



Major Curriculum Requirements

Major: COMMUNITY HEALTH			HOURS
Technical Requirements			7
BIO 281 Anatomy and Physiology I	4		
MAT 115 Introductory Statistics or MAT 215 Applied Statistics	3-4		
Major Requirements			34
Process/Core (required 15 credit hours)			
HES 287 Personal Health	3		
HES 325 Community Health	3		
HES 3XX Communicating and Advocating for Health	3		
HES 385 Research in Health and Exercise Science	3		
HES 425 Health Promotion Programming and Evaluation (pre-req HES 325)	3		
Topic-focused (select at least 9 credit hours)			
HES 288 Nutrition	3		
HES 373 Women's Wholeness	3		
HES 435 Methods in Health Education (pre-req HES 287, 288, and 325)	3		
HES 451 Human Sexuality	3		
HES 452G Global Health and Ethics	3		
HES 453 Applications of Health Behavior Theories	3		
Society/Behavior/Leadership electives (select at least 6 credit hours)			
BUS 426 Leadership Development	3		
HCS 250G Multicultural Perspectives (pre-req: PSY 100 or SOC 100)	3		
POL 351 Public Policy (pre-req: POL 120)	3		
PSY 320 Lifespan Development (pre-req: PSY 100)	3		
PSY 328 Health Psychology (pre-req: PSY 100)	3		
PSY 374 Drugs, Society, and Human Behavior	3		
Practicum (required 4 credit hours)			
HES 455 Community Health Practicum I (pre/co-req: HES 425)	2		
HES 456 Community Health Practicum II (pre-req: HES 325, HES 425, HES 455)	2		

Minor Curriculum Requirements

Minor Requirements			18
HES 287 Personal Health	3		
HES 325 Community Health	3		
HES 425 Health Promotion Programming and Evaluation	3		
PSY 328 Health Psychology (pre-req: PSY 100)	3		
<i>Select 6 credit hours from the following options</i>			
HES 3XX Communicating and Advocating for Health	3		
HES 373 Women's Wholeness	3		
HES 435 Methods in Health Education	3		
HES 451 Human Sexuality	3		
HES 452G Global Health and Ethics	3		
HES 453 Applications of Health Behavior Theories	3		

All undergraduate degree programs at LR require a minimum of 128 earned credit hours to graduate