

# yum

Your school lunch

CAYMAN INTERNATIONAL SCHOOL  
JUNE 2021 MENU

## WRAPS

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Mild Jerk Chicken	<b>\$3.50 or \$6.00</b>
Crispy Chicken	<b>\$3.50 or \$6.00</b>
Chicken Caesar	<b>\$3.50 or \$6.00</b>
Ham & Cheese	<b>\$3.50 or \$6.00</b>
Vegan Wrap of the Week*	<b>\$6.00</b>

## SANDWICHES

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BLT Sandwich	<b>\$7.00</b>
Grilled Chicken Bap	<b>\$7.00</b>
Grilled Cheese Sandwich	<b>\$3.50</b>

## SNACKS & SIDES

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Chips & Goldfish	<b>\$1.50</b>
Popcorn (Assorted Variety)	<b>\$2.50</b>

## DRINKS

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Just Water	<b>\$2.00</b>
Tropicana Orange Juice	<b>\$2.00</b>
Juicy juice (Assorted Variety)	<b>\$1.50</b>
La Croix (Assorted Variety)	<b>\$1.50</b>
Rauch Ice Tea	<b>\$2.50</b>

## SALADS

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Caesar Salad	<b>\$3.50 or \$7.00</b>
Chicken & Mango Salad	<b>\$4.00 or \$8.00</b>
Chopped Salad	<b>\$4.00 or \$8.00</b>

## ADD ON

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Grilled Chicken Breast	<b>\$3.00</b>
Honey Mustard Dressing	<b>\$1.00</b>

## FRUITS & DESSERTS

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Fresh Mixed Fruits	<b>\$3.50</b>
Grapes, Sliced Apple or Orange	<b>\$2.00</b>
Chocolate Chip or Oatmeal Cookie	<b>\$1.00</b>
Chocolate Brownie	<b>\$1.50</b>
Blueberry or Chocolate Muffin	<b>\$1.50</b>
Strawberry or Peach Yogurt	<b>\$2.50</b>

SCHOOL LUNCH JUST  
GOT SMARTER



# JUNE 2021 HOT LUNCH MENU

## TUESDAY 1

### Chicken Tender & Fries

Served with veggie sticks.

### Spaghetti Marinara

Served with garlic bread.

### Plant Based Vegan Tenders\*

Served with fries & veggie sticks.

### Chicken Soup

## WEDNESDAY 2

### Crispy Chicken Sliders

Served with potato wedges and veggie sticks.

### Pepper Steak

Served with a brown & white rice blend and steamed veg.

### Vegan Pepper "Steak"\*

Served with mushrooms, a brown & white rice blend and steamed veg.

### Red Bean & Beef Soup

## THURSDAY 3

### Chicken Penne Alfredo

Served with veggie sticks.

### Cottage Pie

Minced beef slow-cooked with thyme, covered with creamy, cheesy mashed potato.

### Vegan Penne Alfredo\*

With roasted broccoli.

### Chicken Noodle Soup

## FRIDAY 4

### Beef Sliders & Fries

Served with veggie sticks.

### Fish & Chips

Served with veggie sticks.

### Vegan Bap Sliders\*

With fries & veggie sticks.

### Pumpkin Soup

## MONDAY 7

### Mild Jerk Chicken

Served with a brown & white rice blend and steamed veg.

### Turkey Chili Nachos

Served with cheese and corn salsa.

### Vegan Mild Jerk Cauliflower\*

Served with a brown & white rice blend and steamed veg.

### Chunky Vegetable Soup

## TUESDAY 8

### Beef Tacos

Served with low fat sour cream and corn salsa

### Spaghetti Marinara

Served with garlic bread.

### Vegan Black Bean & Sweet

### Potato Tacos\*

Served with vegan cheese and corn salsa.

### Chicken Soup

## WEDNESDAY 9

### Gino's Cheese Pizza Slice

1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.

### Turkey Pepperoni Pizza Slice

1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.

### Spaghetti Marinara\*

Served with garlic bread.

### Red Bean & Beef Soup

## THURSDAY 10

### Fried Chicken Wings

Served with sweet potato fries.

### Spaghetti Bolognese

A rich, slow-cooked bolognese sauce with minced beef served over spaghetti.

### Vegan Lentil Bolognese\*

With spaghetti pasta.

### Chicken Noodle Soup

## FRIDAY 11

### Turkey Dog & Fries

Served with veggie sticks.

### Fish Fingers & Fries

Served with veggie sticks.

### Vegan Hot Dog Bap\*

Served with fries and veggie sticks.

### Pumpkin Soup

## MONDAY 14

### Public Holiday

## TUESDAY 15

### West Indian Chicken Curry

Served with a brown & white rice blend and steamed veg.

### Cayman Style Beef

Served with a brown & white rice blend and steamed veg.

### Vegan Red Lentil Lasagna\*

Served with garlic bread.

### Chicken Soup

## WEDNESDAY 16

### BBQ Chicken

Served with a brown & white rice blend and steamed veg.

### Meatloaf with Gravy

Served with a brown & white rice blend and steamed veg.

### Hearty Lentil Stew\*

Served with a brown & white rice blend and steamed veg.

### Red Bean & Beef Soup

## THURSDAY 17

### Chicken Parmesan

Served with a brown & white rice blend and steamed veg.

### Baked Mac & Cheese

Served with veggie sticks.

### Vegan Baked Mac &

### Cheese\*

Served with veggie sticks.

### Chicken Noodle Soup

The logo for 'yum' is written in a large, green, cursive font. Below the word 'yum' is a green smiley face with a wide, open mouth. The text 'Your school lunch' is written in a smaller, green, sans-serif font, curving along the bottom of the smiley face.

Your school lunch

\*Vegan dishes are available through pre-order only.

[yumcayman.ky](http://yumcayman.ky)

