

July

2021

VIKING CALENDAR



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|------------------------------------|--------------------------------|------------------------------------|-----------------------------------|------------------------------------|----------|
| | | | | 1 | 2 | 3 |
| 4 | 5 Weight Training 3:00-4:30 | 6 Speed/Cond. 3:00-4:00 | 7 Weight Training 3:00-4:30 | 8 Speed/Cond. 3:00-4:00 | 9 Weight Training 3:00-4:30 | 10 |
| 11 | 12 Weight Training 3:00-4:30 | 13 Speed/Cond. 3:00-4:00 | 14 Weight Training 3:00-4:30 | 15 Speed/Cond. 3:00-4:00 | 16 Weight Training 3:00-4:30 | 17 |
| 18 | 19 Weight Training 3:00-4:30 | 20 Viking Camp 4:00-5:30 | 21 Viking Camp 4:00-5:30 | 22 Viking Camp 4:00-5:30 | 23 Viking Camp 4:00-5:30 | 24 |
| 25 | 26 Weight Training 3:00-4:30 | 27 Speed/Cond. 3:00-4:00 | 28 Weight Training 3:00-4:30 | 27 29 Speed/Cond. 3:00-4:00 | 28 Weight Training 3:00-4:30 | 29 29 |
| 30 | 31 Weight Training 3:00-4:30 | | | | | |

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