

# I AM NOT SURE

**PLEASE KEEP ALL HOUSEHOLD MEMBERS HOME & CONTACT CAITLIN MARSH, CCS HEAD NURSE »**  
 caitlin.marsh@charchrist.com  
 Emails received later than 5 p.m. will be addressed the following business day.

# SYMPTOMATIC

**POSITIVE COVID-19 TEST »**  
**contact health room »**  
**stay home and may return when**

- It has been 10 days since symptom onset or test result AND
- Improvement of respiratory symptoms AND
- Fever free for 24 hours without use of fever reducing medication
- (all three conditions must be met prior to return)

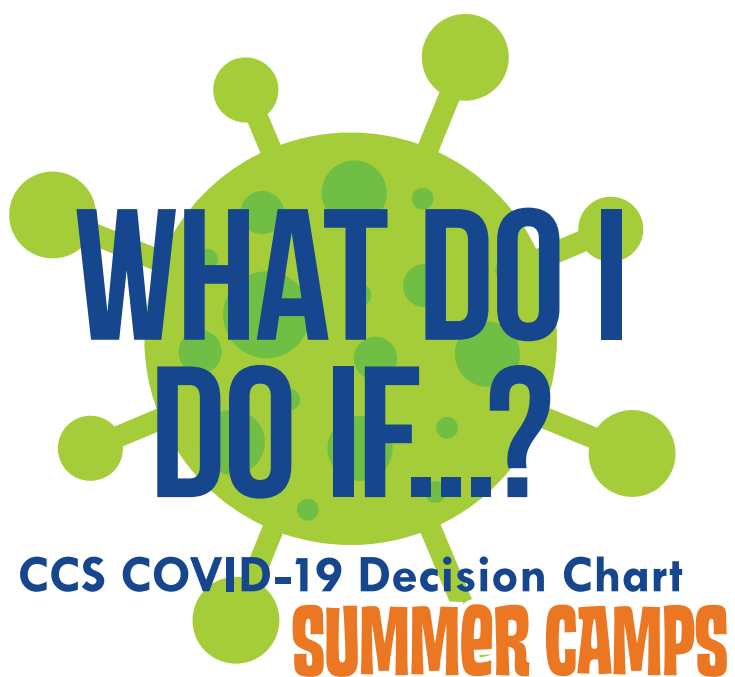
**NEGATIVE COVID-19 TEST »**  
**may return when**

- Test results are submitted to the health room
- 24 hours after symptoms improve AND
- 24 hours fever free without use of fever reducing medication

**ALTERNATE ILLNESS DIAGNOSIS MADE BY PRIMARY CARE PHYSICIAN**

- May return with doctor's note submitted to the health room AND
- Test results are submitted to the health room AND
- It has been 24 hours since symptoms improved AND
- Individual has been fever free without use of fever reducing medication

**VACCINATED INDIVIDUALS »**  
 Vaccinated individuals are not required to quarantine if it has been 14 days since their final dose of the vaccination. A copy of the vaccination card must be submitted to the health room. Individuals will receive confirmed clearance from the nurse prior to return to camp. Vaccinated individuals must continue to monitor for symptoms for 14 days if deemed a close contact. If symptoms develop within 14 days of exposure, a negative PCR COVID-19 test will be required before returning to campus. If it has not been 14 days since final dose of the COVID-19 vaccine, individuals will have to complete a quarantine period if determined to be a close contact.



# ASYMPTOMATIC

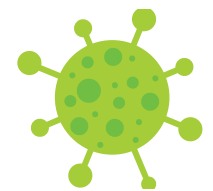
**POSITIVE COVID-19 TEST NO SYMPTOMS »**  
**contact health room » stay home for 10 days from day of test during those 10 days if you have...**

**NO SYMPTOMS »**  
**may return once...**

- 10 day isolation is completed.

**SYMPTOMS DEVELOP »**  
**may return once...**

- It has been 10 days since symptoms FIRST appeared AND
- Improvement of symptoms AND
- Fever free for 24 hours without use of fever reducing medication



**WAITING ON TEST RESULTS »**  
**stay home and self isolate until test results return. Siblings may attend camp.**

# EXPOSED TO COVID-19 POSITIVE INDIVIDUAL

**CLOSE CONTACT (LESS THAN 6 FEET FOR 15 MINUTES OR MORE WITH INDIVIDUAL WHO TESTED POSITIVE) »**  
 quarantine period may be reduced if symptom free and you submit a negative PCR COVID -19 test on day five or later after exposure to caitlin.marsh@charchrist.com. You will receive confirmed clearance from nurse prior to return.

**HOUSEHOLD MEMBER AWAITING RESULTS**

**Awaiting results » Contact health room »**

- If a person tested is symptomatic and a COVID-19 test is recommended by doctor, household siblings should stay home until test results return.
- Siblings may attend camp if household member is symptom free.

**HOUSEHOLD MEMBER TESTS POSITIVE**

**Tests positive » Contact health room »**  
 14 days of quarantine for household members will begin 10 days after household positive individual developed initial symptoms or date of test if asymptomatic.

**Positive household member has self isolated »**  
 If household member is positive and other household members can avoid further contact, (no contact with infected person,) may return to school 14 days from when the positive test individual began isolation. quarantine period may be reduced if symptom free and you submit a negative PCR COVID -19 test on day five or later after exposure to caitlin.marsh@charchrist.com. You will receive confirmed clearance from nurse prior to return.

**NO SYMPTOMS »**  
**may return once...**

- you are symptom free, a negative PCR COVID-19 on day five or later after household member has isolated. Test results must be submitted and nurse has on day five or later emailed you clearance.

**SYMPTOMS DEVELOP »**  
**may return once...**

- It has been 10 days since symptom onset or test result AND
- Improvement of respiratory symptoms AND
- Fever free for 24 hours without use of fever reducing medication
- (all three conditions must be met prior to return)

# STUDENT OR HOUSEHOLD MEMBER IS NOT FEELING WELL

**IF STUDENT OR SOMEONE IN THEIR IMMEDIATE HOUSEHOLD HAS ONE OF THE FOLLOWING HIGH RISK SYMPTOMS »**

- Fever
- Chills
- Shortness of breath or difficulty breathing
- New cough
- Loss of taste or smell

**OR TWO OR MORE OF THE FOLLOWING SYMPTOMS »**

- Sore throat
- Upset stomach or nausea
- Diarrhea and/or vomiting
- Headache
- Muscle pain or fatigue
- Congestion or runny nose

**Student must stay home until you »**

- Submit a negative rapid or PCR COVID-19 test to the health room.
- In the past 24 hours you have been fever free without the use of fever reducing medication and symptoms are improving.
- Siblings may return once a negative rapid or PCR COVID-19 test returns.

OR

- Submit a note from a health care provider stating you have an alternate diagnosis and health care provider has determined a COVID-19 test is not needed.
- In the past 24 hours you have been fever free without the use of fever reducing medication and symptoms are improving.

OR

- It has been 10 days since the start of symptoms.
- The past 24 hours you have been fever free without the use of fever reducing medication and symptoms are improving.