

Human Development

Course Description

Human Development introduces the developmental stages of individuals across the lifespan. Students will study biological, cognitive, and social/emotional developmental changes of the individual in the context of the family and society. It emphasizes and demonstrates the vital connections between theory, research, and application.

Priority Standards / CTE Strands

- Investigate stages of development through the lifespan, understand the major developmental theories, and the scientific method.
- Explore prenatal development from conception to birth including genetics and risk factors.
- Outline healthy patterns of physical, cognitive and psychosocial growth during infancy (first two years).
- Outline healthy patterns of physical, cognitive and psychosocial growth during early childhood (Ages 2 – 6).
- Outline healthy patterns of physical, cognitive and psychosocial growth during middle childhood (Ages 7 – 11).
- Outline healthy patterns of physical, cognitive and psychosocial growth during adolescence (Ages 11 to 18).
- Examine the overall development of emerging adults. (Ages 18-25)
- Outline healthy patterns of physical, cognitive and psychosocial growth during Middle adulthood (Ages 25-65).
- Outline healthy patterns of physical, cognitive and psychosocial growth during late adulthood (ages 65+).
- Explore various views on death and dying.

Performance Skills

- Research a teratogen and explain how it can affect a developing fetus.
- Research happening during your cohort, identify how these have shaped or affected your development and outlook on life.
- Complete/observe a conservation experiment with a preschooler and a 7-8 year –old. Identify the differences you observed between the two ages.
- Recall two personal experiences in your life and relate each to one of the Erikson’s stages of development.
- (Choose one) Identify where you feel you are in the four major life statuses (Role confusion, Foreclosure, Moratorium and Identity achievement). List reasons that substantiate this status. Identify some of the challenges faced by adolescents and emerging adults (Drugs or alcohol abuse, early sexual activity, bullying, etc.). Explain ways to help avoid the pitfalls of these challenges.
- Identify which of the Big Five you most relate to in your personality and discuss how this affects your interactions with others.
- List choices or changes you could make in your life to help yourself age well.
- FCCLA Integration into the course.
- Develop professional and interpersonal skills needed for success in industry.

