

BEHAVIORAL HEALTH, INTRODUCTION

Course Description

*This course is an introduction to the Behavioral Health industry. Topics that will be introduced in this foundational level course include understanding self-concept, effective communication, healthy relationships, addictive behaviors, mental health disorders, and protective laws and rights of patients and practitioners. *This course is not designed for the student to diagnose themselves, friends, or family. It is an introduction to the behavioral health career field only.*

Priority Standards / CTE Strands

- Students will explore self-concept.
- Students will practice effective communication.
- Students will explore the importance of healthy relationships.
- Students will identify patterns in addictive behaviors.
- Students will identify mental health disorders and the common signs, symptoms, and treatment.
- Students will explore patient protection laws and rights and professional obligation

Performance Skills

- The class will complete FCCLA Step One.
- Explore individual application of various coping skills and identify those that are potentially helpful and potentially hurtful.
- Demonstrate refusal skill in a variety of situations.
- FCCLA Integration into the course
- Develop professional and interpersonal skills needed for success in industry.

