

# ATHLETICS ( NOVEMBER 29-DECEMBER 3 )

	MONDAY November 29 <sup>th</sup>	TUESDAY November 30 <sup>th</sup>	WEDNESDAY December 1 <sup>st</sup>	THURSDAY December 2 <sup>nd</sup>	FRIDAY December 3 <sup>rd</sup>
<u>Morning</u> (7-8 am)		JR Girls Basketball Practice	SR Boys Basketball Practice	Grade 8 Boys Basketball Practice	JR Boys Bball Practice
<u>Lunch</u>	Grade 5 Boys Basketball 12:05-12:45 pm Coach Diniz & Coach Spurgeon GYM A	Grade 6/7 Boys Basketball 11:45 am -12:15 pm Coach Oljaca	Grade 5 Girls (OPTIONAL) Shooting Practice 12:05-12:45 pm Coach Banack & Coach Smoke GYM B	Grade 6/7 Boys Basketball 11:45 am -12:15 pm Coach Oljaca	
	Grade 5 Girls Basketball 12:05-12:45 pm Coach Banack & Coach Smoke GYM B				
<u>Home Practices/ Games</u>  Gym A 3:45 -515 pm	Grade 6/7 Boys Basketball Coach Badie & Coach Just	Grade 5 Boys Basketball HOST Urban Academy 3:45-4:45 pm Dismissal: 3:15 pm / Warm up: 3:25 pm	JR Girls Basketball Practice Coach Bolyard & Coach Spurgeon	SR Boys Basketball Practice Coach Oljaca & Coach McCall	Grade 4-12 Fencing Coach Chow Coach Sugden Coach Runtova Coach Etropoliski
	Gym B 3:45 -515 pm	JR Boys Basketball Practice Coach Schofield	Grade 5 Girls Basketball HOST Urban Academy 3:45-4:45 pm Dismissal: 3:15 pm / Warm up: 3:25 pm	Grade 8 Boys Basketball Practice Coach Oljaca	
Gym A + B 5:30 pm +				MDR Junior Girls Bball HOST White Rock Christian Academy 5:30 pm Warm up: 5:05 pm	SR Boys Basketball Practice Coach Oljaca & Coach McCall 5:30 – 7:30 pm
Gym A + B 7:00 pm +				MDR Junior Boys Bball HOST White Rock Christian Academy 7:00pm	
<u>AWAY GAMES</u>					

ALL AFTERSCHOOL PRACTICES ARE 3:45-5:15 PM UNLESS STATED OTHERWISE\*\*