

# KAIROS RETREAT INFORMATION SHEET

SAVE THIS PAGE! SHOW IT TO YOUR PARENTS!

1. The cost of the retreat is \$300. (Billing is included in student fees.) There is no need to submit additional payment.
2. **IF YOU ARE CONSIDERING DROPPING FROM THE RETREAT,** do so as soon as possible. If you are failing or have failed a course, let Mr. Beerman know NOW. If you drop within three weeks of the date, we will not be able to fill your spot. (FYI, there are more seniors than spots available on all the KAIROS retreats.) So with this in mind...

***If you drop from KAIROS within three weeks of the start date, you will be assessed a \$150 RETREAT CANCELLATION FEE. You will not be allowed to sign up for another Kairos until this fee is paid.***

3. The retreat will be held at the Jesuit Spiritual Center in Milford, OH. If it is necessary for your parents to contact you during the retreat for some emergency, the phone number there is 248-3500. The receptionist will get the message to one of the adult team members. (After 4:00 p.m., call 667-0672...Emergencies only please!)
4. **EVERYONE MUST LEAVE FROM AND RETURN TO SCHOOL...NO EXCEPTIONS.**
  - ***DEPARTURE TO KAIROS:*** Meet in Room 2502 at 4:00 pm on the Tuesday of your retreat week. Be on time or we will leave without you. If you bring your luggage in the morning, store it in the Asst. Principal's Office, but you must remove it by 3:30 when that office closes. No one may bring a car.
  - ***RETURN TO SCHOOL:*** The retreat will end no later than 7:00 PM on Friday. PLEASE, DON'T PLAN ANYTHING UNTIL AFTER THAT TIME.
5. WHAT TO BRING:
  - Wear comfortable clothes. Jeans and decent T-shirts with sleeves or dressy shorts or sweats are fine. Bring extra clothes/shoes in case you get wet or messed up outside.
  - Towels and sheets are provided. Bring shampoo and other toiletries.
  - If you have not yet been vaccinated for Covid-19, you are asked to wear a mask for your protection and the protection of others. You are also encouraged to bring a refillable water bottle for your personal use.
  - Milford has good food, but you are encouraged to bring **individually wrapped** snacks to share (approx. 40). There is a pop machine in the building. If you do not bring a snack to share you will regret it during retreat breaks. ***All food and drink MUST remain in the cafeteria area. We tend to share snacks with everyone – but if you have something that you need to keep for yourself – please put your name on it.***
  - You may bring a football, soccer ball or Frisbee. Also fine to bring a musical instrument, such as a guitar.
6. **DO NOT BRING** radios, CD players, TV's, CELL PHONES, I-PADS/COMPUTERS etc. This is not what the retreat is about. Do **NOT** bring books or other school work. Leave them in your locker until after the retreat.
7. **YOU ARE RESPONSIBLE FOR ANY SCHOOL WORK YOU MISS WHILE ON RETREAT.** Have a friend keep track of assignments. Try to be caught up with your school work **BEFORE** going on retreat.
8. For any special **DIETARY NEEDS**, see Mr. Beerman ASAP. Milford is very accommodating to different dietary requests.
9. If you are taking any **MEDICATIONS**, you need to fill out the form you were sent in your confirmation email (also found on the Campus Ministry section of the website.) Have your parents and/or physician fill it out and return it to Campus Ministry by the **Monday** prior to the retreat. (*This form may be found at [www.stxavier.org](http://www.stxavier.org). **Sign on** thru the **Parents** portal at the very **TOP** of the website... scroll down to the **PARENT PORTAL** menu in the middle of the page, click on the **Academic Support** tab. On the **Student Support** menu, click on **School Nurse**. Finally, click on **STANDARD ADMINISTRATION OF MEDICATION FORM.**)*
10. You will not be able to use the telephone during the retreat. If there is an urgent need, simply ask one of the adults on the retreat and arrangements will be made to assist you. The idea is to "retreat" from the outside world.
11. KAIROS is a school event and the usual rules about smoking/drinking/drugs are in effect.
12. You may have heard all kinds of things about KAIROS. We suggest you let go of them. What you heard, while true for someone else on their retreat, may or may not be true for you on yours. Try to get rid of expectations. God will work in and through you if you are open, generous and genuine. This is the key to a successful KAIROS.

**Questions? See Mr. Beerman in Campus Ministry.**