice or compete (music, student council and speech participants are exempt) without a physical exam that is:

- Signed by an MD, DO, chiropractor who is school physical certified (DC, SPC), nurse practitioner or physician's assistant licensed by the State of Colorado.

- Current within the last 12 months.
- On file with principal or athletic director prior to first practice.

## 12. Practice (2310)

A total of 5 different days of practice is required before participating in any interscholastic game or scrimmage (except football which needs 9 days). OTHER EXCEPTIONS: (A) Golf, skiing, softball and tennis players. (B) Participants in state playoff games completed on or after the first day of formal practice.

No contact between a coach and player is allowed on Sundays during the school year unless it is for a social, academic or service related activity that is strictly voluntary. A student cannot be required to practice or compete outside of the season as a condition of making the team.

## 13. Transfer Rule (1800)

A student who participates in a formal practice at the beginning of the school year and then transfers without a parental move will be ineligible for varsity competition for the remainder of that sports season.

### - Athletic Transfer (1800.6)

Any transfer substantially motivated by athletic considerations will cause the student to be ineligible for varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer.

### - Summer Transfer (1800.5)

A transfer from one high school to another during the summer without a permanent change of domicile by the student and his/her family to the attendance area of the new school will render the student ineligible for varsity competition for the first half of the season in any sport in which the student competed during the previous 12 months. The student may practice with the team and play at the sub-varsity level during this period of restricted participation.

### - Mid-year Transfer (1800.6)

A student who transfers after the start of the school year without an accompanying family move shall:

- Have restricted (sub-varsity) eligibility for the remainder of that school year in sports played in the last 12 months.
- In the next school year, the student will have only sub-varsity eligibility for the first 50% of the season in those sports played 12 months prior to the move

